

VITTI PRE-TREATMENT INSTRUCTIONS

1. SkinPen Microneedling + Vitti Pure

- Avoid retinoids, exfoliating products, and harsh acids (like glycolic, salicylic, or lactic) 48 hours before treatment.
- Avoid direct sun exposure and tanning beds for 24–48 hours prior.
- Stay hydrated and maintain a gentle skincare routine leading up to your appointment.
- Avoid blood-thinning medications or supplements (like aspirin, ibuprofen, fish oil) unless cleared by your provider.

2. Filler + Vitti Pure

- Avoid alcohol for 24 hours before your appointment.
- Avoid blood-thinning medications or supplements as mentioned above.
- Minimize intense exercise on the day of treatment.

3. Hair Restoration + Vitti Pure

- Wash hair thoroughly before your appointment; avoid styling products like gels or sprays.
- Avoid direct sun exposure on the scalp for 24–48 hours prior.
- Refrain from alcohol and blood-thinning medications as above.
- General Tips for All Vitti Pure Treatments
- Arrive with clean, makeup-free skin (for face or tear trough treatments).
- Let your provider know about any recent cosmetic procedures or medical conditions.
- Plan to discuss any medications or supplements you are taking during your consultation