

## RF MICRONEEDLING (AKA TOTAL SKIN SOLUTION) POST-CARE INSTRUCTIONS

### DAY OF TREATMENT:

- Keep your phone, pillowcase, or any other objects that could touch the treated area clean for the first day following treatment. You may experience a churning or warm sensation for 2-4 hours immediately after the treatment.
- It is normal for your face to be pink to red for the first 24 hours.
- Avoid makeup, direct sunlight, or excessive sweating on the day of treatment.
- Begin Aurora's recommended post-procedure products tonight. Wear mineral sunscreen immediately following treatment and, at a minimum, for 7 days following while in direct sunlight.

### DAYS 1-7:

- You may resume normal makeup use.
- Keep the treatment area moisturized nightly with Aurora's recommended post-procedure products, including TNS Advance Plus Serum. When washing the treatment area, use a gentle cleanser and pat dry gently (avoid scrubbing).
- Your skin will begin to feel like sandpaper the day after treatment.
- Usually, any crust will separate naturally within 5-7 days after the treatment.
- Avoid chemical/physical exfoliators such as Retinol, Glycolic Acid, or Lactic Acid until seven days post treatment.
- Avoid any sunless tanning creams or sprays on treatment areas for 24 hours. Do not wax or use depilatory creams on treatment areas.

### DAYS 7 AND ON:

- You may exfoliate with any Aurora-approved exfoliators and resume your normal skincare routine.
- Continue to use a UV A/B sunscreen daily with an SPF of at least 30. While spending time outdoors, use an umbrella, hat, or any other protective gear available.

## RF MICRONEEDLING (AKA TOTAL SKIN SOLUTION) \*EXPECTATIONS\* POST -TREATMENT

- One Day Post-Treatment: Redness and transient edema, the skin begins to turn to a condition like before treatment.
- One Week Post-Treatment: Brighter skin tone and a significant reduction in sebum secretion in oily skin types.
- One Month Post-Treatment: Improvement of fine wrinkles and skin laxity.
- 1-3 months Post-Treatment: Continuous improvement of fine wrinkles, pores size, scars, and skin laxity.
- Common expected skin reactions include: erythema (redness), edema (swelling), transient pin-point bleeding, and very slight discomfort after treatment. Pin-point bleeding should stop within minutes after application, discomfort within a few hours, and erythema and edema gradually diminish to normal within 1 to 3 days.
- Crusting begins to appear 1–2 days after treatment and sloughs off in 3–5 days.
- Other less common skin reactions include petechia, which fades in a few days, or bruising (purpura), which can take up to a week to disappear.
- Additional potential skin reactions include irritation, itching, and burning sensations. These typically subside in a few hours to 1 day but may get aggravated with heat or sweating. If these reactions continue, consider seeking evaluation for possible infection, changing your skin care regimen, and/or short-term use of mild topical steroids.