

# Alaska Patient Outcomes

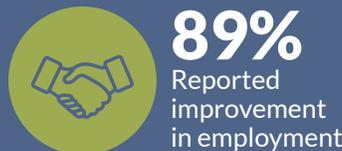
2022 ANNUAL REPORT BRIEF



With six clinics in Alaska, Ideal Option is committed to providing low-barrier treatment access to those struggling with substance use disorder.

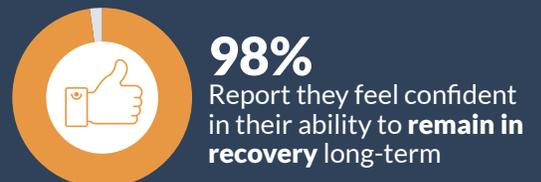
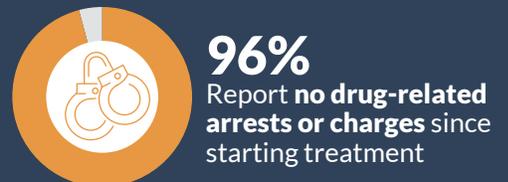
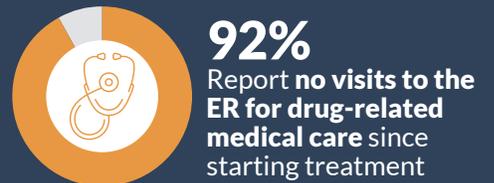
## Ideal Option's Treatment Works.

Lab testing results<sup>1</sup> for patients in Alaska who remained in Ideal Option's treatment program and stayed on their prescribed medications show:



Ideal Option has been providing evidence-based treatment for substance use disorder using FDA-approved medications – the gold standard in addiction treatment – for more than 10 years.

Self-reported outcomes gathered via survey of over 2,100 Ideal Option patients after a minimum of 6 months of treatment show:



<sup>1</sup>Source: Ideal Option 2022 Alaska Annual Patient Outcomes Report

## Stages of Care

### INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.

 **2 Visits Every WEEK**

### STABILIZATION A

Patients who are starting to feel stable on buprenorphine and have reduced their use of opioids.

 **1 Visit Every WEEK**

### STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other non-prescribed substances.

 **1 Visit Every 2 WEEKS**

### MAINTENANCE A

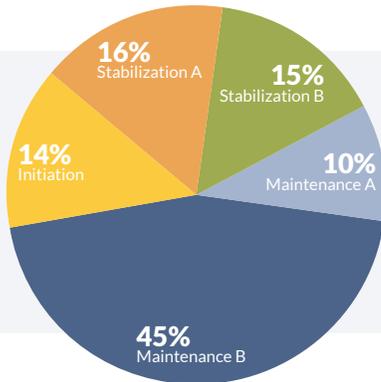
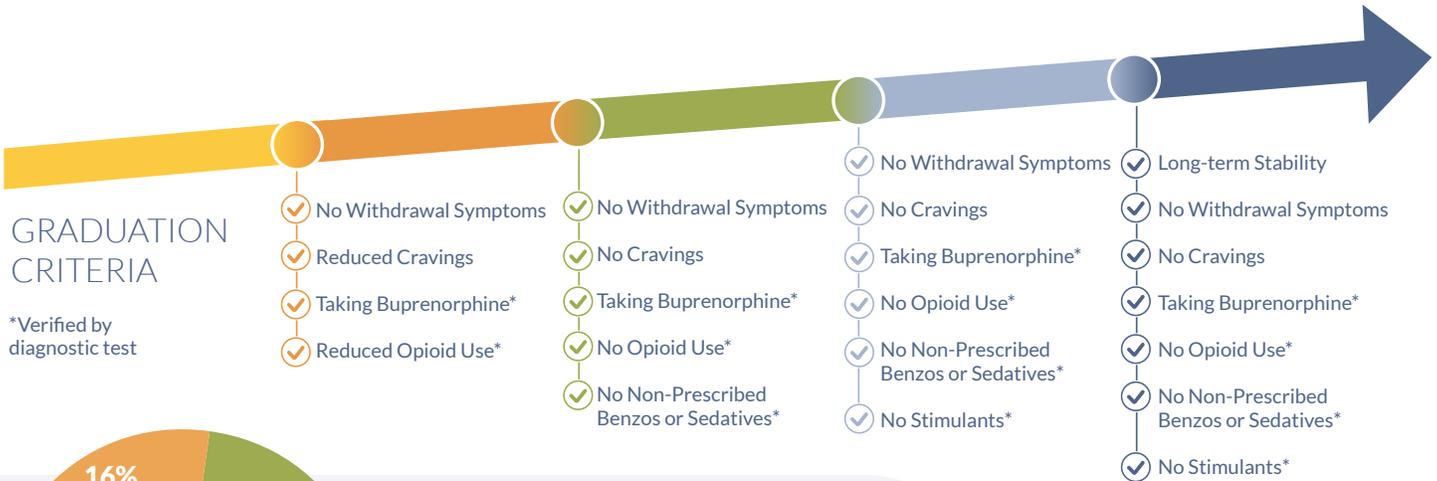
Patients who are completely stable on buprenorphine and abstinent from all non-prescribed substances.

 **1 Visit Every 3 WEEKS**

### MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all non-prescribed substances.

 **1 Visit Every MONTH**

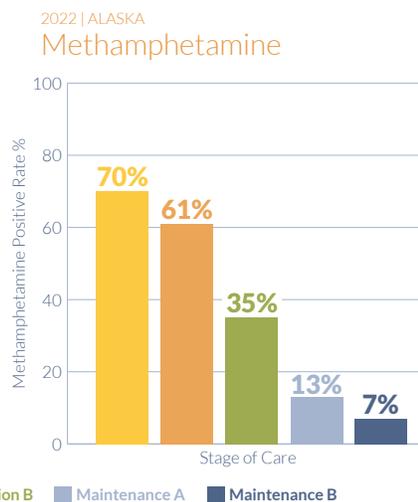
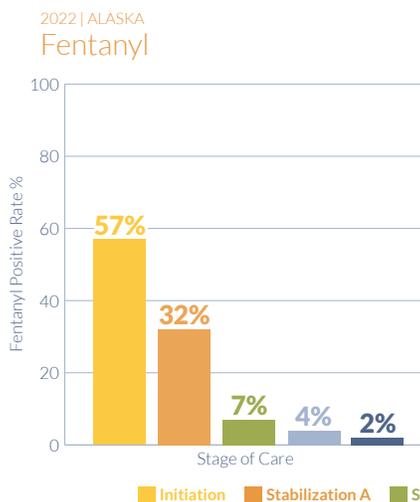


### Patient Census by Stage of Care

This evidence-based treatment approach leverages contingency management behavioral theory to optimize patient outcomes, and it helps to achieve clinical consistency while enabling providers to customize care and acknowledge and celebrate key milestones toward long-term recovery.



Ideal Option relies on lab test results as a key indicator of treatment outcomes. The accompanying charts show medication adherence, fentanyl, and methamphetamine positive rates by Stage of Care in 2022.



### Medication Adherence

2022 | ALASKA  
Norbuprenorphine Positive Rate by Stage of Care

