

Washington Patient Outcomes 2022 ANNUAL REPORT BRIEF



With 29 clinics in Washington, Ideal Option is committed to providing low-barrier treatment access to those struggling with substance use disorder.

Ideal Option's Treatment Works.

Lab testing results: for patients in Washington who remained in Ideal Option's treatment program and stayed on their prescribed medications show:



98% less fentanyl use



88%less methamphetamine use



94% Reported improvement in housing



89%Reported improvement in employment

Ideal Option has been providing evidencebased treatment for substance use disorder using FDA-approved medications — the gold standard in addiction treatment – for more than 10 years.

Self-reported outcomes gathered via survey of over 2,100 Ideal Option patients after a minimum of 6 months of treatment show:



97%Report their **quality of life** has improved



92%
Report no visits to the ER for drug-related medical care since starting treatment



96%Report **no drug-related arrests or charges** since starting treatment



98%Report they feel confident in their ability to **remain in recovery** long-term

Stages of Care

INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.

STABILIZATION A

Patients who are starting to feel stable on buprenorphine and have reduced their use of opioids.

STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.

MAINTENANCE A

Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all non-prescribed substances.

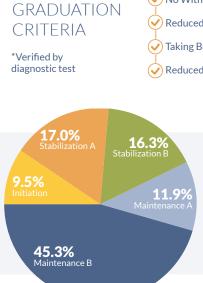












No Withdrawal Symptoms Reduced Cravings

Taking Buprenorphine*

Reduced Opioid Use*

No Withdrawal Symptoms

No Cravings

Taking Buprenorphine*

No Non-Prescribed Benzos or Sedatives*

✓ No Opioid Use*

No Withdrawal Symptoms (Long-term Stability

No Cravings

Taking Buprenorphine*

No Opioid Use*

No Non-Prescribed Benzos or Sedatives*

√ No Stimulants*

No Withdrawal Symptoms

No Cravings

Taking Buprenorphine*

✓ No Opioid Use*

No Non-Prescribed Benzos or Sedatives*

✓ No Stimulants*

Patient Census by Stage of Care

This evidence-based treatment approach leverages contingency management behavioral theory to optimize patient outcomes, and it helps to achieve clinical consistency while enabling providers to customize care and acknowledge and celebrate key milestones toward long-term recovery.



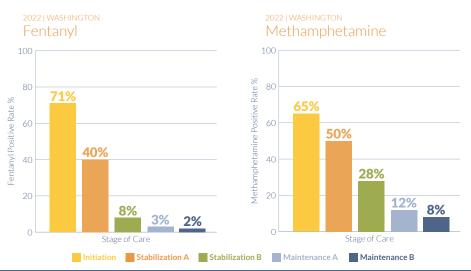
69%

Washington patients who returned for a second visit remained in treatment after 6 months

Since 2017²

²Source: Ideal Option 2022 Washington Annual Patient Outcomes Report

Ideal Option relies on lab test results as a key indicator of treatment outcomes. The accompanying charts show medication adherence, fentanyl, and methamphetamine positive rates by Stage of Care in 2022.



Medication Adherence

