

## WASHINGTON STATE

# Annual Report Brief PATIENT OUTCOMES Ideal Option provides low-barrier treatment to people struggling with substance use disorder.







# Ideal Option's Treatment Works.

Lab testing results<sup>1</sup> for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

# Treatment Works<sup>2</sup>







### less methamphetamine use

# Life Improves<sup>3</sup>



Reported improvement in employment Ideal Option has been providing evidence-based treatment for substance use disorder using FDAapproved medications - the gold standard in addiction treatment - for more than 10 years.

Self-reported outcomes gathered via survey of over 1,800 Ideal Option patients after a minimum of 6 months of treatment show:



96% Report their quality of life has improved



93% Report no visits to the **ER for drug-related** medical care since starting treatment

96% Report no drugrelated arrests or charges since starting treatment



98% Report they feel confident in their ability to **remain in** recovery long-term



69% patients who returned for a second visit remained in treatment after 6 months

<sup>2</sup>The reduction in positive tests for all patients during 2023 at the Maintenance B Stage of Care compared to at the Initiation Stage of Care

### **INITIATION**

New patients, re-start patients, or patients not yet stabilized on buprenorphine.





**STABILIZATION A** 

starting to feel stable

on buprenorphine and

have reduced their use

Patients who are

of opioids.

# **Stages of Care**

### STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.

**1** Visit Every

FFKS



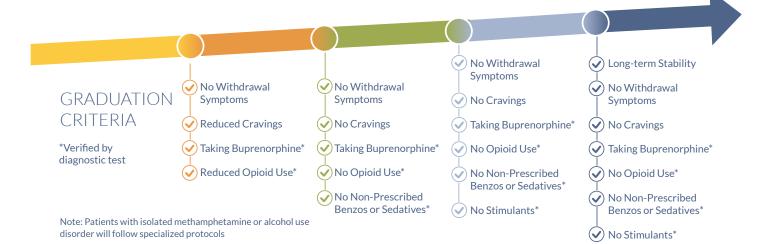
Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

L Visit Every

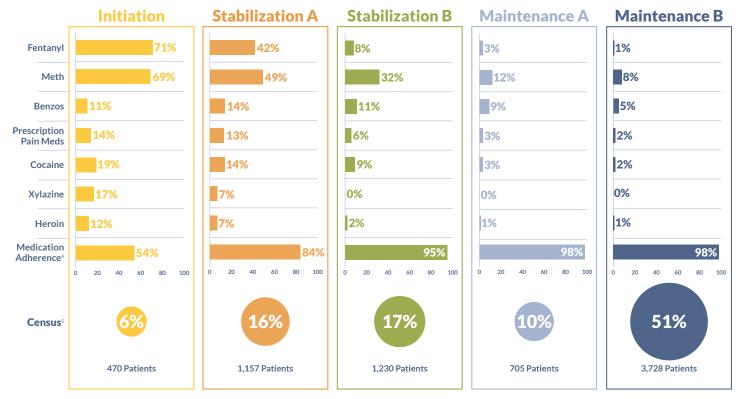
### **MAINTENANCE B**

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.





## Average Positive Rates by Stage of Care



<sup>4</sup> Medication adherence refers to the positive test result for norbuprenorphine, the metabolite of buprenorphine.

idealoption.com 1-877-522-1275 <sup>5</sup> The Census by Stage of Care as of 12/31/2023 was 7,290 patients.

For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes