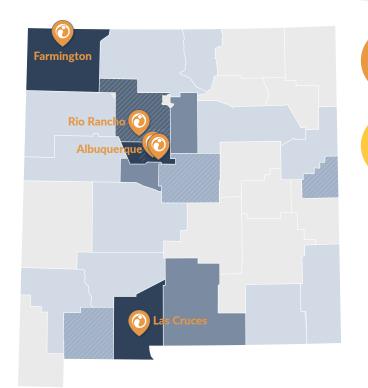


### **NEW MEXICO**

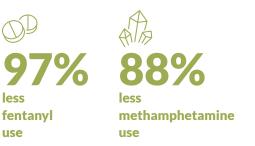
# Annual Report Brief **PATIENT OUTCOMES** Ideal Option provides low-barrier treatment to people struggling with substance use disorder.



Ideal Option's Treatment *Works*.

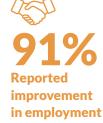
Lab testing results<sup>1</sup> for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

## **Treatment Works**<sup>2</sup>



Life Improves<sup>3</sup>

95% Reported improvement in housing



Ideal Option has been providing evidence-based treatment for substance use disorder using FDAapproved medications — the gold standard in addiction treatment – for more than 10 years.

Self-reported outcomes gathered via survey of over 1,800 Ideal Option patients after a minimum of 6 months of treatment show:



648

Patient

Census

**96%** Report their **quality of life** has improved

### 93% Report n

Report **no visits to the ER for drug-related medical care** since starting treatment

**96%** Report **no drugrelated arrests or charges** since starting treatment

**98%** Report they feel confident in their ability to **remain in recovery** long-term



55% patients who returned for a second visit remained in treatment after 6 months

<sup>1</sup>Source: Ideal Option 2023 Annual Patient Outcomes Report

<sup>2</sup>The reduction in positive tests for all patients during 2023 at the Maintenance B Stage of

<sup>3</sup>2023 Ideal Option Self-Reported Patient Outcomes Survey

#### **INITIATION**

New patients, re-start patients, or patients not yet stabilized on buprenorphine.





**STABILIZATION A** 

starting to feel stable

on buprenorphine and

have reduced their use

Patients who are

of opioids.

## **Stages of Care**

### **STABILIZATION B**

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.

**L** Visit Every

FFKS

### **MAINTENANCE A**

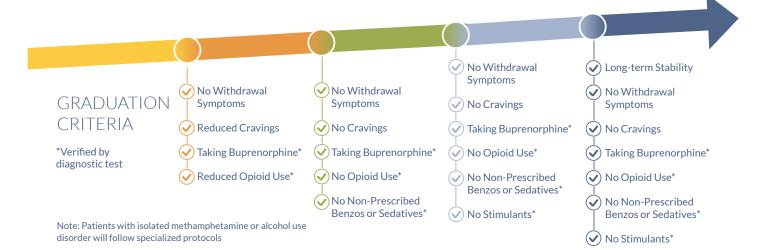
Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

L Visit Every

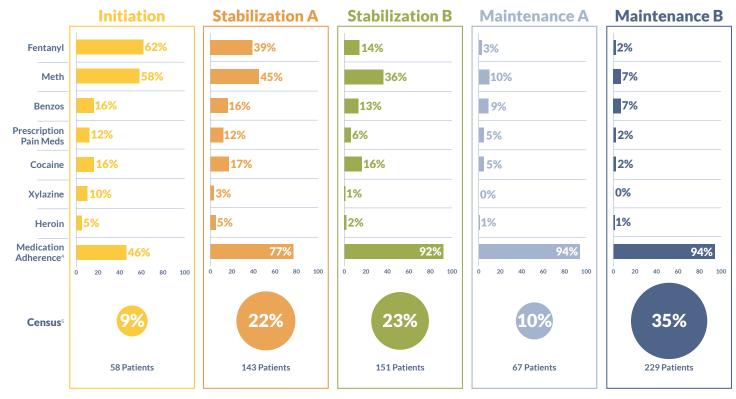
#### **MAINTENANCE B**

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.





### Average Positive Rates by Stage of Care



<sup>4</sup> Medication adherence refers to the positive test result for norbuprenorphine, the metabolite of buprenorphine. <sup>5</sup> The Census by Stage of C



For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes