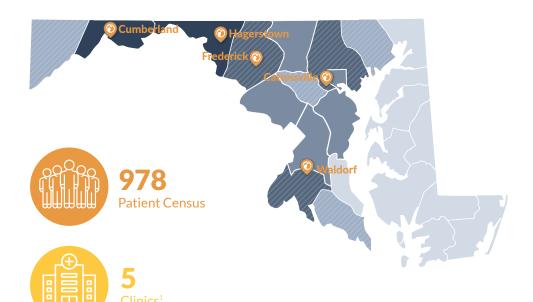


## Annual Report Brief PATIENT OUTCOMES

Ideal Option provides low-barrier treatment to people struggling with substance use disorder.



# Ideal Option's Treatment Works.

Lab testing results<sup>2</sup> for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

#### **Treatment Works**<sup>3</sup>

**99%** 

less fentanyl use



64%

less methamphetamine

### Life Improves<sup>4</sup>

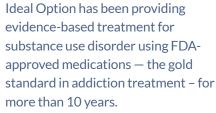
**95%** 

Reported improvement in housing



91% Reported

Reported improvement in employment



Self-reported outcomes gathered via survey of over 1,800 Ideal Option patients after a minimum of 6 months of treatment show:



**96%**Report their **quality**of life has improved



93%
Report no visits to the ER for drug-related medical care since starting treatment



96%
Report no drugrelated arrests or
charges since starting
treatment



**98%**Report they feel confident in their ability to **remain in recovery** long-term



**59%** patients who returned for a second visit remained in treatment after **6 months** 

<sup>&</sup>lt;sup>1</sup>Excludes three clinics closed in early 2024

Source: Ideal Option 2023 Annual Patient Outcomes Report

 $<sup>^3</sup>$ The reduction in positive tests for all patients during 2023 at the Maintenance B Stage of Care compared to at the Initiation Stage of Care

<sup>42023</sup> Ideal Option Self-Reported Patient Outcomes Survey

#### INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.

#### **STABILIZATION A**

Patients who are starting to feel stable on buprenorphine and have reduced their use of opioids.



#### **Stages of Care** STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.

## 1 Visit Every

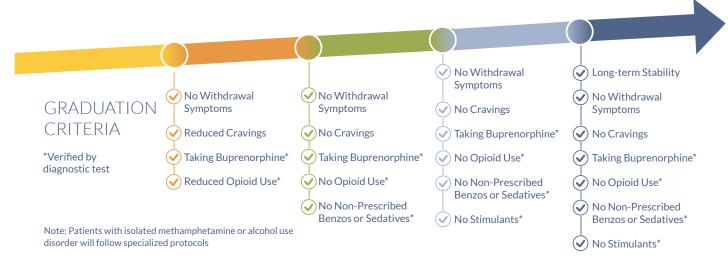
#### **MAINTENANCE A**

Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

#### **MAINTENANCE B**

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.





#### **Average Positive Rates by Stage of Care**

