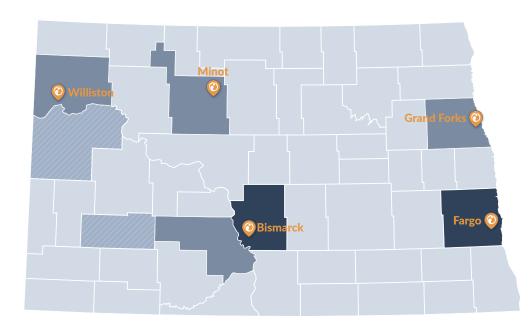


NORTH DAKOTA

Annual Report Brief **PATIENT OUTCOMES** Ideal Option provides low-barrier treatment to people struggling with substance use disorder.



Ideal Option has been providing evidence-based treatment for substance use disorder using FDAapproved medications — the gold standard in addiction treatment – for more than 10 years.

Self-reported outcomes gathered via survey of over 1,800 Ideal Option patients after a minimum of 6 months of treatment show:



96% Report their **quality of life** has improved

93% Report **no visits to the ER for drug-related medical care** since starting treatment

96%

Report **no drug**related arrests or charges since starting treatment

98%

Report they feel confident in their ability to **remain in recovery** long-term



66% patients who returned for a second visit remained in treatment after 6 months

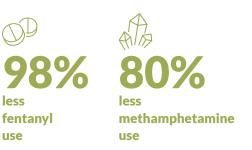
Ideal Option's Treatment Works.

Ideal Option's treatment program and staved on their

Patient Census

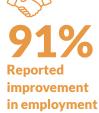
Treatment Works²

prescribed medications show:



Life Improves³

95% Reported improvement in housing



¹Source: Ideal Option 2023 Annual Patient Outcomes Report

* The reduction in positive tests for all patients during 2023 at the Maint 32023 Ideal Option Self-Reported Patient Outcomes Survey

INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.





STABILIZATION A

starting to feel stable

on buprenorphine and

have reduced their use

Patients who are

of opioids.

Stages of Care

STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.

L Visit Every

FFKS

MAINTENANCE A

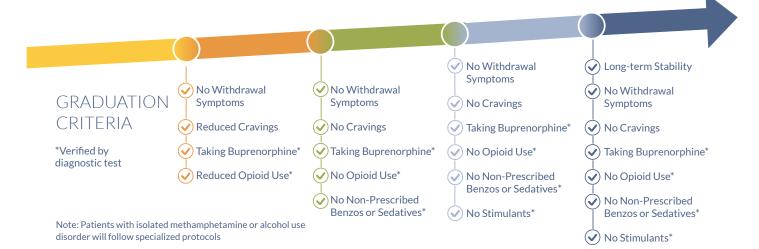
Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

L Visit Every

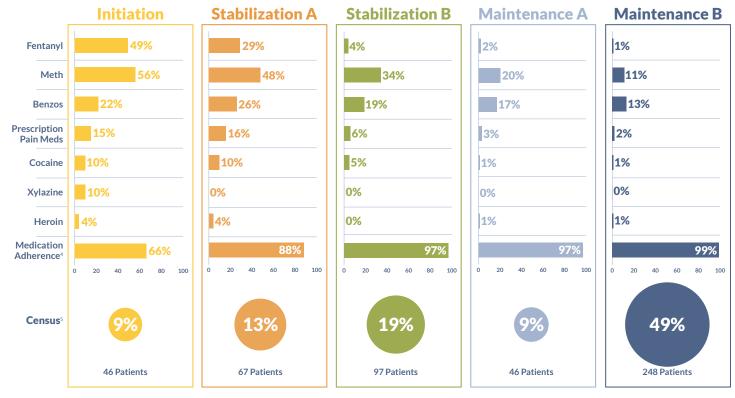
MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.





Average Positive Rates by Stage of Care



⁴ Medication adherence refers to the positive test result for norbuprenorphine, the metabolite of buprenorphine.

idealoption.com 1-877-522-1275

For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes