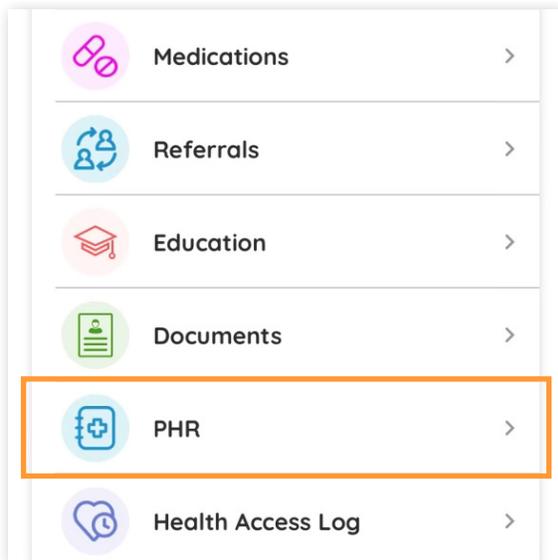




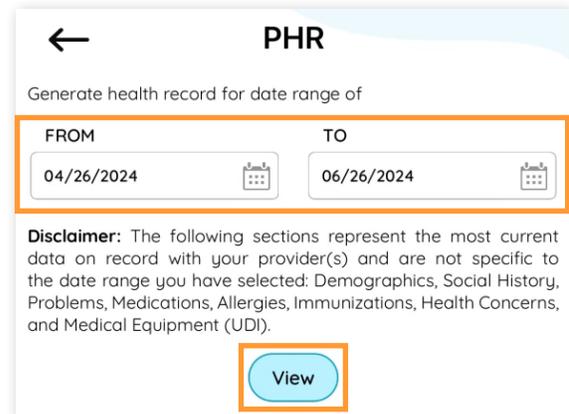
Accessing & Sharing Lab Results – Healow App



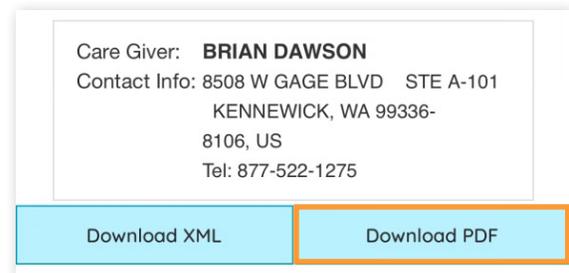
1. After logging in, tap **My Records** from the options wheel.



2. Scroll down and tap **PHR**.



3. Tap on the **FROM** field and select a beginning date. Tap on the **TO** field and select an ending date. Then, tap the **View** button.



4. At the bottom of the screen, tap **Download PDF**.



5. When presented with options for sending, select your preferred email app. A new email message will be displayed with the lab results already attached. Enter the recipient's email address and tap **Send**.