



How to Login to Web Portal

Visit <https://bit.ly/idealooptionportal> to login

Preferred Method Demographics & One-Time Code

Login To Patient Portal
Access your health record

○ User Credentials Using Mobile Phone

First Name

Last Name

mm/dd/yyyy

Submit

User selects **Using Mobile Phone** and enters their first/last name and DOB

Login To Patient Portal
Access your health record

Login Using Email/Mobile Phone
We will send verification code to confirm access to below number.

Standard text messaging rates apply

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Send Code [Return to Login Page](#)

User selects a mobile number on file to receive a one-time code

Login To Patient Portal
Access your health record

Login Using Email/Mobile Phone
Please enter the verification code you received

Enter code

Code is valid for 5 minutes or 3 attempts

Login [Resend Code](#) [Return to Login Page](#)

User receives a one-time code on their mobile device and enters the code before clicking **Login**

Alternative Method Username & Password

Login To Patient Portal
Access your health record

User Credentials Using Mobile Phone

User Name

Password

Login [Trouble logging in?](#)

User enters their user name and password before clicking **Login**

If you're unable to login using these instructions, your account may not be web-enabled. Please text us at 888-465-2488 to have your account web-enabled before attempting to login again.