

New Mexico Crisis and Access Line (NM CAL):

Dial **988** from your mobile device

For any type of mental health, emotional, or substance abuse crisis, 24/7. They have a peer-to-peer warmline and are also equipped to connect you with local resources.

Websites for all Resources

www.sharenm.org: SHARE New Mexico resource directory

National Resources

National Suicide Prevention Hotline | 1-800-273-8255

National Sexual Abuse Hotline | 1-800-656-HOPE (4673)

National Human Trafficking Hotline | 1-888-373-7888

Sexual Abuse or Thoughts Hotline Stop It Now! | 1-888-PREVENT.

United States Elder Abuse Hotline | 1-866-363-4276

National Child Abuse Hotline | 1-800-4-A-CHILD (422-4453)

Child Abuse Hotline / Dept of Social Services | 1-800-342-3720

Child Abuse National Hotline | 1-800-25ABUSE

Children in immediate danger | 1-800-THE-LOST

SAMHSA's National Helpline | 1-800-662-HELP (4357)

(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889

CDC National Aids Hotline | 1-800-232-4646

Veterans Crisis Hotline | 1-800-273-8255

New Mexico Resources:

Warmlines & Non-Emergency - Reporting, Basic Information & Support

Abortion Information Hotline | (800) 772-9100 or (877) 257-0012

CDC-Center for Disease Control Information Line | (800) 232-4636

Healthcare Worker & First Responder Support Line | (855) 507-5509

NM Aging & Disability Resource Center | (800) 432-2080

NM Coalition of Sexual Assault Programs | (888) 883-8020 or (505) 883-8020

NM Child Abuse & Neglect Reporting | (855) 333-7233

NM Children, Youth & Families | (800) 797-3260

Peer to Peer Warmline | (855) 466-7100

Postpartum Support Warmline | (800) 944-4773

Prenatal Care Helpline English | (800) 311-2229 Español: (800) 504-7081

Tobacco Quitline | (800) 784-8669

Trans Lifeline | (877) 565-8860

Substance & Alcohol Use Disorder Resources

- [New Mexico 5 Actions: A Self-Guided Roadmap Out of Addiction](https://nm5actions.com/): <https://nm5actions.com/>
100% Free, 100% Online, self-guided program with 24/7 crisis and peer support. In this program you will learn how to: Heal challenging relationship patterns, unhook your hijacked brain, resolve past trauma, and many other skills and helpful tools
- [Families and Youth Innovations Plus](#) 1320 S. Solano Dr., Las Cruces, NM 88001 | 575-522-4004
Therapy and treatment, youth services, youth shelter, LGBTIA+ services, drop-in center, housing services, child welfare services, health and nutrition services, wraparound services
- [Amador Health Center](#) 999 W. Amador Ave., Las Cruces, NM 88005 | (575) 527-5482
Can provide behavioral health supports and groups. Also provides primary care, medical care, family planning, vaccinations, etc. Serves all people regardless of ability to pay.
- [La Clinica de Familia](#)
[100 W. Griggs Ave., Las Cruces, NM 88001](#) | 575-647-2800
[2625 McNutt Rd., Sunland Park NM 88063](#) | 575-589-0887
An FQHC that can provide behavioral health support, medical care, dental care, housing assistance, family planning, vaccinations, and many other services, regardless of ability to pay. Multiple locations throughout Doña Ana County.
- [Peak Behavioral Health Services](#) 390 Calle de Alegria, Ste. D, Las Cruces, NM 88005 | (575) 526-0927
Patients can walk into the Las Cruces facility weekdays before 10am for a free assessment. Ask for Tavo Garay-Vidal. Offers IOP and counseling. Location in Santa Theresa offers inpatient detox (with co-occurring mental health diagnosis), inpatient psychiatric care, outpatient behavioral health care including partial hospitalization.
- [Rio Vista Behavioral Health](#) 1390 Northwestern Dr, El Paso, TX 79912 | 915-209-4513 Option 1
Located in El Paso but does telehealth and accepts all New Mexico insurances. Offers inpatient detox (with co-occurring mental health diagnosis), inpatient psychiatric care, outpatient behavioral health care, including intensive partial hospitalization, step down partial hospitalization, and evening PHP programs, all in-person and virtually.
- [A New Hope Therapy Center](#) 715 E. Idaho, Ste. 2B, Las Cruces, NM 88001 | 575-556-9585
compassionate, affordable mental health care
- [Amistad Family Services](#) 3100 Oak St., Las Cruces, NM 88005 | 575-523-2288
Infant mental health, parent and child psychotherapy, trauma specialists, family systems work, EMDR, "Circle of Security" parenting groups
- [Four Winds Behavioral Health](#) 4100 Barbara Loop SE Rio Rancho NM | 505-702-8547
Inpatient Mental Health Services
- [La Ventana Behavioral Health](#) 1990 E Lohman Ave Ste A, Las Cruces, NM 88001 | 575-522-4602
- [Zia Recovery Center](#) 303 N Alameda Blvd Las Cruces, NM 88005 | 575-523-0111 Ext 1
Withdrawal management and inpatient residential treatment
- [Southwest Counseling Center Inc](#) 100 W. Griggs Avenue Las Cruces, NM 88001 | 575-522-7260
- [Mental Health Wellness Center LLC](#) 205 W. Boutz Rd. Bldg 2 Ste D Las Cruces, NM | 575-520-2861
Counseling services for adults, adolescents, children, couples and families
- [Memorial Medical Center](#) 1450 S. Telshor Blvd Las Cruces, NM 88011 | 575-521-2215
Inpatient Mental Health Services
- [NMCAL https://nmcrcrisisline.com/peer-to-peer_warmline/](https://nmcrcrisisline.com/peer-to-peer_warmline/) | 1-855-662-7474
Peer Support

Medical

- [Three Crosses Regional Hospital](#) 2560 Samaritan Dr. Las Cruces, NM 88001 | (800)-421-8274
- [Mesilla Valley Hospital](#) 3751 Del Rey Blvd. Las Cruces, NM 88012 | 575-382-3500
Mental Health Inpatient / Outpatient Detox
- [Mountain View Medical Center](#) 4311 E. Lohman Ave Las Cruces, NM 88011 | (575)-556-7600
- [Ben Archer Health Centers](#)
1998 Motel Blvd. Las Cruces, NM 88011 | 575-541-5941
2150 U.S. 54, Alamogordo, NM 88310 | 575-267-3280
Dental, Medical, and Mental Health Services
- [La Clinica de Familia](#) 855 Anthony Dr. Anthony, NM 88021 | 575-882-5706
Primary Care Provider
- [La Clinica de Familia – Dental](#)
826 Anthony Dr. Anthony, NM 88021 | 575-201-5136
855 Anthony Dr. Anthony, NM 88021 | 575-822-3607

Transportation

- [Secure Transportation – Presbyterian](#) Albuquerque, NM 87125 | 1-855-600-3453
- [Accredo Care](#) Las Cruces, NM 88011 | 575-232-7460
- [Modivcare Transportation - Blue Cross Centennial](#) Las Cruces, NM | 1-866-842-0650

Other Resources (medical, housing, financial assistance, etc.)

- [New Mexico Department of Health](#) 1170 N. Solano Dr., Las Cruces, NM 88001 | 575-528-5001
Harm reduction, COVID Testing, family planning, WIC, many other services
- [Memorial Medical Center](#) 2450 S Telshor Blvd Las Cruces, NM 88001 | 575-522-8641
Hospital
- [Mesilla Valley Community of Hope](#) 999 Amador Ave., Las Cruces, NM 88005 | 575-523-2219
Shelter services, case management, assistance with disability applications, showers
- [Casa de Peregrinos Soup Kitchen](#) 999 Amador Ave., Las Cruces, NM 88005 | 575-523-5542
Food pantry that also does outreach in the community at various locations throughout the county (check the calendar). Curated boxes for unhoused people with ready to eat foods that don't need preparation. Food boxes available.
- [Help New Mexico Inc](#) 5101 Copper Ave NE ALBQ, NM | 505-265-3717
Housing & Shelter
- [NM Home Fund](#) <https://nmhomefund.org/> | 1-833-485-1334
Housing & Shelter
- [Emergency Food Pantry](#) 303 Lincoln Street Anthony, NM 88081 | 575-882-5556
- [New Mexico Department of WorkForce](#) 226 S. Alameda Blvd Las Cruces, NM 88005 | (575)-524-6250
Employment Assistance