

National Resources

National Suicide Prevention Hotline | 1-800-273-8255
National Sexual Abuse Hotline | 1-800-656-HOPE (4673)
National Human Trafficking Hotline | 1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop It Now! | 1-888-PREVENT.
United States Elder Abuse Hotline | 1-866-363-4276
National Child Abuse Hotline | 1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services | 1-800-342-3720
Child Abuse National Hotline | 1-800-25ABUSE
Children in immediate danger | 1-800-THE-LOST
SAMHSA's National Helpline | 1-800-662-HELP (4357)
(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889
CDC National Aids Hotline | 1-800-232-4646
Veterans Crisis Hotline | 1-800-273-8255

Substance Use/Alcohol Use Disorder Resources

- [Bradford Health Services](#) 2 St. Vincent Cir. Unit 1 Little Rock, AR | 501-725-8000
Mental Health/SUD Treatment
- [Recovery Centers of Arkansas](#) 1201 River Rd. North Little Rock, AR | 501-372-4611
Mental Health/SUD Treatment
- [Natural State Recovery Centers](#) 10025 Oakland Dr. North Little Rock, AR | 501-319-7074
SUD Treatment
- [Vertava Health](#) 340 Stateline RD W, Little Rock, AR | 501-553-6625
Residential Detox & Substance Use Treatment facility with same-day admissions.
Provides rides for new patients located in Arkansas to the facility in West Memphis. Has
Veterans benefits and most insurances are accepted.
- [Medication-Assisted Recovery Anonymous](#) 1015 S Louisiana St. Little Rock, AR | 501-744-1131
Group Meetings

Counseling Resources

- [Life Strategies Counseling](#) 1719 Merrill Dr. Little Rock, AR | 501-500-8420
LSCI serves all patients regardless of their inability to pay. Services will not be denied on
ability to pay. Counseling for mental health concerns, including depression, anxiety,
stress, childhood abuse and trauma, family and relationship issues, grief and loss, and
addiction recovery.
- [Chenal Family Therapy](#) 2504 McCain Blvd STE 200, North Little Rock, AR | 501-781-2230
- [RPI Behavioral Health](#) 1 Lile Court Suite 200 Little Rock, AR | 501-663-1837
Therapists & counselors specialize in anger, anxiety, behavioral, depression, family
issues and trauma.

Other Resources

- [Women & Children First](#) Jacksonville, AR | 501-376-3219
Domestic Violence Services
- **Nami Arkansas** 1012 Autumn Rd, Suite 1, Little Rock, AR | 800-844-0381
Non-profit organization that helps people needing assistance with food, job, homelessness, cloths, mental illness. They also have a lawyer that can be used as a resource as well.
- **Center for Arkansas Legal Services** 1300 W 6th St, Little Rock, AR | 501-376-3423
An organization of attorneys that work for a non-profit law firm that delivers legal assistance and help to low-income people in civil matters.
- **Little Rock Compassion Center** 3618 Roosevelt Road, Little Rock, AR | 501-296-9114
Kitchen open for breakfast, lunch, and dinner. They also provide shelter for both men and women.
- **Our House** 302 E Roosevelt Road | 501-374-7383 connect@ourhouseshelter.org
They provide housing, career center, job training, mental health.