

**New Mexico Crisis and Access Line (NM CAL):**

Dial **988** from your mobile device

For any type of mental health, emotional, or substance abuse crisis, 24/7. They have a peer-to-peer warmline and are also equipped to connect you with local resources.

**Websites for all Resources**

[www.sharenm.org](http://www.sharenm.org): SHARE New Mexico resource directory

**National Resources**

National Suicide Hotline	1-800-273-8255
National Sexual Abuse Hotline	1-800-656-HOPE (4673)
National Human Trafficking Hotline	1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop it Now!	1-888-PREVENT
United States Elder Abuse Hotline	1-866-363-4276
National Child Abuse Hotline	1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services	1-800-342-3720
Child Abuse National Hotline	1-800-25ABUSE
Children in immediate danger	1-800-THE-LOST
SAMHSA's National Helpline	1-800-662-HELP (4357)
CDC National Aids Hotline	1-800-232-4646
Veterans Crisis Hotline	1-800-273-8255

**New Mexico Resources:**

Warmlines & Non-Emergency - Reporting, Basic Information & Support

Abortion Information Hotline (800) 772-9100 or (877) 257-0012  
CDC-Center for Disease Control Information Line (800) 232-4636  
Graffiti Hotline (505) 955-2255  
NM Aging & Disability Resource Center (800) 432-2080  
NM Coalition of Sexual Assault Programs (888) 883-8020 or (505) 883-8020  
NM Child Abuse & Neglect Reporting (855) 333-7233  
NM Children, Youth & Families (800) 797-3260  
Peer to Peer Warmline (855) 466-7100  
Postpartum Support Warmline (800) 944-4773  
Prenatal Care Helpline English: (800) 311-2229 Español: (800) 504-7081  
Tobacco Quitline (800) 784-8669  
Trans Lifeline (877) 565-8860

## **Substance & Alcohol Use Disorder**

**New Mexico 5 Actions: A Self-Guided Roadmap Out of Addiction:** <https://nm5actions.com/>  
100% Free, 100% Online, self-guided program with 24/7 crisis and peer support. In this program you will learn how to: Heal challenging relationship patterns, unhook your hijacked brain, resolve past trauma, and many other skills and helpful tools

**Cottonwood Clinical Services** 653 W. Arrington St., Farmington, NM 87401 | (505) 564-3733  
Intensive Outpatient Treatment, Outpatient behavioral health and addiction counseling, domestic violence offender treatment program, anger management, group and individual counseling

**Desert View Family Counseling Services** 6100 E. Main St., Farmington, NM 87401 | (505) 326-7878  
Wraparound services, Assertive Community Treatment (ACT), counseling, family support services, medication management and medical cannabis cards, substance use counseling

**Second Chance Counseling** 211 N. Auburn Ave., Farmington, NM 87401 | (505) 427-1621  
Substance use disorder outpatient therapy and mental health counseling services

**Overcomers Counseling** 475 E. 20th St., Farmington, NM 87401 | (505) 327-0293  
Substance use disorder outpatient therapy and mental health counseling

**ATB Behavioral Health Services** 6582 E. Main St., Farmington, NM 87402 | (505) 947-9990  
Mental health, Substance Abuse, Individual adult counseling.

**NMCAL** <https://nmcrisisline.com/peer-to-peer-warmline/> | 1-855-662-7474  
Peer Support

**Four Winds Behavioral Health** 4100 Barbara Loop SE Rio Rancho NM | 505-702-8547  
Inpatient Mental Health Services

**Other Resources (Housing, Food, Medical Care, etc.)**

**Mental Wellness Resource Center** 814 W. Maple, Farmington, NM 87401 | 505-636-7110

Connects individuals to local resources including behavioral health supports, substance use treatment, food, housing, and other supports

**Echo Food Bank** 401 S. Commercial Ave., Farmington, NM 87401 | 505-326-3770

Will connect individuals with other food distribution sites all over NW New Mexico.

**Salvation Army** 319 W. Broadway, Farmington, NM 87401 | (505) 327-5117

Day Camp Activities, Disaster Services, Emergency Financial Assistance, Emergency Shelter, Food & Nutrition Programs, Men's Ministries, Music & Arts Programs, Residential Camping Activities, Seasonal Services, Women's Ministries, Worship Services

**People Assisting the Homeless (PATH)** 520 Hydroplant Rd., Farmington, NM 87401 | (505) 327-3104

Hot meals, guidance, and support with housing

**Memorial Medical Center** 2450 S Telshor Blvd Las Cruces, NM 88001 | 575-522-8641

Hospital

**Help New Mexico Inc** 5101 Copper Ave NE ALBQ, NM | 505-265-3717

Housing & Shelter

**NM Home Fund** <https://nmhomefund.org/> | 1-833-485-1334

Housing & Shelter