

National Resources

National Suicide Prevention Hotline	1-800-273-8255
National Sexual Abuse Hotline	1-800-656-HOPE (4673)
National Human Trafficking Hotline	1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop it Now!	1-888-PREVENT
United States Elder Abuse Hotline	1-866-363-4276
National Child Abuse Hotline	1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services	1-800-342-3720
Child Abuse National Hotline	1-800-25ABUSE
Children in immediate danger	1-800-THE-LOST
SAMHSA's National Helpline	1-800-662-HELP (4357)
CDC National Aids Hotline	1-800-232-4646
Veterans Crisis Hotline	1-800-273-8255

Substance Use/Alcohol Use Disorder Resources

- **Oxford Housing-Vacancy Search** <https://www.oxfordvacancies.com/>
Sober/transitional housing across Washington State
- **Evergreen Recovery Services** 2601 Summit Ave, Everett | 425-258-2407
Inpatient
- **Northpoint Recovery** 7416 212th St SW, Edmonds | 855-982-0044
Inpatient, no Medicaid
- **Sunrise Recovery** 1718 Broadway, Everett | 425-493-5800
All types of outpatient SUD
- **SeaMar** 17707 W Main St., Monroe, WA | 360-282-3885
Behavioral Health and Substance Use Assessments

General Resources (housing, food, financial, etc.)

- **Sky Valley Food Bank** 233 Sky River Parkway Monroe, WA | 360-794-7959
Food bank
- **Monroe Community Resource Center** | 360 794-1022
- **Cocoon House** 15302 Plainview Pl, Monroe | 360-805-9282
Help homeless/at risk youth up to 25
- **Lifelong** 3501 Colby Ave #100, Everett | 425-219-4800
Services for HIV/AIDS, free PrEP
- **DSHS - Emergency Services** 840 N. Broadway, Everett | 877-501-2233
Emergency assistance
- **Volunteers of America Western Washington** 2802 Broadway Avenue Everett | 425-259-3191
One time eviction prevention assistance, help with housing, food, child assistance
- **Snohomish County Human Services Department** 3000 Rockefeller Avenue Everett | 425-388-7200
Help with housing, rapid rehousing, shelter
- **St Vincent De Paul** 6424 Broadway Ave, Everett | 425-355-3504 - (Option 3) for intake.
Monday - Friday (9:30 am - 4 pm) Utility assistance, housing, one-time costs like a new bed

General Resources (cont.)

- **WorkSource** space closed for COVID, Customers can get help through Live Chat on WorkSourceWA.com or by calling 833-572-8400
- **[Monroe Women's Gospel Mission](#)** 450 South Lewis St., Monroe, WA | 360-863-9003
Shelter
- **[St Vincent de Paul Resource Center](#)** 17150 W. Main St., Monroe, WA | 425-355-3504
Basic Needs and Services, Housing
- **[Take the Next Step](#)** 202 S. Sams St. Monroe, WA | 360-794-1022
Family Resource Center, Financial assistance
- **Sultan Food Bank** 701 1st St., Sultan, WA | 360-793-8609
Food distribution
- **[Sky Valley Community Resource Center](#)** 701 1st St., Sultan, WA | 360-793-2400
Basic needs and Services, Housing
- Get help with your PSE Bill **www.pse.com/covidhelp**
- Low cost/free **internet** and **discounted computers** from Comcast: **internetessentials.com/**