

National Resources

National Suicide Prevention Hotline | 1-800-273-8255
National Sexual Abuse Hotline | 1-800-656-HOPE (4673)
National Human Trafficking Hotline | 1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop It Now! | 1-888-PREVENT
United States Elder Abuse Hotline | 1-866-363-4276
National Child Abuse Hotline | 1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services | 1-800-342-3720
Child Abuse National Hotline | 1-800-25ABUSE
Children in immediate danger | 1-800-THE-LOST
SAMHSA's National Helpline | 1-800-662-HELP (4357)
(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889
CDC National Aids Hotline | 1-800-232-4646
Veterans Crisis Hotline | 1-800-273-8255

Substance Use/Alcohol Use Disorder Resources

- **Oxford Housing-Vacancy Search** <https://www.oxfordvacancies.com/>
Sober/transitional housing across Washington State
- **Meridian Center for Health Comprehensive Services/Valley Cities**
10521 Meridian Ave. N. Seattle, WA 98133 | (253) 833-7444
Hours: Monday-Friday, 8:30am-5pm Assessments, counseling, mental health, medical. Medicaid and everyone accepted.
- **Evergreen Recovery Services** 2601 Summit Ave, Everett | 425-258-2407
Provides inpatient treatment services, accepts Medicaid
- **Fairfax Hospital** - 10200 NE 132nd St. Kirkland | 425-284-8300
Inpatient in Kirkland and Everett. Medicaid/Medicare ok. They have 24/7 Same-Day Assessments - Walk-ins also ok.
- **IKRON** 10303 Meridian Ave N, Suite #204, Seattle | 425-439-9101
Awesome organization that does SUD individual counseling, IOP, case management, group counseling, assessments, vocational services and so much more. They take Medicaid and people without insurance only.
- **Royal Life Centers** 1723 Bonney Ave, Sumner | (877) 732-6837
Inpatient + Detox, Amerigroup, CHP, UnitedHealth. Veterans eligible for 28 day inpatient and transportation

Your Apple Health plan will provide you with a caseworker to help you find an appointment and even arrange transportation:

Molina - Brigitte Young - Brigitte.Young@Molinahealthcare.com
425-424-1142/Cell: 206-771-2180
Coordinated Care | 877-644-4613
United Health Care | 800-273-8095

General Resources (housing, food, financial, etc)

→ **King County 24-Hour Crisis Line** | 866-427-4747

Has several people who also do coordinated entry for King County services like housing

→ **God's Little Acre** 12521 33rd Ave NE, Seattle | 206-497-0838

Day center, food, assistance

→ **North Helpline** 12736 33rd Ave NE, Seattle | 206-367-3477

Food bank, help with various services, rent assistance

For financial assistance contact Roger at 206-365-8043 or roger@northhelpline.org

→ **Lake City Food Bank** - 12736 33rd Ave NE Seattle

Hours: Wednesday 10 AM to 1 PM, Thursday 4:30 PM to 6:30 PM, Saturday 10 AM to 1 PM

→ **Bitter Lake Food Bank** - 13000 Linden Ave N Seattle

Hours: Saturday 10 AM to 2 PM

→ **Mary's Place** – Pregnant or are you a mother of a young child? You can submit an outreach request for yourself here: <https://www.marysplaceseattle.org/outreach-request> Tons of resources inc. housing

→ **WorkSource** - 9600 College Way N, Seattle | 2064402500

Job search assistance, career training, computer technology, unemployment assistance

→ **Center for Human Services** 14803 15th Ave NE Shoreline | 206-362-7282

Substance Use Disorder Treatment, Assessments, Intensive Outpatient, Outpatient, Case Management, Pregnant and Parenting Women, Mental Health, Family Support, Community-Based Intensive Services

→ **Get help with your PSE Bill** www.pse.com/covidhelp

→ **Low cost/free internet** and discounted computers from Comcast: internetessentials.com/