

### National Resources

National Suicide Prevention Hotline | 1-800-273-8255  
National Sexual Abuse Hotline | 1-800-656-HOPE (4673)  
National Human Trafficking Hotline | 1-888-373-7888  
Sexual Abuse or Thoughts Hotline Stop It Now! | 1-888-PREVENT.  
United States Elder Abuse Hotline | 1-866-363-4276  
National Child Abuse Hotline | 1-800-4-A-CHILD (422-4453)  
Child Abuse Hotline / Dept of Social Services | 1-800-342-3720  
Child Abuse National Hotline | 1-800-25ABUSE  
Children in immediate danger | 1-800-THE-LOST  
SAMHSA's National Helpline | 1-800-662-HELP (4357)  
(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889  
CDC National Aids Hotline | 1-800-232-4646  
Veterans Crisis Hotline | 1-800-273-8255

### Substance Use/Alcohol Use Disorder Resources

- **Ouachita Behavioral Health & Wellness** 125 Wellness Way, Hot Springs, AR | 501-624-7111  
Comprehensive outpatient programs including opiate use disorder treatment, counseling, including EMDR for trauma, children's programs and family and community programs. Five locations in Arkansas
- **Harbor House Hot Springs** 615 W. Grand Ave, Hot Springs, AR | 501-625-2383  
Residential treatment center
- **Samaritan Ministries** 131 Sanford, Hot Springs, AR | 501-321-288  
Homeless shelter and assist with life skills. Offer residential housing.
- **The Haven Detox Little Rock** 5201 Stagecoach Rd, Hot Springs, AR | 501-361-3138
- **Vertava Health** 340 Stateline Rd W, South Haven, Mississippi | 844-470-0410  
Mental Health/SUD Treatment
- **Natural State Recovery Centers** 10025 Oakland Dr, North Little Rock, AR | 501-319-7074  
Residential SUD Treatment

### Counseling Resources

- **Conway Counseling** 3907 Central Ave., Ste. J, Hot Springs, AR | 501-781-3122  
Psychiatric services, counseling services, other wellness services such as massage and yoga
- **Spa City Counseling, LLC** 1401 Malvern Ave. #150, Hot Springs, AR | 501-701-4229  
Sharlyn Woody, LCSW is an experienced, masters-level counselor that accepts Medicaid and is experienced with people experiencing substance use disorders.
- [Phoenix Counseling](#) 1820 Central Ave, D, Hot Springs, AR | 501-463-4627  
Counseling Clinic for all ages.
- [Life Strategies](#) 1820 Central Ave, B & C, Hot Springs, AR | 501-623-6000  
Counseling Clinic for all ages.
- [Chenal Family Therapy](#) 100 Ridgeway St STE 2, Hot Springs, AR | 501-781-2230

**Counseling Resources (cont.)**

- [RPI Behavioral Health](#) 814 Higdon Ferry Rd., Hot Springs, AR | 501-397-1495  
Therapists & Counselors specialize in: Anger, Anxiety, Behavioral, Depression, Family Issues and Trauma.

**Other Resources**

- **Nami Arkansas** 1012 Autumn Rd, Suite 1, Little Rock, AR | 800-844-0381  
Non-profit organization that helps people needing assistance with food, job, homelessness, cloths, mental illness. They also have a lawyer that can be used as a resource as well.
- **Potters Clay Ministries** 110 Crescent Ave, Hot Springs, AR | 501-624-1366  
Organization that helps women, children and men, that are homeless, or are battered and need shelter.
- **Center for Arkansas Legal Services** 1300 W 6th St, Little Rock, AR | 501-376-3423  
An organization of attorneys that work for a non-profit law firm that delivers legal assistance and help to low-income people in civil matters.
- **Project Hope Food Bank** 915 Gaines Ave, Hot Springs AR | 501-623-3663  
The center offers canned goods, meals, and referrals.
- **The Jackson House** 705 Malvern Ave, Hot Springs AR | 501-623-4048  
The center offers canned goods, meals, and referrals.