

### National Resources

National Suicide Prevention Hotline | 1-800-273-8255  
National Sexual Abuse Hotline | 1-800-656-HOPE (4673)  
National Human Trafficking Hotline | 1-888-373-7888  
Sexual Abuse or Thoughts Hotline Stop It Now! | 1-888-PREVENT  
United States Elder Abuse Hotline | 1-866-363-4276  
National Child Abuse Hotline | 1-800-4-A-CHILD (422-4453)  
Child Abuse Hotline / Dept of Social Services | 1-800-342-3720  
Child Abuse National Hotline | 1-800-25ABUSE  
Children in immediate danger | 1-800-THE-LOST  
SAMHSA's National Helpline | 1-800-662-HELP (4357)  
(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889  
CDC National Aids Hotline | 1-800-232-4646  
Veterans Crisis Hotline | 1-800-273-8255

### Substance Use/Alcohol Use Disorder Resources

Do you have **PacificSource/OHP (Medicaid)** and a need for housing, benefits, medical, or mental health help? Just call 1-888-970-2507 to connect to a case manager who can arrange housing, benefits, medical care, counseling.

**Bridgeways Recovery** 3325 Harold Dr NE, Salem OR | 503-363-2021 | DETOX (503) 399-5597

Provides detox, residential treatment, outpatient, etc.

**Serenity Lane Outpatient** 960 Liberty St SE, Salem, OR | 541-928-9681

Most health insurance plans accepted, including OHP. Offers intensive outpatient. Free initial consultation. Recovery Support for a year, or up to two.

[Oregon Recovery Network](http://www.oregonrecoverynetwork.org) – [www.oregonrecoverynetwork.org](http://www.oregonrecoverynetwork.org)

Website that connects anyone struggling with drugs or alcohol with a certified peer mentor.

[Recovery Outreach Community Center](#) 2555 Silverton Rd Ne | 503-393-4273

[Powerhouse Detox](#) 3955 OR-18 | 541-614-4437

[Polk County - Recovery Outreach Community Center](#) Uglow St, Dallas OR | 503-837-1762

### General Resources (housing, food, financial, etc)

Beginning May 19, 2021, qualified renters who have experienced financial hardship due to the coronavirus pandemic, and are at risk of homelessness or housing instability, may apply for the Oregon Emergency Rental Assistance Program : <https://www.oregonrentalassistance.org>

**NW Services 24/7 crisis line** - 503.581.5535 or 1.800.560.5535

Provides emergency rent assistance, housing, bus passes, trauma debriefing and counseling services.

**General Resources (cont.)**

**ARCHES** 615 Commercial St NE., Salem, OR | 503-399-9080

Provides referrals, housing placements, and basic services to people experiencing homelessness and housing instability in Marion and Polk counties.

**Family Building Blocks** 2452 Lancaster Dr. NE., Salem, OR | 503-566-2132

Relief nursery with a variety of programs for ages 0- 5. Partners with families who are facing multiple stressors while raising young children in Marion and Polk counties.

**Helping Hands** 1755 13th Street SE., Salem, OR | 503-364-9936

Mon-Thurs & Sat 9:00am - 12pm closed Fri and Sun – Offers help with clothing, bedding, household items, books, and toys.

**St Vincent DePaul** 3745 Portland Rd. NE., Salem, OR | 503-364-3210

Transportation assistance, including gasoline vouchers, used cars and bus tokens, are provided, housing assistance, which can include rent assistance and foreclosure prevention services or referrals. Utility bill assistance. Clothing, free household goods, back to school stuff, appliances, beds, and furniture.

**Marion County Crisis Center** 1118 Oak St. SE., Salem, OR | 503-585-4949

Provides crisis intervention services seven days a week, twenty-four hours a day for residents of the Mid-Willamette Valley, particularly Marion, Polk, and Yamhill counties.

**Center for Hope and Safety Marion County** 605 Center St NE, Salem, OR | 24 hr. 503-399-7722

Domestic violence advocacy and help with legal processes.

**Work Source of Oregon Employment Dept** - 605 Cottage St NE., Salem, OR 97301 | 503-378-4846

Help for job seekers, along with unemployment claims.

**Hope Station Community Services** 1337 Madison St NE. Ste 115 Salem, OR | 503-339-7710

Membership-based. Biweekly shopping of food/product for minimal monthly cost and 2-hour volunteer commitment.

[Church at the Park](#) | 971-375-7491

[Iron Tribe](#) 17763 SE 82nd Dr | 503-913-9585

[Pathfinders](#) Aumsville HWY | 503-892-5396

[Morrison Child and Family Services](#) 3857 Wolverine Street NE | 503-258-4568

[Polk County Behavioral Health](#) 1520 Plaza St NW | 503-585-3012

[Polk County Family & Community Outreach](#) 182 SW Academy S | 503-623-9664

[Allies In Hope](#) 4035 12St Cutoff SE, Suite 140 | 971-720-7702

Counseling

[Mid Valley Counseling Center](#) 2250 D Street NE Salem, OR | 503-364-6093

[New Perspectives Center](#) 1675 Winter Street NE | 503-316-6770

Counseling

[Thriveworks Counseling](#) 1144 Madison St NE Suite F | 971-253-7469