

National Resources

National Suicide Prevention Hotline | 1-800-273-8255
National Sexual Abuse Hotline | 1-800-656-HOPE (4673)
National Human Trafficking Hotline | 1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop It Now! | 1-888-PREVENT.
United States Elder Abuse Hotline | 1-866-363-4276
National Child Abuse Hotline | 1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services | 1-800-342-3720
Child Abuse National Hotline | 1-800-25ABUSE
Children in immediate danger | 1-800-THE-LOST
SAMHSA's National Helpline | 1-800-662-HELP (4357)
(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889
CDC National Aids Hotline | 1-800-232-4646
Veterans Crisis Hotline | 1-800-273-8255

Statewide Resources

<https://montana211.org/search.php>

Montana 2-1-1 is a free, anonymous service available 24 hours a day, 7 days a week, 365 days a year for those with Public Assistance Needs

<https://dphhs.mt.gov/contact/hotlinenumbers>

Montana Mental Health Warmline Phone	1-877-688-3377
Montana Food Stamp Hotline Phone	1-888-706-1535
Montana Medicaid Travel Hotline Phone	1-800-292-7117
Montana Mental Health Services Phone	1-888-866-0382
Montana Legal Services Phone	1-800-666-6899
Montana WIC Hotline Phone	1-800-433-4298
Montana Healthcare Programs Hotline Phone	1-800-362-8312

Community/Social Services

→ **Helena WIC Office** 1930 9th Ave S | 406-457-8912
→ **Medicaid/Chip Outreach Program** 1930 9th Ave | 406-443-2584
→ **Helena Public Assistance** 111 N Sanders Room 109 | 1-888-706-1535
→ **Lewis & Clark Office of Public Assistance** 3075 N. Montana Ave | 406-444-1700
→ **Low Income Energy Assistance Program** 3108 McHugh | 406-495-9894
→ **Helena Job Service** 715 Front St | 406-447-3200
→ **Vocational Rehabilitation** 3075 N. Montana Ave | 406-444-1710
→ **[Helena Indian Alliance](#)** 501 Euclid Ave | 406-449-5796
Primary Care Provider

HIV Awareness

→ **Lewis & Clark Aids Project** | 406-449-1357

Family Planning Services

→ Planned Parenthood 1500 Cannon | 406-443-7676

Multiple Services

→ Salvation Army 2906 Prospect Ave | 406-442-8244

→ YWCA (Women's Services) 501 N. Park Ave | 406-442-8774

→ Good Samaritan 3067 N. Montana | 406-442-0780

Homeless Shelters/Housing Resources

→ God's Love 533 N. Last Chance Gulch | 406-442-7000

Homeless shelter & medical services

→ The Friendship Center 1430 Sanders St. | 406-442-6800

Domestic/sexual violence services

→ Helena Housing Authority 812 Abbey | 406-442-7970

→ [Florence Crittenton House Sober Living](#) 3404 Cooney Drive | 406-442-6950

Food Bank/Pantry

→ The Friendship Center Food Distribution Center 1503 Gallatin Ave | 406-442-6800

→ Salvation Army Food Distribution Center 1905 Henderson St | 406-442-8244

→ Church of Living God Food Distribution Center 700 S. Park Ave | 870-572-7188

→ Helena Food Share 1616 Lewis St | 406-443-3663

Mental Health

→ Center for Mental Health 900 North Jackson | 406-443-7151

→ Counseling Consortium 1002 North Benton Ave | 406-442-3045

→ Montana Psychotherapy Clinic 1125 Missoula Ave | 406-449-4623

→ [Camp Creek Counseling](#) 54 N Last Chance Gulch Suite 8 | 406-449-5796

→ [Counseling Associates, LLC](#) 25 S Ewing St, Suite 511 | 406-996-1034

→ [AWARE](#) 616 Helena Ave, Ste 305 | 406-449-3120

Substance Use Resources

→ Alanon & Alateen | 406-443-0438

→ Alcoholics Anonymous 110 E. Lyndale Ave | 406-443-0438

→ Boyd Andrew Chemical Dependency Care Center 111 N. Last Chance Gulch | 406-443-2343

→ [Valley Addiction Services](#) 833 N Last Chance Gulch | 406-422-4933

Assessments

→ [Colman Community Services](#) 1824 N Last Chance Gulch | 406-422-4828

Assessments

Transportation

→ [Helena Taxi Service](#) | 406-407-2738

→ [Capital Transit](#) | 406-447-8080