OIdeal Option

COMMUNITY RESOURCES

National Resources

National Suicide Prevention Hotline	1-800-273-8255
National Sexual Abuse Hotline	1-800-656-HOPE (4673)
National Human Trafficking Hotline	1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop It Now	! 1-888-PREVENT
United States Elder Abuse Hotline	1-866-363-4276
National Child Abuse Hotline	1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services	1-800-342-3720
Child Abuse National Hotline	1-800-25ABUSE
Children in immediate danger	1-800-THE-LOST
SAMHSA's National Helpline	1-800-662-HELP (4357)
CDC National Aids Hotline	1-800-232-4646
Veterans Crisis Hotline	1-800-273-8255

Substance Use/Alcohol Use Disorder Resources

→ Snohomish County Care Crisis Line: (800) 584-3578, (425) 258-4357

Service that connects patients to a voluntary outpatient treatment center. 24/7

→North Sound 2-1-1 (Call 2-1-1)

Directs patients to the most appropriate health and human services resource, specialized information, or referral line in your community. The call center is staffed weekdays from 8:00am-5:00pm. After-hours messages returned the next business day.

- →**Bridgeways** 1220 75th St SW, Everett, WA 98203 | (425) 513-8213
- Counseling and employment support especially for people with mental health challenges
- → Catholic Community Services 1227 2nd St, Marysville, WA 98270 | (360) 651-2366 Intensive outpatient treatment services for youth and adults. Individual, couples, family counseling; psychiatric support as needed. Sliding fee schedule.
- →Tulalip Tribal Family Services Chemical Dependency Program 2821 Mission Hill Rd, Marysville, WA, 98270 | (360) 651-3351 | Mental health + SUD services. Special programs for adolescents, persons with co-occurring mental + SUD, women, DUI/DWI offenders, and criminal justice clients. Medicaid, Medicare, Sliding fee scale.
- → Royal Life Centers locations in Sumner, Lacey, and Spokane, (360) 515-0070 | Detox/Inpatient, takes some Medicaid and has a 28 day program for veterans which includes transportation up to 100 miles

General Resources

→The Salvation Army 1108 State Ave, Marysville, WA 98270 | (360) 926-2228 Meals, food, and laundry,

Tues - Thurs Social Services by appointment. Case Management, Financial Assistance, Resourcing by appointment only please call the office to schedule

→ Carnegie Resource Center 3001 Oakes Ave, Everett, WA 98201 | (425) 434-4680



COMMUNITY RESOURCES

Walk-in center with a multitude of resources and training opportunities related to mental health counseling and substance use disorder treatment, employment services, housing enrollment, veteran programs, health insurance navigation and public benefit enrollments.

→ Everett Food Bank 1230 Broadway Everett, WA 98201 | (425) 259-3191 x13014 HOURS: Mon: 10am – 2pm, Tues: 3pm-6pm, Weds: 10am-2pm, Thurs: 10am-2pm. Anyone in zip codes 98201, 98203, or 98204, 98208, 98012 can shop @ the Everett Food Bank 2x a month.

→St Vincent De Paul 6424 Broadway Ave, Everett, WA 98201 | (425) 355-3504 x 3 for intake Monday- Friday (9:30 am- 4 pm) Utility assistance, housing, one-time costs like a new bed.

→ Arlington Community Resource Center 3210 Smokey Point Dr, #103 Arlington, WA 98223 | (360) 322-6988

The ACRC is a one-stop hub of services for people in need. From help with basic needs like food, clothing, and shelter, to assistance with other kinds of resources and programs.

→Lifelong 3501 Colby Ave #100, Everett, WA 98201 | (425) 219-4800 Services for HIV/AIDS. Can provide case management, food and nutrition, connection to medical care, health insurance, housing and more.