

National Resources

National Suicide Prevention Hotline 1-800-273-8255
National Sexual Abuse Hotline 1-800-656-HOPE (4673)
National Human Trafficking Hotline 1-888-373-7888
Sexual Abuse or Thoughts Hotline Stop it Now! 1-888-PREVENT.
United States Elder Abuse Hotline 1-866-363-4276.
National Child Abuse Hotline 1-800-4-A-CHILD (422-4453)
Child Abuse Hotline / Dept of Social Services 1-800-342-3720.
Child Abuse National Hotline 1-800-25ABUSE.
Children in immediate danger 1-800-THE-LOST
SAMHSA's National Helpline, 1-800-662-HELP (4357)
(also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889
CDC National Aids Hotline: 1-800-232-4646
Veterans Crisis Hotline: 1-800-273-8255

Statewide Resources→ **Idaho 2-1-1**

Free, anonymous service available 24 hours a day, 7 days a week, 365 days a year for those with Public Assistance Needs

→ **Idaho Suicide Hotline** | 1-208-398-4357→ **Idaho Crisis Line** | 1-208-788-3596 | 1-208-578-4114 (bilingual)→ **Optum Crisis Line** | 1-855-202-0973→ **Food stamps, Medicaid, and other Assistance Benefits** | 1-877-456-1233**Substance Use/Alcohol Use Disorder Resources**→ **[Brick House Recovery](#)** 3918 Schrieber Way | 208-261-9948

IOP Outpatient SUD Services

→ **[Kootenai Health Detox](#)** 2003 Kootenai Health Way | 208-625-4848

Detox Inpatient

→ **[Alcohol & Drug Counseling and Recovery Services](#)** 1009 Highway 2, Ste. E, Sandpoint | 208-255-9333**General Resources (housing, food, financial, etc)**→ **Dept of Health & Welfare** 1120 Ironwood Dr, Coeur d'Alene | 1-208-769-1456

TAFI, PWC, CHIP, food stamps, childcare assistance, child support enforcement

→ **Community Action Agency** 4144 W Industrial Loop, Coeur d'Alene | 1-208-664-8757

Energy assistance program, weatherization, food bank, budget counselors

→ **[Bonner Community Food Bank](#)** 1707 Culvers Dr., Sandpoint | 1-208-263-3663→ **[Community Resource Envision Center](#)** 130 McGhee Rd., Sandpoint | 1-208-920-1840

Financial assistance

→ **[Equus Workforce Solutions](#)** | 1-208-523-3507

Employment assistance program

- **Heart of the City Church** 772 W Kathleen Ave, Coeur d'Alene | 1-208-665-7808
Rent & utilities, Tues-Thurs, 9-4, Fri, 9-12, food bank
- **Real Life Ministries** 1866 N Cecil Road, Post Falls
Rent/utility assistance, food pantry T, W, Thurs, 10:00 AM, WALK-IN ONLY!
CDA location – food pantry, fuel vouchers
- **[Shoshone County Food Bank](#)** 311 Main St., Kellogg | 1-208-783-4901
- **St. George's Catholic Church** 2010 N Lucas St, Post Falls | 1-208-773-4715
Assistance for residents of Post Falls, Rathdrum, and Spirit Lake rent/energy assistance, food vouchers, Thursday meal, 4-5:30 PM
- **St. Pius X** 625 East Haycraft Ave, Coeur d'Alene | 1-208-765-5108
Rent/utility assistance, clothing, food pantry
- **St. Vincent de Paul** 201 East Harrison Ave, Coeur d'Alene | 1-208-664-3095
Shelters, transitional housing, clothing, furniture, utilities, rent to avoid eviction, fuel vouchers

Medical/Dental Assistance

- **[Bonner General Health](#)** 520 N. Third Ave., Sandpoint | 1-208-265-1179
Primary care
- **[Heritage Health](#)** 1090 Park Place, Coeur d'Alene | 1-208-292-0292
Family medical care, gynecological care, routine physicals, mental health care, discount prescription coverage
- **Heritage Health Dental Care** 1090 Park Place, Coeur d'Alene | 1-208-292-0697
Emergency dental care (extractions only) income dependent, Mon-Fri, 7-5
- **[Kanisku Community Health](#)** 810 6th Ave., Sandpoint | 1-208-265-6252
Primary care
- **[Panhandle Health District](#)** 8500 N Atlas Road, Hayden | 1-208-415-5100
Immunizations, resource nurse, family planning, helping hands medical access program, tobacco cessation program, WIC, care plus, clinical services, home health
- **[Shoshone Community Health](#)** 114 Riverside Ave. W. Ste. A, Kellogg | 1-208-786-3019
Primary care

Domestic/Sexual Violence

- **N Idaho Violence Prevention Center** 850 N 4th St, Coeur d'Alene | 1-208-664-9303
Shelter home & support groups for domestic violence and rape crisis

Counseling

- **Behavioral Health Center** | 1-208-765-4800
- **Psychological evaluations and counseling (24 hr help line)** | 1-800-221-5008
- **Kootenai Health Behavioral Health** 2003 Kootenai Health Way | 1-208-625-4800
- **Avalon Counseling** 1250 W. Ironwood Drive #303 | 1-208-366-5053
- **Restart Counseling, PLLC** 1625 N. 4th St #102C | 1-208-930-4383
- **Monarch Mental Health** 2115 E Sherman Ave Ste 104 | 1-208-676-1075
- **Lake City Counseling** 9705 N. Shaw St | 1-208-625-9981



COMMUNITY RESOURCES

→ **North Idaho Community Mental Health** 1717 Ontario St., Sandpoint | 1-208-265-6798

→ **North Idaho Detox** 1654 E Velora Drive, Post Falls | 949-392-2716

5 bed co-Ed detox

Call Chelsea to refer

At this time, they accept most private insurances and self-pay. There is a program potentially available to help uninsured pay for detox in Northern Idaho

→ **Tamarack Treatment & Counseling Center** 710 Superior, Ste. C., Sandpoint | 1-208-263-5551

Mental health/SUD treatment

