

COMMUNITY RESOURCES

National Resources

National Suicide Prevention Hotline National Sexual Abuse Hotline National Human Trafficking Hotline Sexual Abuse or Thoughts Hotline Stop It Now! United States Elder Abuse Hotline National Child Abuse Hotline Child Abuse Hotline / Dept of Social Services Child Abuse National Hotline Children in immediate danger SAMHSA's National Helpline CDC National Aids Hotline Veterans Crisis Hotline

1-800-273-8255 1-800-656-HOPE (4673) 1-888-373-7888 1-888-PREVENT 1-866-363-4276 1-800-4-A-CHILD (422-4453) 1-800-342-3720 1-800-25ABUSE 1-800-25ABUSE 1-800-THE-LOST 1-800-662-HELP (4357) 1-800-232-4646 1-800-273-8255

New Mexico Crisis and Access Line (NM CAL):

Dial 988 from your mobile device

For any type of mental health, emotional, or substance abuse crisis, 24/7. They have a peer-to-peer warmline and are also equipped to connect you with local resources.

Websites for all Resources

<u>www.ABQcrg.org</u>: ABQ Coordinated Resource Guide <u>www.sharenm.org</u>: SHARE New Mexico resource directory

Warmlines & Non-Emergency - Reporting, Basic Information & Support

- \rightarrow Abortion Information Hotline (800) 772-9100 or (877) 257-0012
- → Albuquerque Homeless Helpline: (505) 768-4357
- \rightarrow CDC-Center for Disease Control Information Line (800) 232-4636
- \rightarrow Crime Stoppers (Tip Line) (505) 955-5050 or Text Santa Fe to 274637
- → Drug Tip Hotline (505) 428-3737
- → Graffiti Hotline (505) 955-2255
- \rightarrow Healthcare Worker & First Responder Support Line (855) 507-5509
- \rightarrow HIV-HEP C & STD Testing & Treatment (505) 955-9454
- \rightarrow NAMI- National Alliance on Mental Illness (505)256-0288
- \rightarrow NM Aging & Disability Resource Center (800) 432-2080
- \rightarrow NM Coalition of Sexual Assault Programs (888) 883-8020 or (505) 883-8020
- \rightarrow NM Child Abuse & Neglect Reporting (855) 333-7233
- \rightarrow NM Children, Youth & Families (800) 797-3260 or (505) 841-6100
- \rightarrow Non-Emergency Police Dispatch (505) 242-COPS
- \rightarrow Peer to Peer Warmline (855) 466-7100
- ightarrow Postpartum Support Warmline (800) 944-4773
- \rightarrow Prenatal Care Helpline English: (800) 311-2229 Español: (800) 504-7081
- ightarrow Tobacco Quitline (800) 784-8669
- → Trans Lifeline (877) 565-8860

COMMUNITY RESOURCES

Substance & Alcohol Use Disorder Resources

Ideal Option

- → <u>New Mexico 5 Actions: A Self-Guided Roadmap Out of Addiction</u>
 - <u>100% Free, 100% Online, self-guided program with 24/7 crisis and peer support. In this program</u> you will learn how to: Heal challenging relationship patterns, unhook your hijacked brain, resolve past trauma, and many other skills and helpful tools
- → Serna Solutions 400 Gold Ave SW #1201, Albuquerque, NM 87102 (505) 207-8929 Group therapy, individual therapy, family therapy; serving individuals, families, couples, children, adolescents; telehealth available
- → Pinwheel Healing Center 1424 Deborah Rd. # 205, Rio Rancho, NM 87124 (505) 636-6100 Group therapy, individual therapy, intensive outpatient (IOP), anger management, trauma work, telehealth available
- → <u>Turning Point Recovery</u> 9201 Montgomery Blvd NE #5, Albuquerque, NM 87111 | (505) 217-1717 initial inpatient or outpatient detox, to Intensive Outpatient (IOP) and one-to-one therapy, sober living support, or developing a relationship with the recovery community in New Mexico
- → <u>Christian Counseling Professionals</u> 301 Chama St NE Albuquerque, NM 87108 | (505) 856-0300 Group Therapy, One on One Therapy, IOP (Intensive Outpatient Program), Life Skills classes, Serves all ages
- → New Growth Counseling 5801 Osuna Rd NE Blg. A Ste A-102 Albuquerque, NM 87109 | (505) 639-4769 IOP (Intensive Outpatient Program) Group Therapy, One on One therapy
- → <u>Duke City Recovery Toolbox</u> 912 1St St NW Albuquerque, NM 87102 | (505) 224-9777 Methadone Clinic, MAT, One on One Therapy, Behavioral Health Services.
- → <u>Choice Recovery</u> 11401 Menaul NE Albuquerque, NM 87112 | 505-526-3649 Mental Health/SUD Treatment
- → <u>The Grief Center</u> 4125 Carlisle Blvd NE Albuquerque, NM | 505-323-0478 Mental Health
- → <u>New Mexico Solutions</u> 707 Broadway NE Suite 500 Albuquerque, NM | 505-268-0701 Mental Health/SUD Treatment
- → <u>The Family Connection</u> 6001 Whiteman Dr NW Albuquerque, NM | 505-717-1155 Mental Health Counseling
- → <u>U-Turn For Christ</u> 205 Camino Cuatro Albuquerque, NM | 505-903-8194 Residential SUD Treatment
- → Four Winds Behavioral Health 4100 Barbara Loop SE Rio Rancho, NM | 505-702-8547 Inpatient Mental Health Services
- $\rightarrow \underline{\mathsf{NMCAL}} \mid 1-855-662-7474$ Peer Support
- → <u>The Balanced Path</u> | 505-234-1174 AUD Support



Other Resources (medical, housing, financial assistance, etc.)

- \rightarrow Healthcare for the Homeless: 1217 1st St NE | (505)766-5179
- → The Storehouse Food Pantry 106 Broadway Blvd SE., Albuquerque, NM 87102 | (505) 842-6491 Walk-ins welcome. Bring photo ID. Open Wednesday-Saturday 9:00am-1:00pm.
- → Wings For Life International 8226 Menaul Blvd NE #130 Albuquerque, NM | 505-266-4359 Social Services
- → <u>Centro Savila</u> 1317 Isleta Blvd Albuquerque, NM | 505-312-7296 Case Management Services
- → <u>Catholic Charities</u> 2010 Bridge Blvd SW Albuquerque, NM | 505-724-4670 Community Support
- → <u>YDI</u> | 505-910-6357 Community Support
- → <u>Alamosa Health and Social Service Center</u> 6900 Gonzales Rd SW Albuquerque, NM | 505-836-8800 Family Services
- → East Central Health and Social Service Center 7525 Zuni RD SE Albuquerque, NM | 505-767-5700 Family Services
- → John Marshall Health and Social Service Center 1500 Walter St SE Albuquerque, NM | 505-848-1345 Family Services
- → Los Griegos Health and Social Service Center 1231 Candeleria RD NW Albuquerque, NM | 505-761-4050 Family Services
- → **St Vincent de Paul Clearinghouse** 4120 Menaul Blvd NE Albuquerque, NM | 505-346-1500 Ext 4 Family Services
- → PB&J 1101 Lopez RD SW Albuquerque, NM | 505-877-7060 Family Services
- → New Mexico Asian Family Center https://www.nmafc.org/ 505-717-2877 Family Services
- → PNM Good Neighbor Fund (Electric Only) 600 Coors Blvd NW Albuquerque, NM | 505-967-8045 Family Services
- → <u>New Day Youth Services</u> 2305 Renard Place SE Albuquerque, NM | 505-260-9912 Youth Services
- → <u>The Reentry Center</u> 215 3rd St SW Albuquerque, NM | 505-389-5458 Community Support
- → **Turquoise Lodge Hospital** 5400 Gibson Blvd SE, Albuquerque, NM 87108 | 505-841-8978 Intensive medical detox, inpatient social rehabilitation, intensive outpatient services
- → Human Service Department 1711 Randolph Rd SE, Albuquerque, NM 87106 | (505) 383-2600 You can apply for Medicaid and other services over the phone. Call: 1-855-637-6574 For Questions or to Complete your Interview please call the Customer Service Center at: 1-800-283-4465

Free Meal Sites:

- → Albuquerque Indian Center, 105 Texas SE (& Zuni) Mon to Fri: Breakfast (9:00 - 10:00 am); Lunch (12 - 1:00 pm)
- → All Nations Wellness & Healing Center, 6416 Zuni SE Mon to Fri: Breakfast (7:30 - 9:00 am); Lunch (12 - 1:30 pm)



COMMUNITY RESOURCES

Homeless Shelters:

ightarrow Westside Emergency Housing Center (Shelter)/Heading Home, 7440 Jim McDowell Rd
For Adult Men & Women (no families)
The WEHC is open 24/7 (3 meals/day) & drops off daily in ABQ Pickups for individual adults
NE corner of Indian School Rd & 1st St. NW (3, 4, 5, 6, 7 pm7 days/week)
Or call 505-839-9193 from 1:30 to 10 pm for info on pickups
See website for pickup/drop-off schedule: www.cabq.gov/family/services/homeless-
services/westside-emergency-housing-center

- \rightarrow HopeWorks, 1201 3rd St. NW (3:15 pm Mon-Fri)
- \rightarrow First Nations, 5608 Zuni SE (on Palomas) (6:00 pm 7 days/wk)
- \rightarrow God's Warehouse, 8011 Central NE (6:15/6:30 pm 7 days/wk)
- → AOC Men's Shelter (no walk-ins), located at 715 Candelaria NE call any time day or night 7 days/week (505)344-4340
- → Good Shepherd Center (men only), 218 Iron SW (check in at 6pm)
- → Barrett House (24/7-women & children--boys <18) (no walk-ins) call 8 am or later (may be a waitlist) not for women currently experiencing DV leave message with name, phone and how many beds needed (505)243-4887
- → Joy Junction (women & families (1 or 2 parent), limited # of men)--4500 2nd St. SW call first—you can call 24/7 (505)877-6967
- → Albuquerque Opportunity Center, 715 Candelaria RD NE (505)344-2323
- → Hoffman Hall 505 Tennessee NE # A Albuquerque, NM | 505-554-9098
- → <u>Help New Mexico Inc</u> 5101 Copper Ave NE Albuquerque, NM | 505-265-3717
- → <u>NM Home Fund</u> | 1-833-485-1334