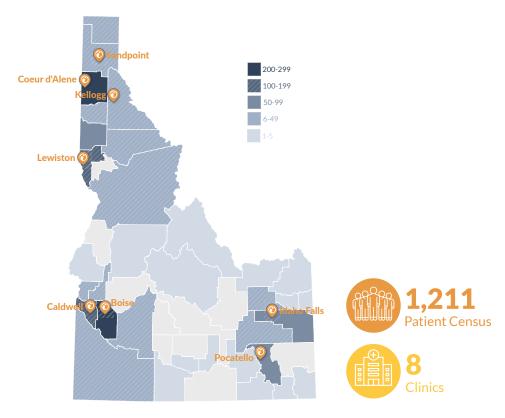


# 2024 Annual Report Brief PATIENT OUTCOMES

Ideal Option provides low-barrier treatment to people struggling with substance use disorder.



# Ideal Option's Treatment *Works*.

Lab testing results' for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

Г

# **Treatment Works**<sup>2</sup>



less fentanyl use



less meth use

## Life Improves<sup>3</sup>

94% (

reported improvement in housing reported improvement in employment Ideal Option has been providing evidence-based treatment for substance use disorder using FDAapproved medications — the gold standard in addiction treatment – for more than eight years in Idaho.

Self-reported outcomes gathered via survey of over 850 Ideal Option patients after a minimum of six months of treatment show:

<u>م</u>

Has your quality of life improved? **95% say YES!** 



Have you visited the ER for drug-related medical care since starting treatment? **91% say NO!** 

Do you feel confident in your ability to remain in recovery long-term? 97% say YES!



Have you had any drug-related arrests or charges since starting treatment? **95% say NO!** 



67% patients who returned for a second visit remained in treatment after 6 months

IDAHO

<sup>1</sup>Source: Ideal Option 2024 Annual Patient Outcomes Report

<sup>2</sup>The reduction in positive tests for all patients during 2024 at Maintenance B compared to Initiation Stage of Care.

<sup>3</sup>2025 Ideal Option Self-Reported Patient Outcomes Surve

### **Stages of Care**

#### **INITIATION**

New patients, re-start patients, or patients not yet stabilized on buprenorphine.





**STABILIZATION A** 

starting to feel stable

on buprenorphine and

have reduced their use

Patients who are

of opioids.

#### **STABILIZATION B**

#### Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.



#### **MAINTENANCE A**

Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

**Visit Every** 

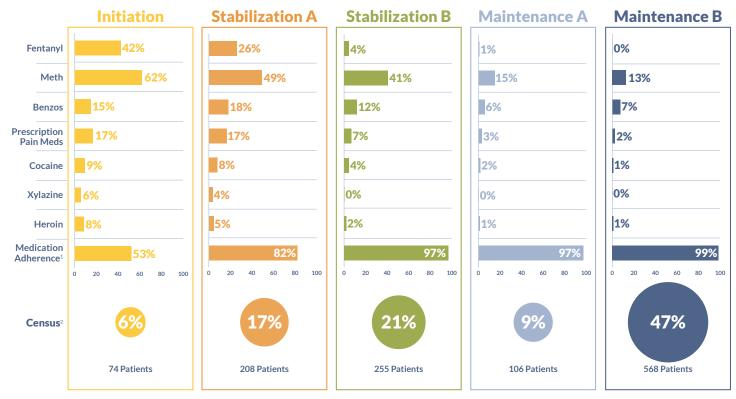
#### **MAINTENANCE B**

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.

Visit Every



#### **Average Positive Rates by Stage of Care**



 $^1$  Medication adherence refers to the positive test result for norbup renorphine, the metabolite of bup renorphine. <sup>2</sup> The Census by Stage of Care as of 12/31/2024 was 1,211 patients.

idealoption.com 1-877-522-1275

For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes