

2024 Annual Report Brief **PATIENT OUTCOMES**

Ideal Option provides low-barrier treatment to people struggling with substance use disorder.





Ideal Option's Treatment Works.

Lab testing results¹ for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

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Treatment Works²



less fentanyl use



less meth use





reported improvement in housing

reported improvement

in employment

Ideal Option has been providing evidence-based treatment for substance use disorder using FDAapproved medications - the gold standard in addiction treatment - for more than seven years in North Dakota.

Self-reported outcomes gathered via survey of over 850 Ideal Option patients after a minimum of six months of treatment show:





Have you visited the ER for drug-related medical care since starting treatment? 91% say NO!

Do you feel confident in your ability to remain in recovery long-term? 97% sav YES!



Have you had any drug-related arrests or charges since starting treatment? 95% say NO!



64% patients who returned for a second visit remained in treatment after 6 months

²The reduction in positive tests for all patients during 2024 at Maintenance B compared to Initiation Stage of Care.

Stages of Care

INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.





Patients who are

of opioids.

starting to feel stable

on buprenorphine and

have reduced their use

STABILIZATION A STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.



MAINTENANCE A

Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

Visit Every

MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.





disorder will follow specialized protocols

Average Positive Rates by Stage of Care



² The Census by Stage of Care as of 12/31/2024 was 494 patients.

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For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes