

## 2024 Annual Report Brief

# PATIENT OUTCOMES

Ideal Option provides low-barrier treatment to people struggling with substance use disorder.







Patient Census



Has your quality of life improved?

95% say YES!

Ideal Option has been providing evidence-based treatment for substance use disorder using FDA-

approved medications — the gold standard in addiction treatment - for more than five years in New Mexico.

Self-reported outcomes gathered via survey of over 850 Ideal Option patients after a minimum of six months of treatment show:

> Have you visited the ER for drug-related medical care since starting treatment? 91% say NO!



Do you feel confident in your ability to remain in recovery long-term?

97% sav YES!



Have you had any drug-related arrests or charges since starting treatment?

95% say NO!

# Ideal Option's Treatment Works.

Lab testing results for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

## Treatment Works<sup>2</sup>

Life Improves<sup>3</sup>

less fentanyl

use

less meth use

reported improvement in housing

reported improvement in employment



patients who returned for a second visit remained in treatment after 6 months

## **Stages of Care**

#### INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.

### have reduced their use of opioids.

**STABILIZATION A** 

starting to feel stable

on buprenorphine and

Patients who are

#### **STABILIZATION B**

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other nonprescribed substances.

## **1** Visit Every

#### **MAINTENANCE A**

Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

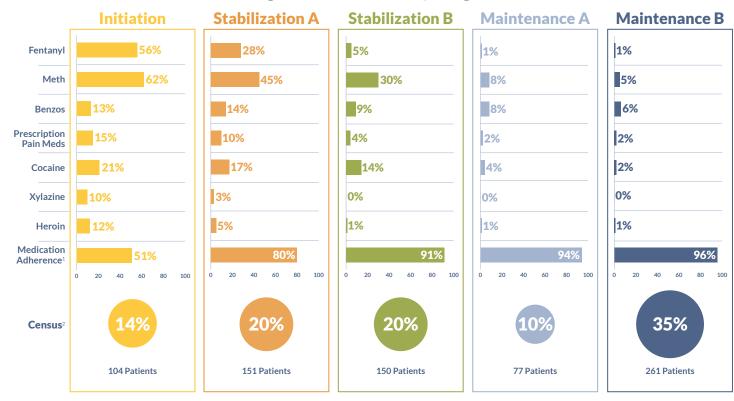
#### **MAINTENANCE B**

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.





### **Average Positive Rates by Stage of Care**



<sup>2</sup>The Census by Stage of Care as of 12/31/2024 was 743 patients.



idealoption.com

For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes