WASHINGTON



2024 Annual Report Brief PATIENT OUTCOMES

Ideal Option provides low-barrier treatment to people struggling with substance use disorder.



Ideal Option's Treatment *Works*.

Lab testing results' for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

Г

Treatment Works²



less fentanyl use



less meth use



94% (

reported improvement in housing reported improvement in employment

Patient Census

Ideal Option has been providing evidence-based treatment for substance use disorder using FDAapproved medications — the gold standard in addiction treatment – for more than 13 years in Washington.

Self-reported outcomes gathered via survey of over 850 Ideal Option patients after a minimum of six months of treatment show:



Has your quality of life improved? **95% say YES!**



Have you visited the ER for drug-related medical care since starting treatment? **91% say NO!**

D d l lo

Do you feel confident in your
 ability to remain in recovery
 long-term?
 97% say YES!



Have you had any drug-related arrests or charges since starting treatment? **95% say NO!**



69% patients who returned for a second visit remained in treatment after 6 months

¹Source: Ideal Option 2024 Annual Patient Outcomes Report

²The reduction in positive tests for all patients during 2024 at Maintenance B compared to Initiation Stage of Care.

³2025 Ideal Option Self-Reported Patient Outcomes Surve

Stages of Care

INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.





STABILIZATION A

starting to feel stable

on buprenorphine and

have reduced their use

Patients who are

of opioids.

STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other non-



MAINTENANCE A

Patients who are completely stable on buprenorphine and abstinent from all nonprescribed substances.

Visit Every

MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all nonprescribed substances.

Visit Every



Average Positive Rates by Stage of Care



¹ Medication adherence refers to the positive test result for norbuprenorphine, the metabolite of buprenorphine.

² The Census by Stage of Care as of 12/31/2024 was 7,285 patients.

idealoption.com 1-877-522-1275

For more outcomes data and to download the full annual report, visit idealoption.com/patient-outcomes