

2024 Annual Report Brief

PATIENT OUTCOMES

Ideal Option provides low-barrier treatment to people struggling with substance use disorder.



5
Clinics

887
Patient Census

Ideal Option has been providing evidence-based treatment for substance use disorder using FDA-approved medications – the gold standard in addiction treatment – for more than eight years in Maryland. Self-reported outcomes gathered via survey of over 850 Ideal Option patients after a minimum of six months of treatment show:

Has your quality of life improved?
95% say YES!

Have you visited the ER for drug-related medical care since starting treatment?
91% say NO!

Do you feel confident in your ability to remain in recovery long-term?
97% say YES!

Have you had any drug-related arrests or charges since starting treatment?
95% say NO!

Ideal Option's Treatment Works.

Lab testing results¹ for patients who remained in Ideal Option's treatment program and stayed on their prescribed medications show:

Treatment Works²



99.6%

less fentanyl use



61.3%

less meth use

Life Improves³



94%

reported improvement in housing



89%

reported improvement in employment



¹Source: Ideal Option 2024 Annual Patient Outcomes Report

²The reduction in positive tests for all patients during 2024 at Maintenance B compared to Initiation Stage of Care.

³2025 Ideal Option Self-Reported Patient Outcomes Survey

Stages of Care

INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.

2 Visits Every WEEK

STABILIZATION A

Patients who are starting to feel stable on buprenorphine and have reduced their use of opioids.

1 Visit Every WEEK

STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other non-prescribed substances.

1 Visit Every 2 WEEKS

MAINTENANCE A

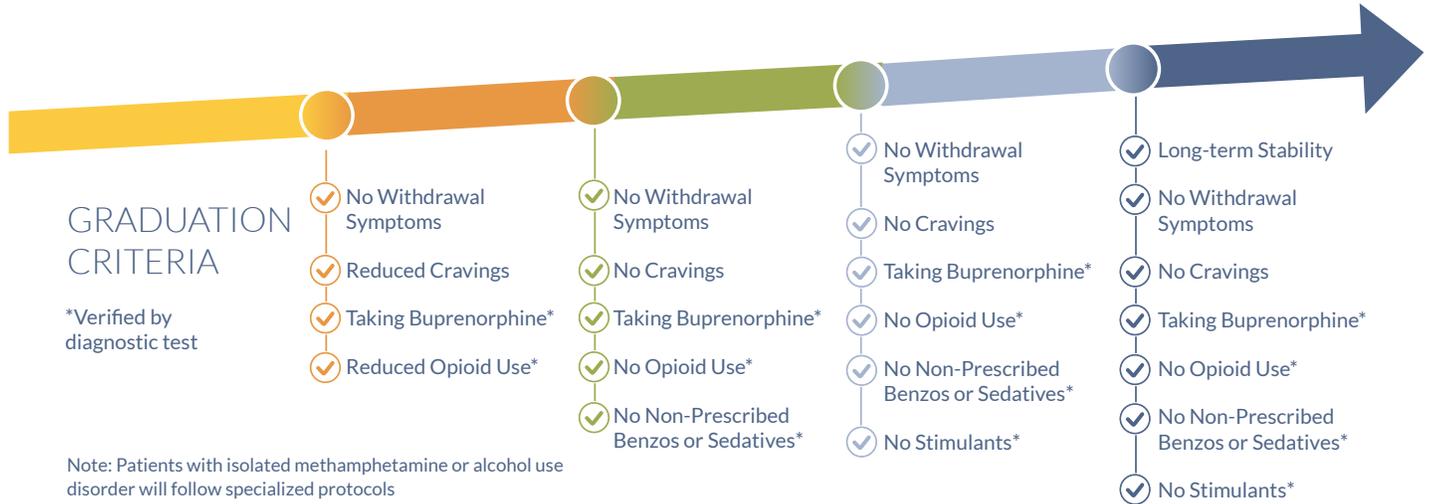
Patients who are completely stable on buprenorphine and abstinent from all non-prescribed substances.

1 Visit Every 3 WEEKS

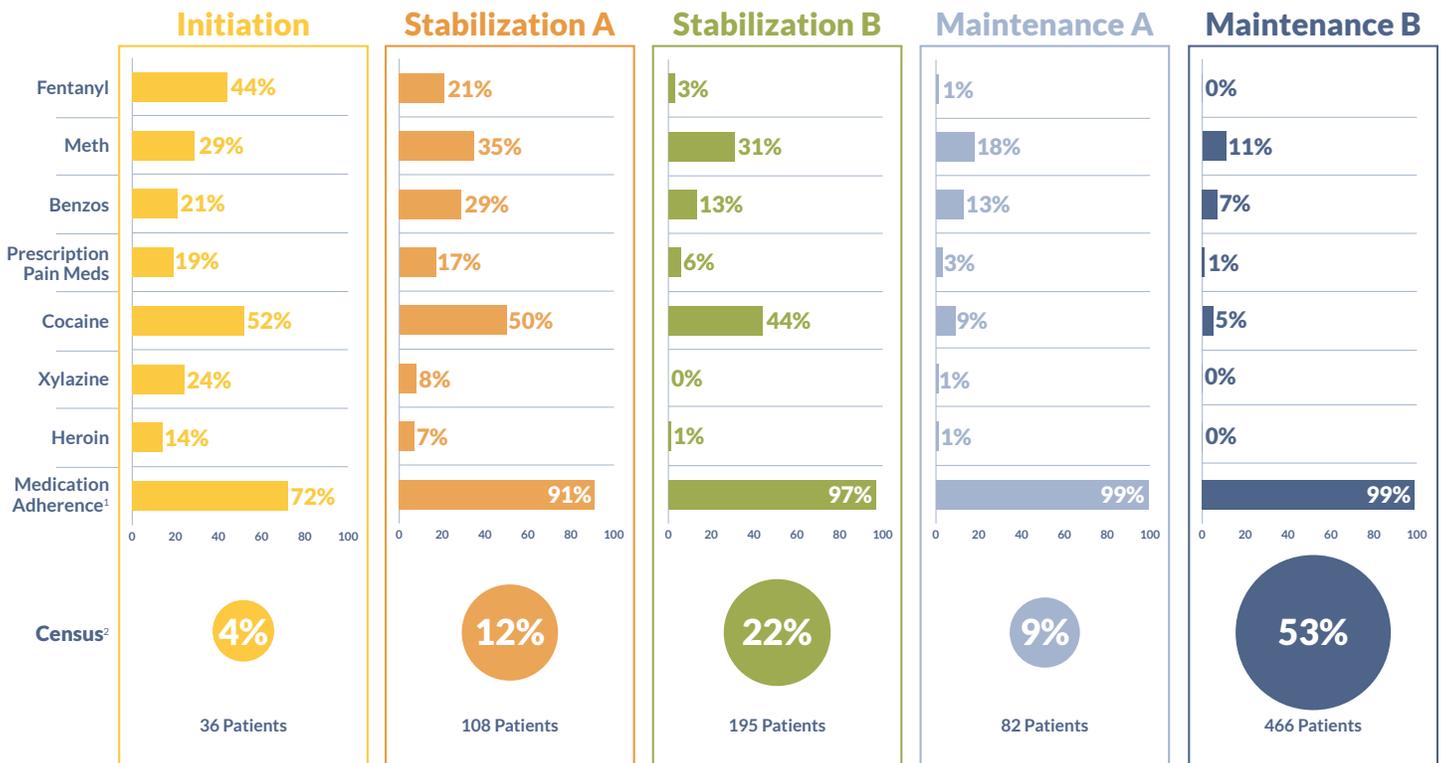
MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all non-prescribed substances.

1 Visit Every MONTH



Average Positive Rates by Stage of Care



¹ Medication adherence refers to the positive test result for norbuprenorphine, the metabolite of buprenorphine.

² The Census by Stage of Care as of 12/31/2024 was 887 patients.