



The Surgical Arts Center
PRE-OPERATIVE INSTRUCTIONS

A few days before your surgery, a nurse from the Surgical Arts Center will call you to notify you of your arrival time, and before surgery notifications.

Surgical Arts Center:

711 W. Lancaster Ave. Suite 300
Bryn Mawr, PA 19010
Phone: (484)222-6844
www.surgartscenter.com

Day of Surgery:

- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SCHEDULED SURGERY.**
- Necessity medications can be taken with a sip of water the morning of surgery.
- Wash your body the night before or day of with an antiseptic skin cleanser, such as Hibiclens or a Dial antibacterial soap.
- Avoid going to surgery with styling products, make-up, moisturizers, perfume, cologne, etc.
- Wear comfortable, loose fitted clothing to surgery; upon arrival you will change into a gown and socks provided by the facility.
- Leave all valuables at home. This includes all jewelry. Body piercings will need to be removed.
- Arrive promptly at your scheduled time to allow adequate time for admission procedures.
- Bring your photo ID.
- Arrange for an adult to drive you to and from your surgery. You will not be allowed to drive yourself home. You will not be allowed to use Lyft, Uber, or a taxi service home.

Recovery Area:

- After surgery, you will be moved to the recovery area where you will be closely monitored until you are ready to go home.
- Times vary, but you expect to stay for another 1-2 hours. A nurse will be with you while you are recovering.
- You will be given discharge instructions when you are ready to leave. Feel free to ask any questions.

At Home After Surgery:

- If you have any questions/concerns while you are recovering, please contact your physician's office directly.