

# Technology, Creativity, + Eye for Perfection

A visionary in the field of aesthetic and reconstructive plastic surgery, **Dr. Kamakshi R. Zeidler**, board-certified plastic surgeon and founder of **Aesthetx**, speaks with *Gentry* about her background and the unique synergy that exists at her practice.

Even as a young child, Dr. Kamakshi R. Zeidler cherished the ability to care for others. As her interest in medicine grew, so did her passion for helping others in a way that inspired her creativity and sense of artistry.

She began her collegiate journey determined to find a career that would leverage her compassion and creative skills. Dr. Zeidler received a B.A. degree with honors from Rice University and a Doctorate of Medicine at the University of California San Francisco (UCSF) School of Medicine where she was inducted into the prestigious Alpha Omega Alpha Honor Society. She went on to complete her plastic surgery residency and postdoctoral research fellowship at UCSF and advanced microsurgical fellowship at Stanford University Medical Center.

Today, Dr. Zeidler is a leading board-certified plastic surgeon and founder and managing partner of Aesthetx, the premier plastic surgery and dermatology practice in Silicon Valley. Dr. Zeidler delivers a style of plastic surgery that is special and unique to each patient, allowing her to achieve beautiful, long-lasting, and naturally balanced results. As a thought leader in aesthetic and reconstructive plastic surgery, Dr. Zeidler is a leading authority and clinical investigator who partners with companies to bring new technologies and innovative products to the field. She prides herself on being a bridge between the needs of her patients and these companies to help shape the way new products enter the market.

"I am deeply committed to playing a leading role in the latest research and technology in the plastic surgery field," says Dr. Zeidler. "That said, I am also very selective and cautious to vet new technologies, and only bring

things into the practice that we know are going to be very high value for our patients."

## A Trusted Visionary Shaping the Field of Aesthetic Medicine

An author and lecturer, Dr. Zeidler's exquisite plastic surgery outcomes have earned her renown worldwide. She has authored many publications and papers on novel technologies, procedures, and safety for breast reconstruction and breast enhancement. In 2018, her publication, "The Safety of Textured and Smooth Silicone Implants," was selected as the Aesthetic Surgery Journal's best publication of the year. During her lectures worldwide, Dr. Zeidler educates other plastic surgeons on new technologies, as well as her own advanced techniques. Most recently, she presented at the FDA's special panel on breast implant safety and recently joined the FDA as an official consultant. Her wealth of information stems from the many roles she holds as a surgeon, researcher, advisor, and physician.

## A Cause Worth Fighting For

Dr. Zeidler is an advocate for women's health and serves on Cancer CAREpoint's board of directors. She enjoys working collaboratively with them as an advisor to help grow and scale the organization to serve the Silicon Valley community. Her commitment to bringing new technologies and advanced techniques to breast surgery has also helped countless women with breast cancer restore their physical beauty and confidence. To heighten awareness, she hosts an annual Breast Reconstruction Awareness Day (BRA Day) event which will take place again in October 2019.

"I am extremely passionate about driving

awareness regarding all of the options available to my patients, post-diagnosis," relates Dr. Zeidler. "The countless local women that I have helped throughout their breast cancer journeys and the breast reconstruction process are truly an inspiration to me."

## The Beauty of a Collaborative Practice

In 2017, Dr. Zeidler's longtime vision of creating a premier plastic surgery and dermatology practice became a reality when she formed Aesthetx. Dr. Zeidler partnered with her respected colleague and board-certified plastic surgeon, Dr. R. Laurence Berkowitz, whom she worked with for many years and shares the same commitment to patients, desire for perfection and supportive approach through life-changing procedures. To complete the team, she selected Dr. Amelia K. Hausauer to join Aesthetx as the Director of Dermatology. With 50 years of combined experience, each doctor has their own area of expertise and they have created a collaborative culture with an integrated approach that blends plastic surgery with procedural dermatology to produce the best results.

"Building Aesthetx and bringing together specialists I deeply respect and who share my vision has been an incredibly rewarding experience," notes Dr. Zeidler. "Our busy Silicon Valley clientele has the benefit of coming to one place for all of their aesthetic needs and our collaboration is built on a foundation of caring for patients in an incredibly personal way."

Aesthetx physicians provide their patients with access to customized care, comprehensive consultations and a combined strategy on how to approach each case. With both plastic surgery and dermatology specialties,

patients have access to a wide variety of treatments targeting medical conditions of the skin and soft tissue, as well as procedures designed to aesthetically enhance the face and body. For example, when Dr. Zeidler meets with patients to discuss breast enhancement, she presents a customized plan which includes the option of laser treatments to both leverage the downtime and dramatically reduce the appearance of scars. This is where Dr. Hausauer plays an integral role as she will often laser patients face or chest while under anesthesia which is an excellent use of recovery time and allows them to reemerge with a new body and extra glow.

In addition to providing the gamut of plastic surgery procedures, including breast surgery, rhinoplasty, abdominoplasty, and facial procedures, Aesthetx offers body contouring, laser resurfacing, and injectable therapies, all of which have noticeable results with very little to no recovery time.

"I am committed to offering the latest and most innovative treatments and procedures to our patients combined with an unprecedented level of personalized care," adds Dr. Zeidler. "I am so excited to continue to grow our practice, in addition to unveiling new developments in technology and treatments over the coming months that our Silicon Valley patients will love."

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