

# NEWBEAUTY®

THE BEAUTY AUTHORITY

WINTER-SPRING 2019

CELEBRITY  
OBSESSIONS:

THREAD LIFTS  
GLASS SKIN  
MICRO-FILLER

53+  
INCREDIBLE  
BEFORE &  
AFTERS

Why Everyone Loves

# Leslie Mann

NEWBEAUTY.COM

+ INSIDE: *true story:*  
WHY I GOT A  
FACELIFT AT 40

*what really works:*  
THE TRANSFORMATION  
ISSUE

## THE CLINIC Q & A

# Q

My teeth are starting to look almost "see-through." Can you really rebuild tooth enamel?



**RONALD GOLDSTEIN, DDS**  
Atlanta Cosmetic Dentist

"Over the years, enamel usually wears to some extent. That enamel wear on the front parts of teeth can make them look darker due to the underlying color of the dentin. The 'see-through' effect can also look grayer. The treatment for this wear is usually either bonding with lighter-colored composite resin, or porcelain veneers, which are the very best option. What is surprising to most patients is that bleaching is rarely the best option."

# Q

I bruise really easily. If I get Botox, what will happen?



**MARK A. PETROFF, MD**  
Lake Oswego, OR  
Facial Plastic Surgeon

"Bruising following Botox injections is possible in every patient; however using careful injection

techniques, light pressure post-injection and post-treatment icing usually prevents it in the vast majority of cases. The first step should be a consultation with a properly trained doctor to determine the best possible approach."

# Q

Yikes! I just saw my face under a Woods lamp and it showed that I have deep sun damage. Is there anything I can do now to erase it before it shows up on my skin?



**AMELIA K. HAUSAUER, MD**  
Campbell, CA Dermatologist

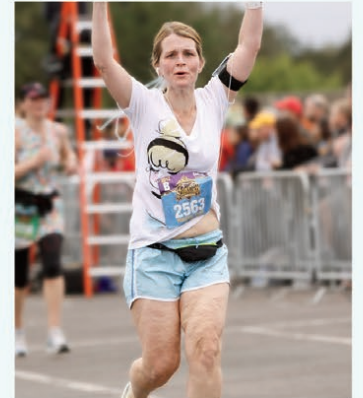
"We are exposed to environmental assault on a daily basis: ultraviolet light from the sun, pollution, smoke and many other toxins. All of these factors break down collagen and elastic fibers, or lead to pigment in our skin. Some changes are quickly apparent on our skin, while others take time to develop. At my practice, we offer laser-resurfacing treatments such as Halo, as well as other similar devices. Lasers are my favorite way of attempting to minimize damage that is not apparent to the naked eye, while accelerating skin rebuilding."

**NEWBEAUTY  
TOP  
DOCTOR**  
Turn to page 137 to  
find one near you.

PROMOTION

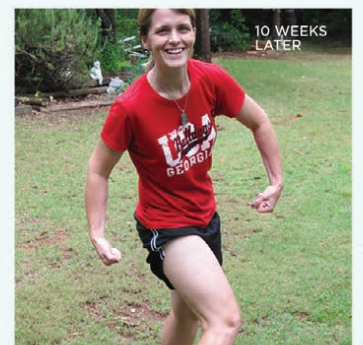
## FRESH OUTLOOK

Cindy | Age 37



### THE FIRST TIME I NOTICED MY CELLULITE

Completing my first half marathon after having my baby was a great achievement. But when I saw photos afterward, all I noticed was my cellulite. When I shared the pictures, everyone was shocked. That evening I stood in front of my mirror and had a moment of truth. I had to come to terms with what I looked like. Running alone was not enough to make a difference—I needed professional help.



### HOW I GOT RID OF IT

I tried other programs—personal trainers, workout DVDs and popular diets, but I never achieved sustainable results until I found **Armageddon Weight Loss Fitness Program**. My program consisted of a personal coach, strength training, nutrition, cardio, and hard science that fit my lifestyle. Not only did my cellulite disappear, but I also got stronger and more toned, and I could run faster.