

Quality

Simplicity

Conviviality

Authenticity

## Breakfast & Brunch

BREAKFAST SANDWICH   610 CAL with tomato-pepper jam, served with a green salar with bacon   +180 CAL	13.5
TOASTED HAM & GRUYÈRE CROISSANT   540 CAL served with a trio of mustard and a green salad	13.5
· with an organic egg*   +80 CAL	+3.5
SUNNY-SIDE BREAKFAST BOWL (N)   590 CAL organic sunny-side egg,* avocado, caramelized onion, roasted Brussels sprouts and sweet potato, farro, massaged kale, citrus-cumin salt, pistachio dukkah, served with our artisanal bread	16.5
<b>DUTCH MINI-PANCAKES   560 CAL</b> with banana, maple butter, powdered sugar	13
WARM BELGIAN WAFFLE   500 CAL with fresh berries and whipped cream	12

## Fresh Fruits & Jogurt

organic Greek yogurt, granola, fresh fruit	12
FRESH FRUIT SALAD (V)   90 CAL selection of seasonal fruit	8
ORGANIC STEEL-CUT OATMEAL $(\mathbf{V})$	9.5
· with fresh berries and milk of choice   180–280 CAL	9.75
<ul> <li>with honey walnuts, banana, maple syrup, and milk of choice (N)   320-420 CAL</li> </ul>	9.75

CHIA SEED PUDDING (V) (N) 590 CAL coconut milk, maple syrup, chia seeds, seasonal compote

# Organic Eggs

ROASTED CAULIFLOWER & CHEDDAR FRITTATA   420 CAL oven-baked omelette, served with a small green s	15.5 salad
TWO SOFT-BOILED EGGS*   160-890 CAL	11
SKILLET-BAKED EGGS* WITH AVOCADO, TOMATO & FETA   390 CAL	14.75
SKILLET-BAKED EGGS* WITH BACON & SCALLIONS   290 CAL	14.75
THREE EGG SCRAMBLE   270 CAL served with a small green salad	13
OMELETTES served with a small green salad	
Substitute with egg whites   140 CAL	+3.5
AVOCADO & TOMATO OMELETTE   580 CAL with tomato-pepper jam	16
SMOKED SALMON* OMELETTE   580 CAL with Greek yogurt	18.75
HAM & GRUYÈRE OMELETTE   430 CAL	18.25
MUSHROOM & GOAT CHEESE OMELETTE   400 CAL	17

## From Our Bakery

CROISSANT   260 CAL	4.75
PAIN AU CHOCOLAT   310 CAL	5.25
PAIN AUX RAISINS   320 CAL	5.25
PISTACHIO PINWHEEL (N) (S)	5.75
BUTTER BRIOCHE   350 CAL	5.25
HAZELNUT FLÛTE (N)   340 CAL	5.25
ALMOND CROISSANT (N)   530 CAL	5.75
CHOCOLATE ALMOND	5.75
CROISSANT (N)   580 CAL	
CHEESE DANISH   300 CAL	5.25
APPLE TURNOVER   250 CAL	5.25
CHIA SEED MUFFIN   450 CAL	5.5
BLUEBERRY MUFFIN (V)   490 CAL	5.5
QUINOA SPELT SCONE (N)   500 CAL	5.5
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#### Sides BREAD | 110-650 CAL sourdough wheat, sourdough rye, baguette, superseed, or five grain & raisin AVOCADO MASH | 370 CAL HUMMUS | 390 CAL BACON 150 CAL 6.5 PROSCIUTTO | 110 CAL

### Flatbreads

Pinsa	Romana	flatbread,	made wi	ith ancient	grains	& our	sourdou	ıgŀ

roasted mushrooms, pickled onion, arugula, balsamic glaze	17.5
BACON & GRUYÈRE BREKKIE*   830 CAL organic sunny-side egg, ricotta, tomato, olive oil, sweet harissa oil	17
CROQUE MADAME SANDWICH* 790 CAL	18

organic sunny-side egg, ham, Gruyère, bechamel, parsley, served with a small green salad

### Tation

/arlines	
Signature open-faced sandwiches, made on our sourdough	wheat
Substitute with superseed bread   230 CAL	+2
AVOCADO TOAST (V)   590 CAL avocado mash, citrus-cumin salt, chia seeds, side of marinated kale	15
• with an organic egg*   +80 CAL	+3.5
<ul><li>with smoked salmon*   +50 CAL</li></ul>	+5.5
CHICKEN & MOZZARELLA MELT   460 CAL fresh mozzarella, chicken, tomato-pepper jam, basil	17 oil
TURKEY, BACON & AVOCADO   590 CAL turkey, bacon, tomato, avocado, arugula, herb aioli	17
SMOKED SALMON*   540 CAL organic butter, scallion, dill, served with a side of her	<b>18.25</b> b aioli

#### **OUR COMBOS**

BAKER'S LUNCH   590-680 CAL	18.25
half of an avocado toast, a small quinoa &	
arugula salad, and a cup of soup of your ch	oice
• select two   <b>350-440 CAL</b>	14.25

### Cardinalas

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Serve	d with a small green salad   90 CAL	
with	ATO & MOZZARELLA   410 CAL basil oil, tomato, arugula, mic vinegar on olive ciabatta	14
	SCIUTTO & MANCHEGO   410 CAL dried figs and mustard butter on a French roll	15.
HAN	\ & GRUYÈRE   430 CAL	15.

with mustard and cornichons on a French roll

## Soup

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Served	with our	artisanal	bread	200	CAL

*	GAZPACHO   190-370 CAL topped with mango, cucumber, radish, basil	7.5 / 9.5
	CHICKEN SOUP   170–280 CAL with vegetables, quinoa, spicy harissa	7.5 / 9.5
	ORGANIC LENTIL SOUP (V)   230-460 CAL	7.5 / 9.5
	SOUP OF THE DAY   60-420 CAL	7.5 / 9.5

## Salads & Quiches

GRILLED CHICKEN COBB | 610 CAL

chicken, avocado, bacon, Fourme d'Ambert, cucumb hard-boiled egg, mixed greens, smoked tea vinaigrett served with our artisanal bread	
WARM GRAIN BOWL (N)   680 CAL warm farro, massaged kale, roasted sweet potato and Brussels sprouts, goat cheese, pickled cranberries honey walnuts, served with our artisanal bread	17
• with grilled chicken   +60 CAL	+5.25
BLACK LENTIL BOWL (V) (N)   480 CAL balsamic beets, hummus, lentils, grape tomatoes, mixed greens, pistachio dukkah, vinaigrette, spicy tahini, served with our artisanal bread	17
• with smoked salmon*   +50 CAL	+5.5
MEDITERRANEAN CAESAR   570 CAL grilled chicken, Niçoise olives, bell pepper, feta, croutons, romaine, kale, caesar dressing, zhug, served with our artisanal bread	19

served with our artisanal bread	
QUICHE LORRAINE   540 CAL	16.5
buttery crust filled with savory custard, ham,	
Gruvoro looks sorved with a small groop salad	

organic quinoa, fresh herbs, chickpeas, cucumber

& tomato salad, radish, house basil vinaigrette,

17

QUINOA & AVOCADO (V) | 580 CAL

MUSHROOM & GRUYÈRE QUICHE | 590 CAL buttery crust filled with savory custard, roasted mushrooms, served with a small green salad

## Desserts

CHOCOLATE CHIP CROOKIE   490 CAL	7
BANANA WALNUT CROOKIE $(\mathbf{N})$ $(\mathbf{S})$	7
GERMAN CHOCOLATE CROOKIE (N) (S)	7
CHOCOLATE CHIP COOKIE   710 CAL	5.5
DOUBLE CHOCOLATE CHIP COOKIE   250 CAL	4.5
STRAWBERRY MATCHA COOKIE (S)	4.5
SESAME TAHINI COOKIE (\$)	4.5
BELGIAN CHOCOLATE BROWNIE   580 CAL	6
MINI BROWNIE   170 CAL	3.5
MINI APRICOT CAKE (N)   140 CAL	3.5
MINI CARROT CAKE (V)   150 CAL	3.5
MINI BANANA CHOCOLATE CAKE (N) $ $ 160 CAL	3.5
COCONUT MACAROON (N)   230 CAL	3.5
MOUSSE CAKE (N)   470 CAL	8.25
LEMON TART   460 CAL	7.75
MIXED BERRY TART (N)   430 CAL	9
PASSIONFRUIT TART   510 CAL	7.75
APRICOT PISTACHIO TART (N)   380 CAL	7.75
PEAR ALMOND TART (N)   430 CAL	7.75
CANELÉ   180 CAL	4
FRENCH CREAM DOUGHNUT   550 CAL	6.75

## Hot Beverages

Includes whole & non-fat dairy milk.

<ul> <li>with oat milk or almond milk (N)</li> <li>add vanilla syrup   +30 CAL</li> </ul>	
CLASSICS	
COFFEE   0 CAL	4.5
CAPPUCCINO   60-130 CAL	5.5 / 6

CAPPUCCINO   60-130 CAL	5.5 / 6.5
LATTE   60-140 CAL	5.5 / 6.5
CAFÉ AU LAIT   40-110 CAL	5.5 / 6.5
ESPRESSO   0 CAL	4/5
AMERICANO   0 CAL	4.5 / 5.5
MACCHIATO   20-160 CAL	4.5 / 5
TEA   0 CAL	5

#### SPECIALTY

BELGIAN MOCHA   170-300 CAL	6.25 / 7.25
BELGIAN HOT CHOCOLATE   180-320 CAL	5.25 / 6
MATCHA LATTE   60-140 CAL	6.25 / 7.25
HONEY LEMON GINGER   90-200 CAL	5.5 / 6.25
CHAI LATTE   80-380 CAL	6.25 / 7.25

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Cold Deverages	
COLD BREW COFFEE   0 CAL	6
ICED LATTE   30-110 CAL	6
ICED MATCHA LATTE   60-140 CAL	6.5
ICED STRAWBERRY MATCHA LATTE (\$)	6.75
ICED PISTACHIO MATCHA LATTE (N) (S)	6.75
ICED TEA   0 CAL	5
ICED GREEN TEA   0 CAL	5
ORANGE JUICE   120 CAL	5.5
APPLE JUICE   150 CAL	5.5
STILL OR SPARKLING WATER   0 CAL	3.75

## Homemade Lemonades

LEMONADE   60 CAL	4.75
LEMONADE ICED TEA   40 CAL	5
MINT LEMONADE   60 CAL	5.75
STRAWBERRY LEMONADE (\$)	5.75

\*May contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

2,000 calories a day is used for general nutrition, but calorie needs vary. Additional nutritional information upon request.

FOOD ALLERGENS: If you have a food allergy, please speck to the manager or your server. Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, MILK, SOY, FISH, SHELLFISH & SESAME. (V) Vegan (N) Contains Nuts (S) Seasonal Item

HAM & GRUYÈRE | 320 CAL