

DINE-IN

Quality Simplicity Convivality Authenticity

na flatbread, made with ancient grains & our sourdough

BLUE CHEESE, ROASTED PEAR & HOT HONEY (N) (S) 17.5

mozzarella, pistachios, arugula, microgreens

BACON & GRUYÈRE BREKKIE* | 830 CAL

RICOTTA, MUSHROOM GRUYÈRE | 690 CAL roasted mushrooms, pickled onion, arugula, balsamic glaze

Flatbreads

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	Breakfast & Brunch	
	EGG,* CHEDDAR & AVOCADO BREAKFAST SANDWICH 610 CAL	13.5
	with tomato-pepper jam, served with a small green salad \cdot with bacon +170 CAL	+3.25
	TOASTED HAM & GRUYÈRE CROISSANT 540 CAL served with a trio of mustard and a small green salad	13.5
	• with an organic egg* +80 CAL	+3.5
	SMOKED SALMON* & HERBED GOAT CHEESE CROISSANT SANDWICH 460 CAL with cucumber, pickled onion, arugula on	15
k	everything croissant, served with a small green salad SCRAMBLED EGGS & GRUYÈRE	14.5
•	CROISSANT SANDWICH 540 CAL on everything croissant, served with a small green salad • with smoked salmon* +50 CAL	+5.5
	• with bacon +170 CAL • with avocado +70 CAL	+3.25
	SUNNY-SIDE BREAKFAST BOWL (N) 590 CAL organic sunny-side egg,* avocado, caramelized onion, roa	16.5
	Brussels sprouts and sweet potato, farro, massaged kale, cumin salt, pistachio dukkah, served with our artisanal bre	ad
	DUTCH MINI-PANCAKES 560 CAL with banana, maple butter, powdered sugar	13.75
*	BRIOCHE FRENCH TOAST 880 CAL with roasted apples, blueberries, chantilly cream, powdered sugar, maple syrup, cinnamon, mint	15
	WARM BELGIAN WAFFLE 500 CAL with fresh berries and chantilly cream	12.95
	Organic Eggs	
	Served with our artisanal bread 200 CAL	
*	ROASTED BUTTERNUT SQUASH & GOAT CHEESE FRITTATA 640 CAL	15.75
	oven-baked omelette, served with a small green salad TWO SOFT-BOILED EGGS* 160-890 CAL	11
	SKILLET-BAKED EGGS* WITH	15
	AVOCADO, TOMATO & FETA 390 CAL SKILLET-BAKED EGGS* WITH	15
	BACON & SCALLIONS 290 CAL THREE EGG SCRAMBLE 270 CAL	13
	served with a small green salad	13
	OMELETTES served with a small green salad	
	Substitute with egg whites 140 CAL AVOCADO & TOMATO OMELETTE 580 CAL	+3.5 16
	with tomato-pepper jam SMOKED SALMON* OMELETTE 580 CAL	18.75
	with Greek yogurt HAM & GRUYÈRE OMELETTE 430 CAL	18.25
	MUSHROOM & GOAT CHEESE OMELETTE 400 CAL	17
•	Fruit, Grains & Jog	
	YOGURT GRANOLA PARFAIT (N) 470 CAL organic Greek yogurt, granola, fresh fruit	12
	FRESH FRUIT SALAD (V) 90 CAL selection of seasonal fruit	8.5
	ORGANIC STEEL-CUT OATMEAL (V) with fresh berries and milk of your choice 180-280 CAL	9.5 9.75
	with honey walnuts, banana, maple syrup, and milk of your choice (N) 320-420 CAL	9.75
	CHIA SEED PUDDING (V) (N) 590 CAL coconut milk, maple syrup, chia seeds, seasonal compote	9.5
*	BAKED APPLE CINNAMON OATS (N) (S)	12
	made with almond milk, maple syrup, chia seeds, vanilla, Greek yogurt, cinnamon, honey walnuts, mint, served with a side of milk of your choice	
*	$ \begin{array}{l} \textbf{COLD OVERNIGHT OATS (V) (N) (S)} \\ \textbf{made with almond milk, maple syrup, chia seeds, vanilla,} \\ \textbf{topped with roasted cinnamon apple and blueberries} \\ \end{array} $	10
	From Our Bakery	
	CROISSANT 260 CAL	5
	PAIN AU CHOCOLAT 310 CAL PAIN AUX RAISINS 320 CAL	5.5 5.5
	BUTTER BRIOCHE 350 CAL	5.25
	HAZELNUT FLÛTE (N) 340 CAL ALMOND CROISSANT (N) 530 CAL	5.25 6
	CHOCOLATE ALMOND CROISSANT (N) 580 CAL	6.5
*	PUMPKIN TWIST (S)	5.25
	CHEESE DANISH 300 CAL APPLE TURNOVER 250 CAL	5.25 5.25
*	PUMPKIN MUFFIN (S)	5.5
	CHIA SEED MIJEEIN 450 CAI	5.5

CHIA SEED MUFFIN | 450 CAL

sourdough wheat, sourdough rye,

AVOCADO MASH | 370 CAL

baguette, superseed, or five grain $\&\ raisin$

Sides

BREAD | 110-650 CAL

HUMMUS | 390 CAL BACON | 150 CAL

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PROSCIUTTO | 110 CAL

HAM & GRUYÈRE | 320 CAL

BLUEBERRY MUFFIN (V) | 490 CAL

QUINOA SPELT SCONE (N) | 500 CAL

organic sunny-side egg, ricotta, tomato, olive oil, sw	17 eet harissa oil
CROQUE MADAME SANDWICH* 790 CAL	18
organic sunny-side egg, ham, Gruyère, bechamel, parsley, served with a small green salad	
F/,	
Tartines	
Signature open-faced sandwiches, made on our sourdough	wheat
Substitute with superseed bread 230 CAL	+2
AVOCADO TOAST (V) $ $ 590 CAL	15.5
avocado mash, citrus-cumin salt, chia seeds, side of marinated kale	
• with an organic egg* +80 CAL	+3.5
• with smoked salmon* +50 CAL	+5.5
GOAT CHEESE & DELICATA SQUASH TOAST (\$)	16.5
herbed goat cheese, roasted delicata squash, pomeg microgreens, extra virgin olive oil, hot honey on sour	
CHICKEN & MOZZARELLA MELT 460 CAL	17
fresh mozzarella, chicken, tomato-pepper jam, basil	
TURKEY, BACON & AVOCADO 590 CAL	17.5
turkey, bacon, tomato, avocado, arugula, herb aioli	
SMOKED SALMON* 540 CAL organic butter, scallion, dill, served with a side of her	18.25 h. aioli
organic batter, scanion, and, served with a side of her	D dioli
BAKER'S LUNCH 590-680 CAL	18.5
half of an avocado toast, a small quinoa & arugula salad, and a cup of soup of your choice	.
• select two 350–440 CAL	14.5
Science two 1999 1440 CAE	14.5
Sandwiches & Toas	1
Jandwiches & loas	ues
Served with a small green salad 90 CAL	
CHICKEN & MUSHROOM TOASTIE 1030 CAL	17.5
with caramelized onion, Gruyère, truffle mayo on sourdough wheat	
HARVEST TURKEY CLUB TOASTIE (\$)	17 5
with herbed goat cheese, cranberry chutney,	17.5
roasted sweet potato, Brussels sprouts,	
truffle mayo on sourdough wheat	
TARRAGON CHICKEN SALAD CROISSANT 380 with pickled onion and arugula	CAL 15.5
TOMATO & MOZZARELLA 410 CAL	14
with basil oil, tomato, arugula, balsamic vinegar on ol	ive ciabatta
PROSCIUTTO & MANCHEGO 410 CAL	15.5
with dried figs and mustard butter on a French roll HAM & GRUYÈRE 430 CAL	45.5
with mustard and cornichons on a French roll	15.5
Soup	
Seap	
Served with our artisanal bread 200 CAL	
GAZPACHO 190-370 CAL	7.5 / 9.5
topped with mango, cucumber, radish, basil CHICKEN SOUP 170-280 CAL	75.405
with vegetables, quinoa, spicy harissa	7.5 / 9.5
ORGANIC LENTIL SOUP (V) 230-460 CAL	7.5 / 9.5
SOUP OF THE DAY 60-420 CAL	7.5 / 9.5
Salads & Quiches	
Jums & Quines	
GRILLED CHICKEN COBB 610 CAL	20
chicken, avocado, bacon, Fourme d'Ambert, cucum hard-boiled egg, mixed greens, smoked tea vinaigret	
served with our artisanal bread	,
WARM GRAIN BOWL (N) 680 CAL	17
warm farro, massaged kale, roasted sweet potato	
and Brussels sprouts, goat cheese, pickled cranberrichoney walnuts, served with our artisanal bread	es,
with grilled chicken +60 CAL	+5.25
BLACK LENTIL BOWL (V) (N) 480 CAL	17
balsamic beets, hummus, lentils, grape tomatoes,	17
mixed greens, pistachio dukkah, vinaigrette,	
spicy tahini, served with our artisanal bread • with smoked salmon* +50 CAL	+5.5
•	د.دء
mEDITERRANEAN CAESAR 570 CAL grilled chicken, Niçoise olives, bell pepper,	
	19
feta, croutons, romaine, kale, caesar dressing,	19
zhug, served with our artisanal bread	19
	19 17

& tomato salad, radish, house basil vinaigrette,

HARVEST QUINOA SALAD (V)(N)(S)

arugula, quinoa, apple, roasted broccoli,

delicata squash, mint, parsley, pomegranate, pecan, vinaigrette, balsamic glaze

buttery crust filled with savory custard, ham,

Gruyère, leeks, served with a small green salad

MUSHROOM & GRUYÈRE QUICHE | 590 CAL

buttery crust filled with savory custard, roasted mushrooms, served with a small green salad

served with our artisanal bread

· with grilled chicken | +60 CAL

QUICHE LORRAINE | 540 CAL

· with avocado | +70 CAL

5.5

5.5

5.5

7

6.5

Desserts CHOCOLATE CHIP CROOKIE 490 CAL 7.25 GINGERBREAD PECAN CROOKIE (N) (S) 7.25 EGGNOG SNICKERDOODLE CROOKIE (S) PEAR CARDAMOM FRANGIPANE CROISSANT (N) (S) 6 STAR LINZER COOKIE (\$) SPICED GINGERBREAD CHOCOLATE CHIP COOKIE (S) PEAR GINGERBREAD LOAF SLICE (\$) 5.25 CHOCOLATE CHIP COOKIE | 710 CAL 5.5 DOUBLE CHOCOLATE CHIP COOKIE | 250 CAL 4.5 BELGIAN CHOCOLATE BROWNIE | 580 CAL MINI BROWNIE | 170 CAL MINI APRICOT CAKE (N) 140 CAL 3.5 MINI CARROT CAKE (V) 150 CAL 3.5 MINI BANANA CHOCOLATE CAKE (N) | 160 CAL 3.5 COCONUT MACAROON (N) 230 CAL 3.5 MOUSSE CAKE (N) 470 CAL LEMON TART | 460 CAL 7.75 MIXED BERRY TART (N) | 430 CAL 9 PASSIONFRUIT TART | 510 CAL 7.75 APRICOT PISTACHIO TART (N) 380 CAL 7.75 PEAR ALMOND TART (N) | 430 CAL CANELÉ | 180 CAL FRENCH CREAM DOUGHNUT | 420 CAL APPLE PECAN CRUMBLE CHEESECAKE (N) (S) Hot Beverages Includes whole & non-fat dairy milk. - with oat milk or almond milk (\mathbf{N}) · add vanilla syrup | +30 CAL +1 \cdot add pistachio syrup (N) | +100 CAL CLASSICS COFFEE | 0 CAL 4.75 CAPPUCCINO | 60-130 CAL 5.5 / 6.5 LATTE | 60-140 CAL 5.5 / 6.5 CAFÉ AU LAIT | 40-110 CAL 5.5 / 6.5 ESPRESSO | 0 CAL 4/5 AMERICANO 0 CAL 4.5 / 5.5 MACCHIATO | 20-160 CAL 4.5 / 5 TEA | 0 CAL Ask your server about our tea selection SPECIALTY PUMPKIN SPICE LATTE (S) 6/7 BELGIAN MOCHA 170-300 CAL 6 25 / 7 25 **BELGIAN HOT** 5.25 / 6 CHOCOLATE | 180-320 CAL MATCHA LATTE | 60-140 CAL 6.25 / 7.25 5.5 / 6.25 HONEY LEMON GINGER | 90-200 CAL CHAI LATTE | 80-380 CAL 6.25 / 7.25 Cold Beverages COLD BREW COFFEE | 0 CAL ICED PUMPKIN SPICE LATTE (S) 6.5 ICED LATTE | 30-110 CAL ICED PISTACHIO MATCHA LATTE (N) | 90-160 CAL ICED MATCHA LATTE | 60-140 CAL 6.5 ICED TEA | 0 CAL ICED GREEN TEA | 0 CAL

Homemade Lemonades

LEMONADE | 60 CAL 5

LEMONADE | CED TEA | 40 CAL 5.75

MINT LEMONADE | 60 CAL 5.75

5.5

ORANGE JUICE | 120 CAL

STILL OR SPARKLING WATER | 0 CAL

APPLE JUICE 150 CAL

+5.25

+3.25

16.5

*May contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. 2,000 colories a day is used for general nutrition, but calorie needs vary. Additional nutritional information upon request.

FOOD ALLERGENS: If you have a food allergy, please speak to the manager or your server. Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, MILK, SOY, FISH, SHELLIFISH & SESAME.

(V) Vegan (N) Contains Nuts (S) Seasonal Item