



DINE-IN

Quality

Simplicity

Conviviality

Authenticity

Breakfast & Brunch

EGG* CHEDDAR & AVOCADO BREAKFAST SANDWICH 610 CAL	13.75
with tomato-pepper jam, served with a small green salad	
• with bacon +170 CAL	+3.25
TOASTED HAM & GRUYÈRE CROISSANT 540 CAL	13.5
served with a trio of mustard and a small green salad	
• with an organic egg* +80 CAL	+3.5
SMOKED SALMON* & HERBED GOAT CHEESE CROISSANT SANDWICH 460 CAL	15.5
with cucumber, pickled onion, arugula on everything croissant, served with a small green salad	
SCRAMBLED EGGS & GRUYÈRE CROISSANT SANDWICH 540 CAL	14.5
on everything croissant, served with a small green salad	
• with smoked salmon* +50 CAL	+5.75
• with bacon +170 CAL	+3.25
• with avocado +70 CAL	+3.25
SUNNY-SIDE BREAKFAST BOWL (N) 590 CAL	17
organic sunny-side egg*, avocado, caramelized onion, roasted Brussels sprouts and sweet potato, farro, massaged kale, citrus-cumin salt, pistachio dukkah, served with our artisanal bread	
DUTCH MINI-PANCAKES 560 CAL	14
with banana, maple butter, powdered sugar	
BRIOCHE FRENCH TOAST 880 CAL	15
with roasted apples, blueberries, chantilly cream, powdered sugar, maple syrup, cinnamon, mint	
WARM BELGIAN WAFFLE 500 CAL	13
with fresh berries and chantilly cream	

Organic Eggs

Served with our artisanal bread | 200 CAL

CHORIZO, SWEET POTATO & KALE FRITTATA (S)	16.5
oven-baked omelette with cheddar, served with a small green salad	
ROASTED BUTTERNUT SQUASH & GOAT CHEESE FRITTATA 640 CAL	16.5
oven-baked omelette, served with a small green salad	
TWO SOFT-BOILED EGGS* 160-890 CAL	13
SKILLET-BAKED EGGS* WITH AVOCADO, TOMATO & FETA 390 CAL	15.25
SKILLET-BAKED EGGS* WITH BACON & SCALLIONS 290 CAL	15.25
THREE EGG SCRAMBLE 270 CAL	14
served with a small green salad	
OMELETTES	
served with a small green salad	
Substitute with egg whites 140 CAL	+3.5
AVOCADO & TOMATO OMELETTE 580 CAL	17
with tomato-pepper jam	
SMOKED SALMON* OMELETTE 580 CAL	20
with Greek yogurt	
HAM & GRUYÈRE OMELETTE 430 CAL	18.5
MUSHROOM & GOAT CHEESE OMELETTE 400 CAL	18

Fruit, Grains & Yogurt

YOGURT GRANOLA PARFAIT (N) 470 CAL	12.5
Greek yogurt, granola, fresh fruit	
FRESH FRUIT SALAD (V) 90 CAL	8.5
selection of seasonal fruit	
ORGANIC STEEL-CUT OATMEAL (V)	9.5
• with fresh berries and milk of your choice 180-280 CAL	10.25
• with honey walnuts, banana, maple syrup, and milk of your choice (N) 320-420 CAL	10.25
CHIA SEED PUDDING (V) (N) 590 CAL	9.5
coconut milk, maple syrup, chia seeds, seasonal compote	

From Our Bakery

CROISSANT 260 CAL	5
PAIN AU CHOCOLAT 310 CAL	5.5
PAIN AUX RAISINS 320 CAL	5.5
BUTTER BRIOCHE 350 CAL	5.5
HAZELNUT FLÛTE (N) 340 CAL	5.5
ALMOND CROISSANT (N) 530 CAL	6.25
CHOCOLATE ALMOND CROISSANT (N) 580 CAL	6.5
CHEESE DANISH 300 CAL	5.5
APPLE TURNOVER 250 CAL	5.5
CINNAMON BABKA BRIOCHE (S)	6
CHIA SEED MUFFIN 450 CAL	5.75
BLUEBERRY MUFFIN (V) 490 CAL	5.75
QUINOA SPELT SCONES (N) 500 CAL	5.5
CHOCOLATE CHIP SCONES (S)	5.5

Sides

BREAD 110-650 CAL	6
sourdough wheat, sourdough rye, baguette, superseed, or five grain & raisin	
AVOCADO MASH 370 CAL	7
HUMMUS 390 CAL	7
BACON 150 CAL	6.5
PROSCIUTTO 110 CAL	7
HAM & GRUYÈRE 320 CAL	9

Flatbreads

PINSA ROMANA FLATBREAD, made with ancient grains & our sourdough	
RICOTTA, MUSHROOM GRUYÈRE 690 CAL	18
roasted mushrooms, pickled onion, arugula, balsamic glaze	
BACON & GRUYÈRE BREKKIE* 830 CAL	17.5
organic sunny-side egg, ricotta, tomato, olive oil, sweet harissa oil	
CROQUE MADAME SANDWICH* 790 CAL	18.5
organic sunny-side egg, ham, Gruyère, bechamel, parsley, served with a small green salad	

Tartines

Signature open-faced sandwiches, made on our sourdough wheat	
Substitute with superseed bread 230 CAL	+2
AVOCADO TOAST (V) 590 CAL	16
avocado mash, citrus-cumin salt, chia seeds, side of marinated kale	
• with an organic egg* +80 CAL	+3.5
• with smoked salmon* +50 CAL	+5.75
CHICKEN & MOZZARELLA MELT 460 CAL	18
fresh mozzarella, chicken, tomato-pepper jam, basil oil	
TURKEY, BACON & AVOCADO 590 CAL	18
turkey, bacon, tomato, avocado, arugula, herb aioli	
SMOKED SALMON* 540 CAL	20
butter, scallion, dill, served with a side of herb aioli	

OUR COMBOS

BAKER'S LUNCH 590-680 CAL	19
half of an avocado toast, a small quinoa & arugula salad, and a cup of soup of your choice	
• select two 350-440 CAL	15.5

GRILLED THREE CHEESE TOASTIE & & TOMATO SOUP (S)	20
with Gruyère, fontina & fresh mozzarella, truffle mayo, caramelized onion on sourdough wheat, served with a cup of tomato basil soup and a small arugula salad	

Sandwiches & Toasties

Served with a small green salad 90 CAL	
CHICKEN & MUSHROOM TOASTIE 1030 CAL	18
with caramelized onion, Gruyère, truffle mayo on sourdough wheat	
TARRAGON CHICKEN SALAD CROISSANT 380 CAL	16
with pickled onion and arugula	
TOMATO & MOZZARELLA 410 CAL	14
with basil oil, tomato, arugula, balsamic vinegar on olive ciabatta	
PROSCIUTTO & MANCHEGO 410 CAL	16
with dried figs and mustard butter on a French roll	
HAM & GRUYÈRE 430 CAL	16
with mustard and cornichons on a French roll	

Soup

Served with our artisanal bread 200 CAL	
CHICKEN SOUP 170-280 CAL	7.75 / 9.75
with vegetables, quinoa, spicy harissa	
ORGANIC LENTIL SOUP (V) 230-460 CAL	7.75 / 9.75

Salads & Quiches

GRILLED CHICKEN COBB 610 CAL	20.5
chicken, avocado, bacon, Fourme d'Amboise, cucumber, hard-boiled egg, mixed greens, smoked tea vinaigrette, served with our artisanal bread	
WARM GRAIN BOWL (N) 680 CAL	17.5
warm farro, massaged kale, roasted sweet potato and Brussels sprouts, goat cheese, pickled cranberries, honey walnuts, served with our artisanal bread	
• with grilled chicken +60 CAL	+5.5
BLACK LENTIL BOWL (V) (N) 480 CAL	17.5
balsamic beets, hummus, lentils, grape tomatoes, mixed greens, pistachio dukkah, vinaigrette, spicy tahini, served with our artisanal bread	
• with smoked salmon* +50 CAL	+5.75
MEDITERRANEAN CAESAR 570 CAL	20
grilled chicken, Niçoise olives, bell pepper, feta, croutons, romaine, kale, caesar dressing, zinga, served with our artisanal bread	
QUINOA & AVOCADO (V) 580 CAL	17.5
organic quinoa, fresh herbs, chickpeas, cucumber & tomato salad, radish, house basil vinaigrette, served with our artisanal bread	
QUICHE LORRAINE 540 CAL	17.5
buttery crust filled with savory custard, ham, Gruyère, leeks, served with a small green salad	
MUSHROOM & GRUYÈRE QUICHE 590 CAL	17.5
buttery crust filled with savory custard, roasted mushrooms, served with a small green salad	

Desserts

CHOCOLATE CHIP CROOKIE 490 CAL	7.25
EARL GREY BLUEBERRY CROOKIE (S)	7.25
ALMOND BUTTER & JAM CROOKIE (N) (S)	7.25
CHOCOLATE CHIP COOKIE 710 CAL	6
DOUBLE CHOCOLATE CHIP COOKIE 250 CAL	4.5
BELGIAN CHOCOLATE BROWNIE 580 CAL	6.5
MINI BROWNIE 170 CAL	3.5
MINI APRICOT CAKE (N) 140 CAL	3.5
MINI CARROT CAKE (V) 150 CAL	3.5
MINI BANANA CHOCOLATE CAKE (N) 160 CAL	3.5
COCONUT MACAROON (N) 230 CAL	3.5
MOUSSE CAKE (N) 470 CAL	8.75
LEMON TART 460 CAL	8.5
MIXED BERRY TART (N) 430 CAL	9
PASSIONFRUIT TART 510 CAL	8.5
APRICOT PISTACHIO TART (N) 380 CAL	8.5
PEAR ALMOND TART (N) 430 CAL	8.5
CANELÉ 180 CAL	4
FRENCH CREAM DOUGHNUT 550 CAL	7

Hot Beverages

Includes whole & non-fat dairy milk.

- with oat milk or almond milk (N) +1
- add vanilla syrup | +30 CAL +1
- add pistachio syrup (N) | +100 CAL +1

CLASSICS

COFFEE 0 CAL	5
CAPPUCCINO 60-130 CAL	5.95 / 6.75
LATTE 60-140 CAL	