

This page is for your pre-surgical information. DO NOT return with forms. Thank you.



Drugs That May Affect Your Surgery

It is recommended you review this list with your doctor at the time of your physical

The drugs listed below interfere with blood clotting and make your surgery difficult or impossible. Please stop taking these drugs 14 days prior to surgery and for two weeks after as well, unless otherwise advised. If you have any questions regarding a medication you are taking and its potential to cause a bleeding problem, please discuss them with us.

The following drugs contain **ASPIRIN** which may interfere with blood clotting and **should be stopped two weeks prior to and two weeks after** your scheduled surgery:

Alka Seltzer	Aspirin	Emprin	Os-Cal Gesic	Synalgos
Anacin	Bayer Products	Equagesic	Phenergan	Talwin Compound
Arthritis Formula	BC tablets	Excedrin	Robaxial	Triamincin
Arthritis Bufferin	Darvon Compound	Fiorinal	Sine-Aid	Trilisate
Ascriptin	Dristan	Midol	Sine-Off	Vanquish
Aspergurr	Ecotrin	Momentum	Soma Compound	

- **COUMADIN and PLAVIX:** Please speak with your family doctor or cardiologist regarding specific instructions for discontinuing these medications. Our recommendation is to **stop 4 days prior to surgery and restart 24 hours** after the procedure.

The following drugs also affect blood clotting and **should be discontinued 7-10 days prior and 7-10 days post-op:**

<u>Trade Name</u>	<u>Generic Name</u>
Advil	Ibuprofen
Aleve	Naproxen
Anaprox	Naproxen
Ansaid	Flurbiprofen
Anturane	Sulfinpyrazone
Bextra	Valdecoxib
Butazolidin	Phenylbutazone
Celebrex	Celecoxib
Clinoril	Sulindac
Dolobid	Diflunisal
Feldene	Piroxicam
Indocin	Indomethacin
Lodine	Etodolac
Macrodantin	Nitrofurantoin
Mobic	Meloxicam
Motrin	Ibuprofen
Nalfon	Fenoprofen
Naprosyn	Naproxen
Naprelan	Naproxen
Orudis	Ketoprofen
Oruvail	Ketoprofen
Persantine	Dipyridamole
Relafen	Nabumetone
Ticlid	Ticlopidine
Tolectin	Tolmetin
Toradol	Ketorolac
Voltaren	Diclofenac

Herbal Supplements, Beverages and Vitamins That May Affect Your Surgery

Avoid the following foods, drinks and herbal supplements in the **two weeks before and two weeks after** surgery:

- Alcoholic Beverages (including wine)
- Vitamin E
- Fish Oil
- Garlic, Ginger, Horseradish, Green Tea, Chamomile, Quinine (Tonic Water)
- Ginko Biloba, Ginseng, St. John's Wort, Feverfew, Dong Quai