

from bowl to soul

since we first opened our doors in 1992, wagamama has been an eating house for the soul, serving up balanced bowls of modern asian soul food to our communal benches

our menu takes inspiration from across asia. from japan's ramen shops, to korea's canteens, and thailand's night markets. experimenting with flavour and texture, our bowls are flavour-packed, nutritious and satisfying. because we believe in **positive eating for positive living.** seeing food as nourishment. energy. the thing that punctuates your day, and what you look forward to after a long one. food is a shared moment of joy with the ones we love. and the fuel that keeps us energised and engaged in life

that's why we made it our mission to create nutritious, fresh bowls that leave you feeling rejuvenated, optimistic + restored. allowing you to nourish yourself completely. **from bowl to soul**



and to finish...

always room for dessert. this time with a fresh twist + the unique flavours of asia

1406 daisuki (v) 6.9 €

matcha savoiardo with red fruit cream + yuzu soft mousse* and passion fruit

1407 matcha tiramisu (v) 6.9 €

a japanese take on a traditional tiramisu with matcha tea sponge cake*

1408 yuzu tarte (v) 6.9 €

yuzu tarte with meringue* + strawberry compote

1403 apple + cinnamon gyoza 5.9 €

fried apple-stuffed gyoza* with vanilla ice cream* + cinnamon

1405 reiwa (v) 6.9 €

chocolate mousse, azuki compote*, ginger + caramel sauce

white chocolate + ginger cheesecake 6.7 €

a creamy cheesecake with a biscuit base and a zingy ginger twist*. drizzled with a rich toffee sauce and dusted with ginger icing sugar

142 banana katsu (v) 5.9 €

fresh banana coated in crispy panko breadcrumbs served with caramel ice cream* and drizzled with a rich toffee sauce



ice cream

1401 black sesame ice cream (v) 4.7 € three scoops of black sesame ice cream* with toffee sauce

yuzu sorbet 4.7 €

yuzu sorbet* with strawberry + mint

1404 matcha ice cream (v) 4.7 € three scoops of green tea ice cream* with passion fruit sauce*

140 coconut reika ice cream (v) 4.6 €

three scoops of coconut ice cream* served with coconut flakes + passion fruit sauce*

128 salted caramel ice cream (v) 4.6 €

three scoops of salted caramel ice cream* drizzled with a rich toffee sauce

hot drinks

end your meal with satisfying sipping

coffee

731 espresso 1.6 €

7331 decaf coffee 1.9 €

733 americano 1.9 €

735 latte macchiato (V) 2.3 €

737 cappuccino (v) 2.1 €

739 ginseng (v) 2 €

743 barley (v) 2 €

tea 3.3 €

english breakfast

tea blend with a full bodied taste

776 special jasmine

een leaf jasmine tea

lemon + ginger

fresh and light blend of green tea with ginger and citrus fruits

779 bancha fiorito

fresh and light blend of jasmine flavoured green tea

771 green tea

free. max 2 portions / person







sides + sharing

steamed, wrapped, folded, skewered. enjoy our small plates. full of flavour + perfect for sharing

two fluffy asian buns* with your choice of filling

torean barbecue beef 7.5 €

slow-cooked, tender barbecue beef brisket with red onion, freshly pickled asian slaw* + sriracha mayonnaise

114 mixed mushrooms 7.5 €

mixed mushrooms with crispy panko-coated aubergine + creamy mayonnaise. topped with coriander

115 pork belly 7.6 € ****

slow-cooked pork belly with crispy panko-coated apple, sriracha + mayonnaise. topped with coriander

our signature gyoza

five dumplings* packed with flavour served with a dipping sauce*

108 **new beef** 7.5 €

steamed gyoza*, served with korean barbecue sauce*

99 duck : 7.5 €

fried gyoza* until crispy and served with a sweet cherry hoisin dipping sauce*

101 yasai | vegetable 7.5 €

steamed green gyoza*, served with a chilli, soy + sesame dipping sauce*

102 prawn 7.6 €

fried gyoza* until crispy and served with a citrus ponzu dipping sauce*

100 chicken 7.5 €

steamed gyoza*, served with a chilli, soy + sesame dipping sauce*

fried gyoza* until crispy and served with a chilli, soy + sesame dipping sauce*

to discover

miso vegetables 5.9 €

crisp red pepper sticks, blanched fine beans*, fresh ginger and spring onion julienne, rich sticky miso sauce*, chilli + lime

kokopanko 🔪

crispy + zesty panko-coated fried chicken or aubergine, tossed in a coconut, chilli + lime salt rub. garnished with coriander + served with a side of sriracha mayo for dipping 98 aubergine 8.5€

96 chicken 9.3 €

mild medium very hot new refreshed refreshed

121 bang bang prawns 9.3 €

crispy prawns* coated in a spicy firecracker* mayonnaise. topped with spring onion, chilli and fresh lime



960 new lollipop prawn kushiyaki 9.3 €

prawn skewers marinated in lemongrass + chilli*. served with

107 chilli squid 9,3 €

our iconic crispy fried squid*, tossed in shichimi spice. served with a chilli + coriander dipping sauce*

104 edamame 4.9 €

simply salted edamame*. pop them out of their pod + enjoy

103 ebi katsu 8.5 €

butterflied prawns* coated in crispy panko. topped with fresh coriander + a lime wedge. served with a chilli + garlic dipping sauce*

97 pork ribs 8.3 €

pork ribs glazed in a korean barbecue sauce*. garnished with a sprinkle of mixed sesame seeds

110 bang bang cauliflower 5.9 €

crispy cauliflower coated in our spicy firecracker sauce* with red + spring onion. topped with fresh ginger + coriander

roti

a crisp + flaky open asian wrap*, perfectly crisped on the grill, generously stuffed with bold fillings and sauces bursting with flavor

109 beef brisket 9.9 €

topped with beef brisket with spicy korean bbq sauce*, on a bed of crunchy asian slaw*, fresh spinach + sriracha mayo

112 teriyaki chicken 9.9 € 🝆

topped with chicken with spicy teriyaki sauce*, on a bed of crunchy asian slaw*, fresh spinach + sriracha mayo

791 chicken katsu 9.9 €

topped with chicken* coated in crispy panko breadcrumbs, on a bed of crunchy pineapple slaw*, fresh spinach + sriracha mayo

792 yasai katsu (v) 9.6 €

topped with sweet potato coated in crispy panko breadcrumbs, on a bed of crunchy pineapple slaw*, fresh spinach drizzled with sriracha mayo and sprinkled with korean red pepper powder





cover charge 2 €



curry

whether mild + fragrant or packing a fiery punch, our curries are full of flavour

new coconut kare 17.9 € 📞

rich + citrussy with a hint of chilli. green veggies, fine beans* and squash next to a dome of white rice. served with asian slaw*, lamb's lettuce and a fresh zingy lime wedge

65 marinated chicken thigh

63 vasai I butternut squash

raisukaree 📞

mild + citrussy. a fragrant coconut sauce*, mangetout, red + green peppers and red + spring onion. served with a dome of white rice, chilli, coriander, sesame seeds + a fresh zingy lime wedge

79 prawn* 17.8 € 75 chicken 17.7 € 76 tofu 17.7 €

firecracker

a bold + fiery favourite, served with mangetout, red + green peppers, white + spring onion and hot red chillies, topped with a dome of white rice, sesame seeds, shichimi + a fresh zingy lime wedge

93 prawn* 17.8 € 92 chicken 17.7 € 91 tofu 17.7 €

katsu 14.5 €

iconic japanese flavours. chicken* or vegetables coated in crispy panko breadcrumbs topped with sticky white rice + an aromatic katsu curry sauce*. served with a dressed side salad + japanese pickles

71 chicken*

72 yasai sweet potato. aubergine butternut sauash

customise my rice

white (vg) steamed / sticky white (vg) steamed





donburi

a bowl full of soul. flavour-packed protein + vegetables on a bed of steaming rice

gochujang rice bowl 📞

your choice of chicken, prawn* or silken tofu coated in a spicy gochujang sauce with bok choi, pickled cucumber*, snow onion slaw* + red onion, served on a bed of sticky white rice, finished with spring onion, sliced red chilli and a sprinkle of sesame seeds + red

55 prawn* 14.8 € 56 chicken 14.7 € 59 tofu (v) 13.9 €

your choice of beef or chicken coated in teriyaki sauce* on a bed of sticky white rice, shredded carrots, lamb's lettuce + spring onions. sprinkled with sesame seeds and served with a side of kimchee

69 beef brisket 15.3 €

70 chicken 14.7 €

50 sweet + sour chicken 15.3 €

crispy chicken in a sweet + sour sauce* with red + green peppers and red onion, served with a dome of white rice with a sprinkle of red pepper powder. garnished with spring onion and ginger

white (vg) steamed / sticky white (vg) steamed

soulful bowls

a collection of bright bowls to nourish the soul

58 naked katsu kokoro bowl 15.7€

grilled curried chicken on a bed of rice with edamame beans*, shredded carrots, japanese pickles and dressed mixed leaves. served with a side of katsu curry sauce*

katsu salad

chicken* or aubergine coated in crispy panko breadcrumbs, tossed with dressed mixed leaves, apple slices, cucumber, edamame beans*, pickled asian slaw*, lamb's lettuce, japanese pickles, red chilli + coriander. served with a side of curried salad dressing*

74 chicken* 12.9 €

77 yasai | aubergine 12.6 €

refreshed sushi bowls

a bright bowl combining your choice of protein on a bed of sushi-style rice. served with wakame seaweed salad, mooli, edamame beans*, carrot and pineapple. topped with toasted sesame seeds and mayonnaise

244 prawn* 15.7 € 856 salmon* \$ 858 tofu (v) 13.9 €

15.7 €



teppanyaki

noodles sizzling from the grill. turned quickly so the noodles are soft and the vegetables stay crunchy

yaki soba

soba noodles* cooked with egg, peppers, beansprouts and white + spring onion. topped with crispy fried onions, pickled ginger + sesame seeds

40 chicken + prawn* 14.5 €

41 yasai 1 1141 yasai I mushroom (v) 14.3 € mushroom 14.3 €

egg removed for vegan diet choose from udon noodles* or rice noodles

pad thai 📞

rice noodles cooked in amai sauce* with egg, beansprouts, leeks, chilli and red + spring onion. topped with fried onions, mint, coriander + a fresh lime wedge

48 chicken + prawn* 15.5€

47 yasai 1 tofu (v) 14.9 €

tofu 14.9 € for vegan diet

1147 yasai I

45 teriyaki steak soba 18.9 € \

soba noodles* cooked in teriyaki sauce* and curry oil with steak, mangetout, bok choi, red + spring onion, chilli + beansprouts. topped with coriander + a sprinkle of sesame seeds

51 crispy beef soba 16.7 € \

soba noodles* cooked with egg, leek, beansprouts, spring onions and chilli. drizzled with a spicy teriyaki sauce* and topped with chilli + coriander

customise my noodles

soba* (v) thin, contains wheat + egg udon* (vg) thick, contains wheat rice noodle (vg) thin + flat

extras

303 chillies 1.3 € 300 rice 2.5 €

301 noodles* (v) 2.5 € 314 beef brisket 5.3 €

317 ramen chicken 3.7 € 3140 steak 7.5 € V

322 chicken 3.7 € 316 chicken katsu* 4.1 €

323 fish katsu* 3.7 €

321 pork 3.7 €

309 plain roti* 2.9 € 313 prawns* 3.6 € 310 tofu 2 €

315 salmon* \$ 8.5 € 307 mushroom 3.2 € 204 sauce 1.1 €

308 plain bao* 2.5 €

306 kimchee 1.5 € L

305 tea-stained egg (v) 1.6 € 304 iapanese pickles 1.3 €



ramen

slurp the noodles. sip the broth. our hearty bowls are topped with protein + fresh vegetables

tantanmen

ramen noodles* submerged in an extra rich chicken broth. topped with menma, kimchee + half a tea-stained egg. garnished with spring onion, coriander

189 chicken 17.3 € 191 vasqi |

mushroom 16.3 €

30 beef brisket 17.5€

gyoza ramen 16.7 € steamed gyoza*, served with a hearty vegetable broth, roasted

bok choi + chilli sambal paste. topped with spring onion, coriander. served with a side of chilli, soy + sesame dipping sauce* 21 yasai | vegetable*

37 chicken*

with ramen noodles* + half a tea-stained egg without egg

20 grilled chicken 14.7 €

marinated chicken breast + ramen noodles* served in a rich chicken broth with dashi + miso. topped with lamb's lettuce, menma + a spring onion garnish

31 shirodashi pork belly 15.1 €

slow-cooked pork belly drizzled with a spicy korean barbecue sauce* + ramen noodles* submerged in a rich chicken broth with dashi + miso, topped with lamb's lettuce, menma, wakame + half a tea-stained egg. garnished with spring onion

customise my broth

light chicken or vegetable

spicy chicken or vegetable with chilli* rich reduced chicken broth with dashi + miso



scan and let the photos

allergies + intolerances if you have a food allergy or intolerance, or need help accessing our allergen information, please let your server know before you order, every time you visit. the manager on duty will personally take and serve your order, whilst the kitchen manager will personally prepare your food as you require, this may mean that your meal may take a little longer than normal to prepare

the detailed list of allergens contained in the dishes served is available for consultation upon request, in compliance with regulation (eu) no. 1169/2011. we take every care to prevent cross-contamination, but we cannot quarantee the complete absence of allergens, as food and drinks are prepared in busy kitchens where these ingredients are present

our vegetarian and vegan dishes are prepared with great care, but minimal cross-contamination with animal-derived products may occur

(v) vegetarian (vg) vegan * may contain shell or small bones

* some products may have been originally frozen