



# from bowl to soul

since we first opened our doors in 1992, wagamama has been an eating house for the soul, serving up balanced bowls of modern asian soul food to our communal benches

our menu takes inspiration from across asia. from japan's ramen shops, to korea's canteens, and thailand's night markets. experimenting with flavour and texture, our bowls are flavour-packed, nutritious and satisfying. because we believe in **positive eating for positive living**. seeing food as nourishment. energy. the thing that punctuates your day, and what you look forward to after a long one. food is a shared moment of joy with the ones we love. and the fuel that keeps us energised and engaged in life

that's why we made it our mission to create nutritious, fresh bowls that leave you feeling rejuvenated, optimistic + restored. allowing you to nourish yourself completely. **from bowl to soul**



## and to finish...

always room for dessert. this time with a fresh twist  
+ the unique flavours of asia

**1406 daisuki (v) 7.1 €**  
matcha savoiardo with red fruit cream + yuzu soft mousse\*  
and passion fruit

**1407 matcha tiramisu (v) 7.1 €**  
a japanese take on a traditional tiramisu  
with matcha tea sponge cake\*

**1408 yuzu tarte (v) 7.1 €**  
yuzu tarte with meringue\* + strawberry compote

**1403 apple + cinnamon gyoza 6.3 €**  
fried apple-stuffed gyoza\* with vanilla ice cream\* + cinnamon

**1405 reiwa (v) 7.1 €**  
chocolate mousse, azuki compote\*, ginger + caramel sauce

**131 white chocolate + ginger cheesecake 6.7 €**  
a creamy cheesecake with a biscuit base and a zingy ginger  
twist\*. drizzled with a rich toffee sauce and dusted with  
ginger icing sugar

**142 banana katsu (v) 6.3 €**  
fresh banana coated in crispy panko breadcrumbs served with  
caramel ice cream\* and drizzled with a rich toffee sauce



## ice cream

**1401 black sesame ice cream (v) 5.1 €**  
three scoops of black sesame ice cream\* with toffee sauce

**1402 yuzu sorbet 5.1 €**  
yuzu sorbet\* with strawberry + mint

**1404 matcha ice cream (v) 5.1 €**  
three scoops of green tea ice cream\* with passion fruit sauce\*

**140 coconut reika ice cream (v) 4.9 €**  
three scoops of coconut ice cream\* served with coconut flakes  
+ passion fruit sauce\*

**128 salted caramel ice cream (v) 4.9 €**  
three scoops of salted caramel ice cream\*  
drizzled with a rich toffee sauce

## hot drinks

end your meal with satisfying sipping

### coffee

**731 espresso 1.7 €**

**7331 decaf coffee 1.9 €**

**733 americano 3 €**

**735 latte macchiato (v) 2.7 €**

**737 cappuccino (v) 2.7 €**

**739 ginseng (v) 2.5 €**

**743 barley (v) 2.5 €**

### tea 3.3 €

**761 english breakfast**  
tea blend with a full bodied taste

**776 special jasmine**  
green leaf jasmine tea

**778 lemon + ginger**  
fresh and light blend of green tea with  
ginger and citrus fruits

**779 bancha fiorito**  
fresh and light blend of jasmine  
flavoured green tea

**771 green tea**  
free. max 2 portions / person



# wagamama

sides + sharing

steamed, wrapped, folded, skewered. enjoy our small plates. full of flavour + perfect for sharing

bao

two fluffy asian buns\* with your choice of filling

113 korean barbecue beef 7.9 €
slow-cooked, tender barbecue beef brisket with red onion, freshly pickled asian slaw\* + sriracha mayonnaise

114 mixed mushrooms 7.9 €
mixed mushrooms with crispy panko-coated aubergine + creamy mayonnaise. topped with coriander

115 pork belly 7.9 €
slow-cooked pork belly with crispy panko-coated apple, sriracha + mayonnaise. topped with coriander

our signature gyoza

five dumplings\* packed with flavour served with a dipping sauce\*

108 new beef 7.9 €
steamed gyoza\*, served with korean barbecue sauce\*

99 duck 7.9 €
fried gyoza\* until crispy and served with a sweet cherry hoisin dipping sauce\*

101 yasai | vegetable 7.9 €
steamed green gyoza\*, served with a chilli, soy + sesame dipping sauce\*

102 prawn 8.3 €
fried gyoza\* until crispy and served with a citrus ponzu dipping sauce\*

100 chicken 7.9 €
steamed gyoza\*, served with a chilli, soy + sesame dipping sauce\*

105 pork 7.9 €
fried gyoza\* until crispy and served with a chilli, soy + sesame dipping sauce\*

to discover

117 new miso vegetables 6.3 €
crisp red pepper sticks, blanched fine beans\*, fresh ginger and spring onion julienne, rich sticky miso sauce\*, chilli + lime

the classics

960 new lollipop prawn kushiyaki 9.5 €
prawn skewers marinated in lemongrass + chilli\*. served with a caramelised lime

107 chilli squid 9.5 €
our iconic crispy fried squid\*, tossed in shichimi spice. served with a chilli + coriander dipping sauce\*

104 edamame 5.5 €
simply salted edamame\*. pop them out of their pod + enjoy

103 ebi katsu 9.3 €
butterflied prawns\* coated in crispy panko. topped with fresh coriander + a lime wedge. served with a chilli + garlic dipping sauce\*

97 pork ribs 8.7 €
pork ribs glazed in a korean barbecue sauce\*. garnished with a sprinkle of mixed sesame seeds

roti

a crisp + flaky open asian wrap\*, perfectly crisped on the grill, generously stuffed with bold fillings and sauces bursting with flavor

109 beef brisket 10.3 €
topped with beef brisket with spicy korean bbq sauce\*, on a bed of crunchy asian slaw\*, fresh spinach + sriracha mayo

112 teriyaki chicken 10.3 €
topped with chicken with spicy teriyaki sauce\*, on a bed of crunchy asian slaw\*, fresh spinach + sriracha mayo

791 chicken katsu 10.3 €
topped with chicken\* coated in crispy panko breadcrumbs, on a bed of crunchy pineapple slaw\*, fresh spinach + sriracha mayo

792 yasai katsu (v) 9.9 €
topped with sweet potato coated in crispy panko breadcrumbs, on a bed of crunchy pineapple slaw\*, fresh spinach drizzled with sriracha mayo and sprinkled with korean red pepper powder



curry

whether mild + fragrant or packing a fiery punch, our curries are full of flavour

new coconut kare 18.3 €
rich + citrussy with a hint of chilli. green veggies, fine beans\* and squash next to a dome of white rice. served with asian slaw\*, lamb's lettuce and a fresh zingy lime wedge

65 marinated chicken thigh 63 yasai | butternut squash

raisukaree 18.4 €
mild + citrussy. a fragrant coconut sauce\*, mangetout, red + green peppers and red + spring onion. served with a dome of white rice, chilli, coriander, sesame seeds + a fresh zingy lime wedge

79 prawn\* 75 chicken 76 tofu

katsu 15.9 €
iconic japanese flavours. chicken\* or vegetables coated in crispy panko breadcrumbs topped with sticky white rice + an aromatic katsu curry sauce\*. served with a dressed side salad + japanese pickles

71 chicken\* 72 yasai
sweet potato. aubergine butternut squash

customise my rice
white (vg) steamed
sticky white (vg) steamed



donburi

a bowl full of soul. flavour-packed protein + vegetables on a bed of steaming rice

gochujang rice bowl
your choice of chicken, prawn\* or silken tofu coated in a spicy gochujang sauce with bok choy, pickled cucumber\*, snow onion slaw\* + red onion. served on a bed of sticky white rice. finished with spring onion, sliced red chilli and a sprinkle of sesame seeds + red pepper powder

55 prawn\* 15.3 € 56 chicken 15.3 € 59 tofu (v) 14.5 €

teriyaki

your choice of beef or chicken coated in teriyaki sauce\* on a bed of sticky white rice, shredded carrots, lamb's lettuce + spring onions. sprinkled with sesame seeds and served with a side of kimchee

69 beef brisket 16.3 € 70 chicken 15.9 €

60 sweet + sour chicken 16.3 €
crispy chicken in a sweet + sour sauce\* with red + green peppers and red onion. served with a dome of white rice with a sprinkle of red pepper powder. garnished with spring onion and ginger

customise my rice
white (vg) steamed
sticky white (vg) steamed

soulful bowls

a collection of bright bowls to nourish the soul

58 naked katsu kokoro bowl 15.9 €
grilled curried chicken on a bed of rice with edamame beans\*, shredded carrots, japanese pickles and dressed mixed leaves. served with a side of katsu curry sauce\*

katsu salad 13.7 €
chicken\* or aubergine coated in crispy panko breadcrumbs, tossed with dressed mixed leaves, apple slices, cucumber, edamame beans\*, pickled asian slaw\*, lamb's lettuce, japanese pickles, red chilli + coriander. served with a side of curried salad dressing\*

74 chicken\* 77 yasai | aubergine

refreshed sushi bowls
a bright bowl combining your choice of protein on a bed of sushi-style rice. served with wakame seaweed salad, mooli, edamame beans\*, carrot and pineapple. topped with toasted sesame seeds and mayonnaise

244 prawn\* 16.5 € 856 salmon\* 16.5 € 858 tofu (v) 13.9 €
with miso mayonnaise with miso mayonnaise with mayonnaise



teppanyaki

noodles sizzling from the grill. turned quickly so the noodles are soft and the vegetables stay crunchy

yaki soba
soba noodles\* cooked with egg, peppers, beansprouts and white + spring onion. topped with crispy fried onions, pickled ginger + sesame seeds
40 chicken + prawn\* 15.3 € 41 yasai | mushroom (v) 14.7 € 1141 yasai | mushroom 14.7 €
egg removed for vegan diet. choose from udon noodles\* or rice noodles

pad thai
rice noodles cooked in amai sauce\* with egg, beansprouts, leeks, chilli and red + spring onion. topped with fried onions, mint, coriander + a fresh lime wedge

48 chicken + prawn\* 15.9 € 47 yasai | tofu (v) 15.7 € 1147 yasai | tofu 15.7 €
egg removed for vegan diet

45 teriyaki steak soba 18.9 €
soba noodles\* cooked in teriyaki sauce\* and curry oil with steak, mangetout, bok choy, red + spring onion, chilli + beansprouts. topped with coriander + a sprinkle of sesame seeds

51 crispy beef soba 17.5 €
soba noodles\* cooked with egg, leek, beansprouts, spring onions and chilli. drizzled with a spicy teriyaki sauce\* and topped with chilli + coriander

customise my noodles
soba\* (v) thin, contains wheat + egg
udon\* (vg) thick, contains wheat
rice noodle (vg) thin + flat

extras

303 chillies 1.3 € 308 plain bao\* 2.5 € 309 plain roti\* 2.9 € 313 prawns\* 3.6 € 310 tofu 2 € 315 salmon\* 8.5 € 307 mushroom 3.2 € 204 sauce 1.1 € 306 kimchee 1.5 € 305 tea-stained egg (v) 1.6 € 304 japanese pickles 1.3 €



ramen

slurp the noodles. sip the broth. our hearty bowls are topped with protein + fresh vegetables

tantanmen
ramen noodles\* submerged in an extra rich chicken broth. topped with menma, kimchee + half a tea-stained egg. garnished with spring onion, coriander
30 beef brisket 17.9 € 189 chicken 17.9 € 191 yasai | mushroom 17.5 €
with vegetable broth

gyoza ramen 16.9 €
steamed gyoza\*, served with a hearty vegetable broth, roasted bok choy + chilli sambal paste. topped with spring onion, coriander. served with a side of chilli, soy + sesame dipping sauce\*

37 chicken\* 21 yasai | vegetable\*
with ramen noodles\* + half with udon noodles\*. a tea-stained egg without egg

20 grilled chicken 15.7 €
marinated chicken breast + ramen noodles\* served in a rich chicken broth with dashi + miso. topped with lamb's lettuce, menma + a spring onion garnish

31 shirodashi pork belly 16.5 €
slow-cooked pork belly drizzled with a spicy korean barbecue sauce\* + ramen noodles\* submerged in a rich chicken broth with dashi + miso. topped with lamb's lettuce, menma, wakame + half a tea-stained egg. garnished with spring onion

customise my broth
light chicken or vegetable
spicy chicken or vegetable with chilli\*
rich reduced chicken broth with dashi + miso

can't decide? scan and let the photos of our dishes inspire you!

allergies + intolerances
if you have a food allergy or intolerance, or need help accessing our allergen information, please let your server know before you order, every time you visit. the manager on duty will personally take and serve your order, whilst the kitchen manager will personally prepare your food as you require. this may mean that your meal may take a little longer than normal to prepare
the detailed list of allergens contained in the dishes served is available for consultation upon request, in compliance with regulation (eu) no. 1169/2011. we take every care to prevent cross-contamination, but we cannot guarantee the complete absence of allergens, as food and drinks are prepared in busy kitchens where these ingredients are present
our vegetarian and vegan dishes are prepared with great care, but minimal cross-contamination with animal-derived products may occur