

Vol. 54 - Makeup Innovation + Neck Lift Texts

Brushes for not-so-steady hands, and a glimpse into glands.



JAMIE ROSEN | BEAUTY NOTES

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There are too many beauty products, blah, blah, blah. But every so often, something comes along—an ingredient, a method, a product—that breaks through the noise. It's harder than ever to claim true newness (and don't get me started on naming products—so hard right now!), but sometimes it's about a new way of doing things rather than total reinvention.

WHAT THE PLASTIC SURGEONS ARE TEXTING ABOUT...

GLANDS ARE THE WORD: When I went to visit facial plastic surgeon [Sean Alemi](#) last month, he shared that he is on a text thread with fellow surgeons, and the hot topic of the moment is a new tweak to the neck lift. "Some people send each other selfies," he says. "We send pictures of salivary glands."



[Dr. Alemi](#) uses these two "after" images to illustrate the visual difference of gland reduction, and the importance of properly treating what he calls "the deep neck." The top image is of a patient one year after a deep plane facelift and neck lift (platysmaplasty). The bottom is the same patient six months later, following a salivary gland reduction.

Turns out, there are submandibular (re: below the jaw) salivary glands that are redundant in the body, which he has started to shave during deep neck lifts. Over time, these glands fall and protrude, he explains. "The last 200 facelifts I've done I've done glands in 80 to 90 percent of them," he says. Again, seems niche and yet, I predict you'll soon be seeing a lot more surgeons and the commentators who love them talk about glands in 2026.