



POST PROCEDURE SKINCARE INSTRUCTIONS DAYS 5-14

Cleanse:

- Dispense 2-3 drops of *Epicutis Oil Cleanser* onto clean dry hands and apply to dry face. Use your fingertips to very gently massage the oil cleanser into your skin. Add a small amount of lukewarm (not hot) water to fingertips to emulsify the products and then rinse thoroughly with water. Use morning and night.

Treatment Serums:

- Apply 2 pumps of *Plated Calm Serum* to clean fingertips and apply to clean, dry skin immediately after cleansing. Use an additional pump for your neck and decollete. Use morning and night.
- Apply a pea sized amount of *Epicutis Lipid Serum* to clean fingertips. Gently spread it evenly over your face until it is fully absorbed. For your neck and decollete, use an additional pea sized drop. Use morning and night.

Moisturize:

- Once most of the skin has peeled off and re-epithelialized (usually on 5th day post procedure), we recommend that you use only the *Avene Cicalfate Restorative Cream* as the final step of your post procedure skincare routine. Use morning and night.