



ALEMI FACIAL PLASTIC SURGERY

POST PROCEDURE SKINCARE RECOMENDATIONS DAY 14 AND BEYOND

We encourage you to continue to use calming and soothing products on your skin over the next 4-6 weeks as your skin will continue to heal for up to 6 months. All of the products used in the post procedure skincare regimen can continue to be used and are available to buy at our office.

We advise that you do not use any “active” skin care products (retinoids, exfoliators, acid serums/washes, L-ascorbic acid vitamin C serum) for at least 4-6 weeks following your laser treatment. We are happy to provide you with specific product recommendations if you are interested.

If you have any questions about the skincare regimen or products, please feel free to call our office at 212-658-0093 or email our nurse practitioner, Carolyn, directly at carolyn@alemimd.com.