

# wagamama gluten-free

## starters

steamed, wrapped, folded, skewered. enjoy our small plates. full of flavour + perfect for sharing

### 96 lollipop prawn kushiyaki 7.5

three grilled prawn skewers, marinated in zesty lemongrass + chilli. served with a caramelised lime

### 104 edamame, your way 5.25

pop them out of their pod + enjoy simply salt / chilli + garlic salt



104



70

## donburi

a bowl full of soul. flavour-packed protein + vegetables on a bed of steaming rice

### 70 chicken teriyaki 11.85

chicken coated in tamari soy sauce on a bed of sticky white rice, shredded carrots, lamb's lettuce + spring onion. sprinkled with sesame seeds

## teppanyaki

noodles sizzling from the grill. turned quickly so the noodles are soft and the vegetables stay crunchy

### pad thai

rice noodles cooked in tamari soy sauce with egg, beansprouts, leeks, chilli and red + spring onion. topped with mint, coriander + a fresh lime wedge

### 48 chicken 13.25

### 47 tofu (v) 11.85

### 48 prawn 13.25

### 1147 tofu 11.85

egg removed to make vegan

### 46 salmon teriyaki soba 15.25

rice noodles cooked in tamari soy sauce and curry oil with mangetout, bok choy, red + spring onion, chilli + beansprouts. topped with coriander + a sprinkle of sesame seeds

### yaki soba

rice noodles cooked in tamari soy sauce, egg, peppers, beansprouts and white + spring onion. topped with pickled ginger + sesame seeds

### 40 chicken 13.25

### 41 mushroom (v) 11.85

### 40 prawn 11.85

### 1141 mushroom 11.85

egg removed to make vegan



41

## ramen

slurp the noodles. sip the broth. our hearty bowls are topped with protein + fresh vegetables

### **new** tom yum

a thai inspired sweet and tangy soup with coconut and lemongrass. rice noodles topped with mushrooms, red + spring onion, cherry tomatoes and bean sprouts. garnished with coriander + mint

**221** prawn 13.25   **220** chicken 13.25   **222** mixed mushroom 13.25

### **29** chicken tantanmen 13.25

slow-cooked chicken + rice noodles submerged in chicken broth. topped with half a tea stained egg. garnished with spring onion, coriander + chilli oil

### **23** kare burosu 14.5

shichimi-coated silken tofu submerged in vegetable broth with rice noodles. topped with wok-fried mixed mushrooms, lamb's lettuce, shredded carrots and a chilli + coriander garnish

## soulful bowls

a collection of bright bowls to nourish the soul

### koyo bowls

a bright bowl combining your choice of protein or vegetables with a sticky red chilli + miso sauce. served on a bed of mixed leaves, beetroot, carrot, cucumber, mooli, red radish + edamame beans. topped with crunchy sunflower seed brittle, coriander cress and a creamy white miso + mustard dressing on the side

**244** chicken + caramelised onion 12.45   **242** salmon 13.45   **240** aubergine + caramelised onion 12.45



242

## gluten-free

# the noodlers club

## ramen

### **920** mini ramen 5.75

rice noodles. chicken soup. grilled chicken breast. seasonal greens. carrots. sweetcorn

### **927** mini yasai ramen 5.75

rice noodles. vegetable soup. fried tofu. seasonal greens. carrots. sweetcorn.

## noodles

### mini yaki soba

teppan-fried rice noodles. egg. sweetcorn. mangetout. peppers. gluten-free soy sauce

**940** chicken 5.75

**941** yasai (v) 5.1

### **981** mini grilled noodles 5.75

rice noodles. grilled chicken breast. carrots. sweetcorn. cucumber. gluten-free soy sauce

## rice dishes

### mini cha han

stir-fried white rice. egg. sweetcorn. carrots. mangetout. gluten-free soy sauce

**977** chicken 5.25

**978** yasai (v) 5.25



920



940