

gluten free menu

this menu is for a gluten free diet. a great selection of our dishes that do not contain gluten in their ingredients.
these dishes are full of flavour, either remaining true to the original recipes or subtly modified to suit a gluten free diet



wagama★

the main event

gluten free menu

sides



1065

curries

vibrant + comforting

add extra protein
prawn + 3.5 chicken + 3.5 / tofu +2.1

coconut kare
rich + citrusy. tenderstem broccoli. fine beans. squash.
asian slaw. seasonal greens. white rice
1065 chicken 16.3
1063 squash 15.8



1020

ramen

rich ramen noodle soups

go big on your protein
add extra chicken +3.7

1020 **grilled chicken ramen** 14.8
marinated chicken. rice noodles. chicken broth.
seasonal greens. spring onion



1089

donburi

protein topped rice bowls full of flavour.
mix it up and tuck in

add extra protein
duck + 4 chicken + 3.5

1089 **grilled duck donburi** 18.9
gluten free sauce. carrots. mangetout. sweet potato.
cucumber. onion. fried egg. kimchee. sticky white rice

1070 **teriyaki chicken** 16.3
chicken thigh. gluten free sauce. carrots. pea shoots.
edamame beans. spring onion. sesame seeds. kimchee.
sticky white rice



1048

teppanyaki

sizzling noodles straight from the grill

add extra protein
chicken +3.7 prawn +3.7 tofu +2.2

1048 **chicken + prawn pad thai** 15.9
rice noodles. gluten free sauce. egg. beansprouts.
leek. red + spring onion. chilli. mint. coriander. lime

yaki rice noodles
rice noodles. egg. peppers. beansprouts. pickled ginger.
sesame seeds
1040 **chicken + prawn** 15.5
1041 **yasai | mushroom (v)** 14.9
1141 **yasai | mushroom without egg** 14.9



1096

1096 **lollipop prawn kushiyaki** 7.3
three grilled skewers in lemongrass + chilli

10104 **edamame** 4.9
salt or chilli + garlic salt



10104

and to finish...

ice cream 6.2
three scoops served with your choice of sauce.
passion fruit. toffee. chocolate
144 **vanilla ice cream**
146 **matcha tea ice cream**
128 **miso caramel ice cream**
140 **coconut reika ice cream**
served with coconut flakes



128



brought your little
ones to the bench?
ask the team about
our kids menu

(v) vegetarian (vg) vegan
🦗 contains/may contain shell or small bones
allergies + intolerances if you have a food allergy or intolerance, or need help
accessing our allergen information, please let your server know before you order,
every time you visit. the manager on duty will personally take and serve your order,
whilst the kitchen manager will personally prepare your food as you require. this
may mean that your meal may take a little longer than normal to prepare. whilst we
take every care to prevent cross-contamination, we cannot guarantee that your
dish will be free from allergenic ingredients as our food and drinks are prepared
in busy kitchens where cross-contamination may occur. our menu descriptions do
not include all ingredients