# My Health Record:
## Digital learning modules

**Established by the federal government in 2016, the Australian Digital Health Agency (Agency) is working towards connecting Australians to a healthier future through connected healthcare.**

The Agency partners with healthcare providers, other government departments and agencies, state and territory governments and industry to connect, promote and deliver digital technologies across the healthcare system.

This aims to enable:

- Easier access
- Management and sharing of health information for both healthcare providers and consumers across Australia

The Agency has a dedicated online learning hub, complete with e-Learning resources to help you improve your knowledge and usage of My Health Record, the my health app, advance care planning, electronic prescriptions and more.

You can follow step-by-step guides to feel more confident about how you can access and control your health data. Videos with an Auslan interpreter and subtitles are also available.
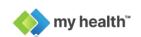
These online resources are available to **everyone** and cover an extensive overview of the digital health tools offered by the Agency.

Visit the **Agency's website** for more information.

CHF Consumers Health Forum OF Australia

My Health Record®

my health™

# Getting started

My Health Record is an online hub that gives you secure and convenient access to your key health information. The information in your My Health Record gives you and your healthcare providers a more complete picture of your health.

So you want to set up your My Health Record but don't know where to start? Here are some online resources that will help you get started.

**Key learning modules include:**

- **Getting started with My Health Record**
- **Your guide to the My Health Record homepage**
- **Medicare information settings in My Health Record**

# Privacy and access

You can decide what goes in your My Health Record and who can access it.

Find out how you can manage your important health information, including adding, removing, and setting controls for your authorised and nominated representatives.

**Key learning modules include:**

- **Privacy and access settings in My Health Record**
- **Healthcare provider organisation access levels in My Health Record**
- **Changing document access levels in My Health Record**
- **Becoming an authorised representative for children under 14 years of age in My Health Record**
- **Becoming an authorised representatives for individuals aged 14 years and over in My Health Record**
- **Giving access to a nominated representative in My Health Record**
- **Viewing your access history in My Health Record**

# Personal health information

- You can store details of people you would like to be contacted in a medical emergency in your record. This could be family members, or close friends or carers
- You can also upload any advance care planning documents, so your wishes can be safely and securely accessed if they were ever needed in a medical emergency
- You also have the option to add a health personal health note to record health notes or a personal health summary to share with healthcare providers

**Key learning modules include:**

- **Emergency contacts in My Health Record**
- **Advance care planning information in My Health Record**
- **Personal health notes in My Health Record**

**My Health Record:**
Digital learning modules

# Accessing your health records

My Health Record is a safe and secure place to keep diagnostic imaging reports, electronic prescriptions and more. Find out how you can access your health information by reading the information below.

## Immunisation information

Immunisation information comes from the Australian Immunisation Register and certain clinical documents in your record. You can store and access information about vaccines you have had in My Health Record, such as the COVID-19 vaccine.

**Key learning modules include:**

- **Immunisation information in My Health Record**
- **Linking your My Health Record and the Australian Immunisation Register**.

## Pathology and diagnostic imaging reports

Pathology reports may include results from blood tests, urine tests and biopsies and can be added to your record. A diagnostic imaging report may include results from X-rays, CT scans, ultrasounds and other diagnostic imaging examinations.

**Key learning modules include:**

- **Pathology reports in My Health Record**
- **Diagnostic imaging reports in My Health Record**

## Medical conditions, allergies and adverse reactions

You can use My Health Record to keep track of your medicines, add any allergies and adverse reactions. The Medical Conditions View brings together a consolidated list of medical conditions and procedures from a range of clinical documents available in My Health Record.

**Key learning modules include:**

- **Allergies, adverse reactions and medicines information in My Health Record**
- **Medical Conditions View in My Health Record**

## Shared health, event and discharge summaries

A shared health summary is a clinical record written by your primary healthcare provider such as your GP. Event summaries contain information about healthcare events or consultations you may have. Discharge summaries contain important clinical information about care you received in hospital.

**Key learning modules include:**

- **Shared health summaries in My Health Record**
- **Event summaries in My Health Record**
- **Discharge summaries in My Health Record**

## Prescriptions and shared medicines list

A prescription record is uploaded by the healthcare provider who prescribed your medicines and a dispense record is uploaded by the pharmacist who dispensed your medicines. A Pharmacist Shared Medicines List (PSML) is a list of all medicines you may be taking, including prescribed, over the counter and complementary medicines.

**Key learning modules include:**

- **Prescription and dispense records in My Health Record**
- **Pharmacist shared medicines list in My Health Record**

## Specialist letters

A specialist letter is a clinical document that allows your medical specialist to share important information about your healthcare directly with your GP.

**Key learning modules include:**

- **Specialist letters in My Health Record**

## Access your My Health Record on your mobile device

The **my health** app is a secure and convenient way to access My Health Record on your mobile device.

**my health** app now includes new functionality that allows you to add, edit and remove personally entered medicines information and allergies, manage electronic prescriptions and your Active Script List and personal health summaries.

Through **my health** app you can:

- Access and view your medical history.
- Check test results.
- View vaccinations and immunisations.
- View hospital discharge summaries.
- View and manage electronic prescriptions including your Active Script List (ASL).
- Keep track of care planning documents, and more.

Learn more about getting started with **my health** app **www.digitalhealth.gov.au/myhealth**