



Dr. Frank Stile, MD, FACS  
8954 Spanish Ridge Ave #1  
Las Vegas, NV 89148 (702)243-9555

## **Chin Implant: Follow up appointment schedule and general care instructions**

Follow up appointments: 1 week, 1 month, 3 months

### **Day 1- 6**

Head and leg elevation while in bed or resting for first 24 hours  
Walk every 2-3 hours for first 24 hours  
Take medications as directed

\*Call Dr. Stile if you notice any significant changes in appearance or experience increased discomfort or loss of vision

### **1 week**

First post op visit  
Wound check & suture removal  
Retape  
May resume light exercise at week 3

### **1 month**

Second post op visit  
May resume full exercise —advance as tolerated  
Begin silicone gel

### **3 months**

Third post op visit  
Photos Taken