



Dr. Frank Stile, MD, FACS
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Lip Lift: Follow up appointment schedule and general care instructions

Follow up appointments: 1 week, 1 month, 3 months

Day 1- 6

Head and leg elevation while in bed or resting for the first 24 hours
Antibiotic ointment to incisions every 8 hours
Walk every 2-3 hours for the first 24 hours
Take medications as directed
Soft Diet

*Call Dr. Stile if you notice any significant changes in appearance or experience increased discomfort

1 week

First Post op visit
Wound check & suture removal
May resume wearing make up
May resume light exercise at week 3

1 month

Second post op visit
Wound check
May resume full exercise —advance activity as tolerated
Begin silicone gel

3 months

Third post op visit- Photos Taken
Incision Check
Schedule CO2 laser if indicated