



Dr. Frank Stile, MD, FACS
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Otoplasty : Follow up appointment schedule and general care instructions

Follow up appointments: 1 week, 1 month, 3 months

Day 1- 6

Head and leg elevation while in bed or resting
Antibiotic ointment to incisions every 8 hours First 6 days post op
Walk every 2-3 hours for the first 24 hours
Take medications as directed
Headband 24/7

*Call Dr. Stile if you notice any significant changes in appearance or experience increased discomfort or loss of vision

1 week

First post op visit- wound check & suture removal
Headband 24/7

2 weeks

May resume light exercise at week 3
Headband evenings & while sleeping for 1 month

1 month

Second post op visit
May resume full exercise —advance as tolerated
Begin silicone gel

3 months

Third post op visit- Photos Taken