

artistic edge...eye for detail...focus on perfection

Surgeon To The Stars

Dr. Garth Fisher

By Suzanne Takowsky

"I wanted the office to be upscale and elegant, but warm and cozy. It was very important to present a tranquil, comfortable environment for our patients," Dr. Garth Fisher comments, as we stroll through the corridors of his spectacular Beverly Hills medical office.

Fisher, an internationally renowned plastic and reconstructive surgeon, opened his Beverly Hills office, and quickly earned a reputation for excellence among patients as well as peers. And he has worked on many of the most celebrated faces and bodies in the world.

Fisher says it was his artistic edge and focus on perfection that drew him into the plastic surgery field. His innate eye for detail and his talent for creating dramatic imagery is apparent the minute you open the front door of his office. The plush decor and refined ambience in the reception area gives one the distinct pleasure of having entered

the lobby of a grand, five-star hotel.

According to Chief Operations Officer, Bonnie Zabel, Fisher put in a great deal of thought and went to great lengths to turn his vision into reality. "Dr. Fisher met Karen Kristen, the mural artist who painted the dramatic ceilings in the Forum at Caesar's Palace and told her exactly the serene setting he wanted to create in his office."

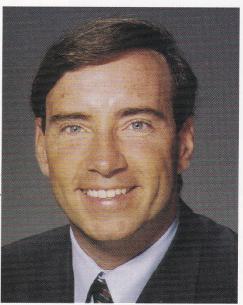
Fisher, a board certified plastic and reconstructive surgeon, brings nine years of skilled surgical ability and innovative specialities to his private practice. And he is as celebrated as many of his famous clients.

Fisher was listed in the "Best Doctors In America" guide as one of the top plastic surgeons in the United States for facial and breast reconstruction and in 1996 Los Angeles magazine named him one of the best plastic surgeons in LA. Prestigious Town & Country's March 1999 issue on cosmetic surgery proclaimed Fisher one of the country's "best facelift surgeons." Fisher's brilliant surgical skills and a keen understanding of cutting-edge technique have put him at the forefront of innovation and earned him international recognition for laser surgery treatments and scar minimization.

Fisher completed his general surgery and plastic surgery residency at the University of California at Irvine. He went on to complete extensive international training and aesthetic and cosmetic fellowships. A noted lecturer throughout the world, he is now an honorary member of the Japanese

Plastic Surgery Society. His considerable contributions to revolutionary cosmetic procedures of the eyes, face, nose and breast have earned him frequent guest appearances on The Leeza Show, A Current Affair, Entertainment Tonight, CBS Evening News, Extra and ESPN.

Fisher says, "I like challenges. I like reconstructive breast and nose cases—and especially facelifts." He has been interviewed many times throughout the years for such prestigious magazines as *Allure*, *GQ*, *People* and *Town & Country*.



When asked what advice he has for anyone thinking about getting plastic surgery he replies. "I remind patients that cosmetic plastic surgery is never an emergency. I encourage them to think long and hard before they make a decision. They should do it for themselves, and it's important for them to have realistic expectations."

Fisher says a surgeons job doesn't end in the operating room. "Our goals have to be aligned very clearly with those of the patient. Honest communication is essential. It's up to the surgeon to let the patient know at the onset what the end result will probably be. Plastic surgery changes lives. It's important for the patient to be happy."

