



THE GUIDE TO INFERNO PARK

Saturday 14th and sunday 15th may 2022

hu
ALTOMINCIO
village



We welcome you to the first edition of INFERNO PARK



*Dal profondo della notte che mi ricopre
Nera come il pozzo da un polo all'altro
Ringrazio gli dei qualunque essi siano
Per la mia indomabile anima.
Nella stretta morsa delle avversità
Non mi sono tirato indietro né ho gridato.
Sotto i colpi d'ascia della sorte
Il mio capo è sanguinante, ma indomito.
Oltre questo luogo di collera e lacrime
Incombe solo l'orrore delle ombre.
Eppure la minaccia degli anni
Mi trova, e mi troverà, senza paura.
Non importa quanto stretto sia il passaggio,
Quanto piena di castighi la vita,
Io sono il padrone del mio destino:
Io sono il capitano della mia anima.*

Invictus - William Ernest Henley



SUMMARY

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WE ASK YOU TO CAREFULLY FOLLOW THE ANTI-COVID-19 PROCEDURES LISTED IN THE ORGANIZATIONAL PROTOCOL OF THE EVENT

- ☐ Maintain the social distance of at least 1.5 m
- ☐ Wear a face mask if it is not possible to maintain a social distance of 1.5m
- ☐ Sanitise your hands whenever you come into contact with objects
- ☐ no need to wear a mask during the race

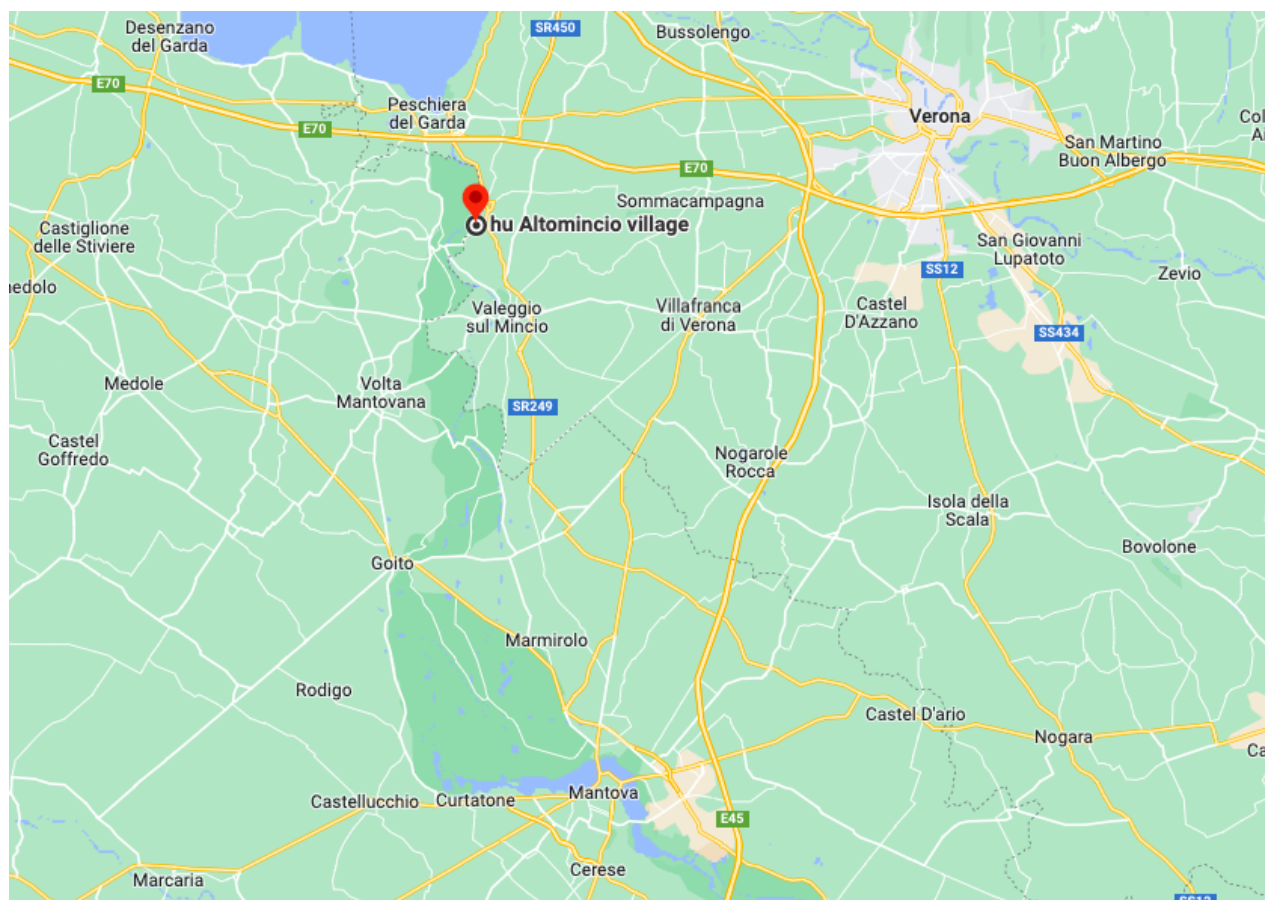
Respect the indications of the judges, keep your distance and do not create gatherings near the obstacles.

HOW TO ARRIVE

For your smartphones and GPS the address to set is hu Altomincio Village

Località Torrente Valle, 10, Str. Salionze, di, 37067 Valeggio sul Mincio VR

GPS 45.3861139 - 10.7078442



HOW TO ARRIVE – INFERNO PARK

By car: Motorway A4 Brescia - Venezia exit Peschiera del Garda and follow the signs for Acquapark Altomincio.

By train: Nearest railway station: Peschiera del Garda - Continue by bus line no. 46 for about 16 minutes (8 stops: arrival stop Monzambano - via Valeggio) - Continue on foot for about 2 km.

By plane: As well as by car, the campsite can also be easily reached by plane plus hire car or taxi. Verona airport (VRN) is 28 km away and Brescia airport (VBS) is 44 km away.



SHUTTLE SERVICE

A shuttle service from **Verona Porta Nuova** railway station to the village and vice versa will be available on payment and **ONLY ON RESERVATION**, from Friday 13/5 afternoon to Sunday 15/5 by writing an email to infopoint.altomincio@huopenair.com by May 6.

Here are the scheduled times:

**Fri 13/05**

17.00 Verona Porta Nuova Station -> hu Altomincio Village

Sat 14/05

8.00 a.m. Stazione Verona Porta Nuova -> hu Altomincio Village

15.00 hu Altomincio Village -> Railway Station Verona Porta Nuova

Sun 15/05

8.00 a.m. Stazione Verona Porta Nuova -> hu Altomincio Village

3.00 p.m. hu Altomincio Village -> Railway Station Verona Porta Nuova

The price is € 12,00 for adults and € 6,00 for children 4-12 years old (under 4 years old free) - Customers will pay directly to the driver on the shuttle when loading. The journey takes about 1 hour.

ACCOMPANYING PERSONS:

The entrance at hu Altomincio Village of athletes not staying at the village, of any of their companions and volunteers (i.e. "daily guests of the village hu Altomincio Village") will be free of charge during the race.

As daily guests, therefore, accompanying persons and volunteers will have to go to the reception of the village at Hotel La Diga for registration, which will consist of the signing of an access document in the structure + photocopy of an identity document + delivery of the bracelet of the village and any map of the village in case of need.

Accompanying persons will be able to enjoy the services offered by hu Altomincio Village during the days of the race, use the swimming pools, will be open the bar and restaurant, an ice cream shop and a take away point.

PARKING

Parking is provided inside hu Altomincio Village. Follow the instructions that you will find on your arrival.

ACCOMMODATION

Discover all the accommodation reserved for the devils participating in INFERNO PARK 2022, at hu Altomincio village, you can choose the accommodation that suits you, just a few steps from the starting line.

To book use:





<https://altomincio.huopenair.com/it/>

Choose your accommodation and enter the Promo Code > **INFERNOPARK22**

30% discount for a minimum stay of 2 nights or

10% discount for 1 night stay

- Validity > The code is valid for bookings with stay from **12.05.22 to 16.05.22**

To benefit from the indicated discounts

- Up to 6 people

enter the code INFERNOPARK22 in the "COUPON" field when you make your booking on the site

- More than 6 people

send a booking request email directly to the hotel at altomincio@huopenair.com indicating the code INFERNOPARK22 in the body of the email.



PROGRAM

Friday 13th May 2022

5 p.m. opening of acceptance, bib distribution and delivery of race package

Saturday 14th May 2022



8.30 a.m. opening of the village, bib distribution and delivery of race package
(distribution continues until the last start, early arrival recommended)

10.00 a.m. start of bolge PRO Inferno Park 8 km

11.00 a.m. start of the bolge OPEN Inferno Park 8 km

2 pm prize-giving ceremony

Sunday 15 May 2022

8.30 a.m. opening of the village, distribution of bibs and race package
(distribution continues until the last start, early arrival recommended)

10.00 a.m. start of the bolge PRO Inferno Park 8 km TEAM race of 3 - to follow

10.30 a.m. start of the bolge OPEN

1.30 pm prize giving

MEDICAL CERTIFICATION

To run the race, you must have a medical certificate valid on the date of the race, i.e. issued within the previous twelve months. Without this document, the organization will NOT allow you to participate in the race.

The medical certificate must be uploaded online on your registration, no paper documents will be accepted at the reception.

Those who have not yet uploaded it on the registration platform can do so from this link:

[LINK](#) TO YOUR PRIVATE ZONE

Per problemi tecnici scrivere una mail a iscrizioni@infernorun.it

If you are unable to access your personal registration area on the Active.com platform - please note that you must have a personal data account on the [Active.com](#) registration platform to access it. If you have been registered by your captain/friend/teammate you can always create your personal account from [this link](#) and then request your registration by "REQUEST REGISTRATION" by entering your registration ID number. Then you can access your registration independently and upload the required documents.

For technical problems please send an email to iscrizioni@infernorun.it



STAND INFERNO

INFERNO branded products will be available. T-shirts for adults and children, mugs, headbands, towels, technical t-shirts, tattoos, shorts, the new hats, the Inferno sweatshirt and much more! You'll be able to buy Inferno bells, training sandbags and the Inferno yoga mat. You'll also find the brand new Ia Co customised Inferno Dangle Bag and summer hats!



TOILETS

Saranno disponibili i bagni del villaggio, vicini alla zona di partenza/arrivo della gara.

SHOWERS AND CHANGING ROOM

Outdoor garden showers will be set up, in line with current anti-contamination regulations.

ABSOLUTELY NO SOAPS OR FOAMS WILL BE ALLOWED IN THE SHOWER.

There will also be a covered changing area.
We ask you to respect everyone's space.

BIB COLLECTION

Bib collection will be possible from Friday 13 May from 17.00 at the race reception Inferno Park, at the entrance of hu Altomincio Village.

Please be patient, respect the distance also when collecting your race packet.

You will have to wear a mask where distancing will not be possible.

You will need to present your ID at the entrance to the Inferno area and collect your race packet immediately, where you will find wristbands to stay inside the race area.

To make it easier to check in, you can present the QR code you received with your registration confirmation. Downloadable at any time from the private registration area: myevents.active.com



Bring with you:

- ID document, valid and readable
- confirmation of the race
- Appropriate clothing: sunglasses, sun cream, headband/hat, shoes suitable for running.

In the white envelope inside the race pack you will find:

- two bracelets with your race number, one on your wrist and one on your bag if you want to leave it in the baggage room
- two chips to attach carefully to your shoes

In addition, only for participants in the PRO category:

- 3 more PRO bracelets to be carefully attached to your wrist,
- 1 GARMIN ONE bracelet

The race package will be distributed until the start of the last battery, inside you will find the official jersey of the event and gadgets from our sponsors and partners.

FOOD & DRINKS

To refresh the athletes are available the bars and the restaurant of hu Altomicio Village. For all will be available swimming pools and services.

REFRESHMENT

Due to the route there will be only one water point at the halfway point of the 8 km and a final refreshment at the finish.



PATH

The course is 8 km long and has 22 obstacles. The positive height difference will be about 60 meters. The high-resolution map is available on our website.

NEWS FOR ALL DEVILS!

From this year, the GPX track of the 8 km course will also be available. Once downloaded from our website, you will be able to upload it to your Garmin and face every challenge, at least without getting lost! It will be available for each scheduled Inferno 2022.

The GPX track of the routes and the HD map can be downloaded from our website:
<https://www.infernorun.it/it/park>

Here you will also find the INFERNO PARK OBSTACLES LIST.

TEAM RACE

The collaborative three-person team race (women only, men only or mixed) is one of the novelties for 2021/2022.

You start together, run together and finish together: the maximum allowed time distance recorded at the finish of the three team members is 60".

On the course, it will be possible to help each other on the obstacles, except for those which are suspended.



Team members can therefore help each other on walls and other obstacles. Each team is only allowed to use one lane for the suspended obstacles, so they will proceed one after the other in the same lane. The same rules apply. On the course there are obstacles to be overcome strictly together and they are strength and/or transport obstacles, agility obstacles and coordination obstacles. The wristbands will bear the same team number for all members with one letter for each member (e.g. team 666 will have 666a, 666b and 666c).

For further details please refer to [rules & regulation INFERNO 2022](#)

START OF THE RACE

There will be a dedicated space for the devils about to start in the starting grid, with a warm up area. We advise you to arrive at the start area about 15 min before your starting.

Upon entering the start area you will have to show:

- numbered bracelet on your wrist
- the two chips attached to your shoes
- for PROs only: the three bracelets attached to your wrist and the GARMIN ONE bracelet (on Saturday). Make sure you attach them in optimal conditions (dry) and secure them with staples or tape provided for this purpose.

The lists and exact start times are announced on the event website.

The start times are subject to change, so please keep up to date here:

<https://www.infernorun.it/it/park>

PRO ONLY: read carefully HERE

With the help of the Italian OCR Federation we have divided the participants in bolge according to the Inferno Series ranking, to the results of FIOCR competitions and then tried to group them according to age category.

One heat every 60 seconds:

- **PRO**
composed by 3 participants (m/f) every 60 seconds
- **OPEN**
composed by 6 participants (m/f) every 60 seconds



GARMIN ONE (PRO ONLY) - RULES

A race within a race, a race within a race, a diabolical kilometer in which to test yourself in an absolute sprint.

How does it work?

Within each INFERNO course a special km will be identified, hence the name GARMIN ONE, present in each race of the INFERNO SERIES 2022 circuit.

Registration with GARMIN ONE is automatic and free of charge for each participant in the INFERNO race in the PRO category.

The start and end of this section of the course will also be clearly identified by two chip control carpets for recording the entry and exit times of each participant. The winners of the challenge, both men and women, will be those who complete the GARMIN ONE in the shortest possible time and overcome every obstacle, i.e. not losing any bracelets.

To give everyone the chance to win the GARMIN ONE, each athlete will be given a special bracelet, valid ONLY for the GARMIN kilometer. The bracelet will bear the GARMIN logo and the athlete's race number.

The wristband will be cut off if an obstacle on the Garmin One course is not passed.



The winner of GARMIN ONE cannot be the same as the overall winner. In this case the winner of the GARMIN ONE will be the athlete with the second best time.



The winner of the Garmin One will receive a Garmin Instinct 2. There will be 8 Instinct 2 watches up for grabs with Garmin One in the 2022 Snow, Park and Mud stages.



FINISHER MEDAL

On arrival you will all receive the FINISHER INFERNO PARK 2022 medal, don't leave without it!

The second part of the diabolical triptych to compose the final medal of Inferno Series 2022: one for each Inferno stage.



Keep your cool in every situation and we'll all come out of Hell with a smile.

AWARDS

The awards ceremony will be held at the Inferno village, outdoors and in essential form. Prizes, if available, will only be handed out to those who will be present at the ceremony, they will not be handed out later or sent out.

Curious to know all the Inferno Awards 2022?

<https://www.infernorun.it/en/blog/all-you-need-to-know-about-inferno-awards-2022>

PREMI INFERNO PARK 2022				
ASSOLUTI				
	LONG 8 KM	SHORT 3 KM	LONG 8 KM SQUADRE	TEAM (MMM-FFF-MIX)
1° M/F	Orologio Garmin Instinct 2	-	4 Dangle Bag laCo	Voucher valore 80 Euro BestBody.it
2° M/F	Scarpe Topo Athletic	-	2 Bottiglie 9 Di Dante	Voucher valore 40 Euro BestBody.it
3° M/F	Dangle Bag laCo	-	2 Maglie Erwin Fight Inferno	Dangle Bag laCo
AGE GROUP				
	LONG 8 KM	SHORT 3 KM		
1° M/F	Bottiglia 9 Di Dante	-		
2° M/F	Maglia Inferno	-		
3° M/F	Sconto -15% Topo Athletic	-		



LOST & FOUND

Lost and found items should be handed in at the INFERNO stand. If you have lost something you can check if it has been taken to the INFERNO stand.

BAG DROP

The bag deposit service will be free of charge.

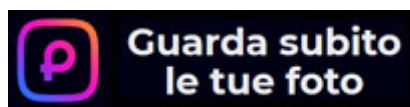
No responsibility is taken for objects or valuables inside the bags.

You will be able to access the bag deposit on your own and will not be able to park in this space.

WE REMIND YOU THAT THE BAG DEPOSIT IS NOT A CHANGING ROOM

PHOTO

This time you won't have to make any effort to take photos, Lucifer himself will find you and tag you in the photos. All this thanks to INFERNO's innovative collaboration with PICA.



All your photos will be uploaded to the PICA system (<https://www.getpica.com/>) and all you have to do is register and take a selfie. The platform will automatically display all the photos in which you have been portrayed. You can choose whether to buy individual photos or the whole package.

You no longer have to search for them yourself from the thousands available and they will be uploaded quickly.

We recommend to make your account on the day of the race, it will be quick and easy.

A selection of photos will be published as a gallery on our channels.

You will receive the PICA code directly by email, just wait until the photos have been uploaded into the system, and voila!

SECURITY AND EMERGENCIES

Europ Assistance will be there to protect your day, providing medical assistance and a fully equipped medical station available, we hope unnecessarily, to participants.

In the event of a request for medical assistance, please communicate:

1. YOUR PRECISE POSITION ALONG THE ROUTE



2. WHETHER THE PATIENT IS STANDING OR NOT (AND CONSEQUENTLY WHETHER HE/SHE IS WALKING)
3. WHETHER OR NOT THE PATIENT IS CONSCIOUS (WHETHER OR NOT HE/SHE ANSWERS THE CALL)
4. WHETHER THE PATIENT IS A VICTIM OF TRAUMA OR IS NOT TRAUMATISED



RULES

The regulations are available on the Italian OCR Federation website (www.federazioneitaliaocr.it) and Italian OCR Championship (www.campionatoocr.it), the competition rules are available on the Inferno website and are an integral part of this guide <https://www.infernorun.it/it/park>

Here are some short extracts:

Obstacles are present on the course to test the participants. The race is open to competitive (Pro Category) and non-competitive (Open Category) participants.

For competitive participants the obstacles must be overcome and not circumvented. If an obstacle is not passed or is circumvented the event cannot be considered passed and a bracelet will be cut. The same principle applies in case of unfair, unsporting or unethical behaviour.

The judge may, if necessary, give the athlete standing on an obstacle a period of ten seconds in which to advance or end his attempt.

All participants will be equipped with timing chips.



The course may not be cut and athletes who benefit from a cut will be disqualified. An electronic intermediate time board may also have a control function.

The bracelets cannot be hidden and must be shown at the request of a judge or member of the organisation.

Incognito judges may also run among the athletes and may report to the judge at an obstacle or at the end of the race any misbehaviour or award penalties.

Competitive athletes may neither give nor receive outside help throughout the race with the exception of medical assistance.

Athletes must not leave anything they have brought with them along the route, including gel, food or other items.

Leaving rubbish along the route may lead to disqualification.

PENALTY

Each obstacle can be attempted an infinite number of times, except for those in suspension which are indicated and for which only one attempt is available.

Athletes attempting an obstacle for the second time must not obstruct athletes on their first attempt.

The left lane, where present, is reserved for athletes at the first attempt.

If an obstacle is not passed at the first attempt, the competitor must try again in the right lane, if present. Those who fail an obstacle must queue up behind the last one without claiming to be able to try again immediately.

The fastest athletes on the course can ask for road and space to pass by shouting "road" or "permission" or similar.

UPDATED RULES: We ask you to read the rules because, for the suspension obstacles, the rules have changed: It will NO longer be possible to try an infinite number of times.

The time limit for the race is 120 minutes for men and 150 minutes for women.

The race management reserves the right to change the time limit if necessary.



PRO ATHLETES

BIBS

ALL COMPETITIVE COMPETITORS (MEN AND WOMEN) WILL BE PROVIDED WITH 3 WRISTBANDS WHICH MUST BE WORN ON THE LEFT WRIST.

THIS OPERATION MUST BE CARRIED OUT IN A DRY PLACE; IN NO CASE SHOULD THE BRACELETS BE APPLIED WET OR DAMP. TO ENSURE THAT THE WRISTBANDS ARE SECURE, THEY MUST BE SECURED WITH TRANSPARENT ADHESIVE TAPE OR STAPLED.

DO NOT ALLOW THE ADHESIVE PARTS TO GET WET DURING APPLICATION!!!

WHEN APPLYING THE TIMING CHIPS, STRICTLY FOLLOW THE INSTRUCTIONS ENCLOSED WITH THE CHIPS!

ENSURE THAT THE CHIP IS FIRMLY FIXED TO THE SHOE AND REMAINS SO THROUGHOUT THE RACE. UNDER PENALTY OF NON-CLASSIFICATION!

EACH ATHLETE WILL BE RESPONSIBLE FOR HIS OR HER OWN CONTROL DEVICES (BRACELETS AND CHIPS); THE ABSENCE OF ONE OR MORE OF THESE CAN IN NO WAY BE CONTESTED.

CHECK-OUT OF COMPETITIVE ATHLETES: IMMEDIATELY AFTER THE FINISH LINE THERE WILL BE A TABLE WITH THE JUDGE IN CHARGE OF THE ARRIVALS IN CHARGE OF THE NUMBER OF BRACELETS KEPT.

BE CAREFUL TO DO THE CHECK-OUT: IF YOU SKIP IT, YOU COULD HAVE ZERO BRACELETS, THEN YOU ARE EQUAL TO ATHLETICS WHO HAVE FAILED AT LEAST THREE OBSTACLES.

THE RACE NUMBER MUST ALSO BE WRITTEN WITH A FELT-TIP PEN ON THE LEFT ARM AND RIGHT LEG.

PATH RACE

THE ENTIRE RACE COURSE MUST BE COVERED BY CAREFULLY FOLLOWING THE TRACK BETWEEN THE TWO WEBBING LINES OR BY FOLLOWING THE RED FLAGS OR HANGING WEBBING. IF YOU ARE CAUGHT GOING OFF THE COURSE AND THUS SHORTEN THE TRACK, YOU MUST START AGAIN FROM THE SAME POINT WHERE YOU BEGAN THE CUT.

ALL OBSTACLES MUST BE TACKLED. THE ATHLETES CAN ATTEMPT TO OVERCOME ANY OBSTACLE AS MANY TIMES AS THEY WISH.

SUSPENDED OBSTACLES CAN ONLY BE ATTEMPTED ONCE.

IF THE ATHLETE IS NOT ABLE TO OVERCOME AN OBSTACLE OR REFUSES TO OVERCOME IT, THE JUDGE IN CHARGE OF THE OBSTACLE WILL BLOCK THE ATHLETE AND UNQUESTIONABLY CUT A BRACELET (ONLY FOR COMPETITORS) BEFORE STARTING AGAIN AROUND THE OBSTACLE.

THE FIRST LANE ON THE LEFT OF EACH OBSTACLE WILL ALWAYS BE RESERVED FOR THE FIRST ATTEMPT TO OVERCOME THE OBSTACLE. IN CASE OF FAILURE OF THE OBSTACLE, THE ATHLETE CAN TRY AGAIN TO OVERCOME THE OBSTACLE IN ANY OF THE OTHER LANES, BUT NOT IN THE FIRST LANE ON THE LEFT.

IF THERE ARE FREE LANES TO THE RIGHT OF THE RESERVED ONE, THESE CAN BE USED.



The athletes must stand in single file, maintaining the distance between each lane of access to the obstacle.

In case of failure of the attempt, the athlete will be queued at the end of the row.

REMEMBER THAT UNDER NO CIRCUMSTANCES THE ATHLETE CAN GIVE OR RECEIVE EXTERNAL HELP OR FROM OTHER COMPETITORS IN OVERCOMING ANY OBSTACLE, UNDER PENALTY OF CUTTING THE BRACELET.

IMMEDIATELY AFTER THE FINISH LINE, EACH COMPETITOR MUST REMOVE THE CHIP FROM THEIR SHOES AND PLACE IT IN THE CHIP BOX.

BRIEFING - For this edition there will be an online briefing available in the days before the event. FOLLOW THE INSTRUCTIONS OF THE STAFF, ARRIVE ON TIME AND RESPECT THE RULES OF SOCIAL DISTANCING.

Rules valid for all competitive athletes - no exceptions:

- use the first and second attempt lines immediately if these are free
- in the case of a second attempt use only the second attempt lines
- in case of several attempts use only the second attempt lines
- if there is a queue, move to the back of the queue and wait your turn
- it is forbidden to touch the structure supports
- only one attempt for suspended obstacles
- unlimited number of attempts for other obstacles
- If you give up, go to the judge and have your wristband cut off.

PENALTY LOOP

Anyone who has failed one or two obstacles will have to take a penalty lap for each failed obstacle, i.e. for each lost bracelet.

The penalty lap will be an additional penalty course to be run according to the instructions and whose duration will be at least 4 times longer than the time needed to complete the longest obstacle.

For each completed penalty lap the athlete receives a wristband. The penalty lap will be monitored by judges and a timing mat.

If an athlete has failed three hurdles and arrives at the finish line without a wristband, he will not be included in the ranking, i.e. his finishing time will be marked as (DNF, DID NOT FINISH).

At the finish line the competitive athlete will be directed to a station to indicate the number of remaining wristbands. It is up to the athlete to make sure that the number of his wristbands is correctly noted by the judge at the finish line. We ask the competitive athletes NOT to remove their remaining wristbands until the ranking is announced.



THE FINAL CLASSIFICATION IS THEN COMPILED ACCORDING TO THE ARRIVAL TIME.

You can check your time in real time on the timing monitor.

Beyond the time limit, you will not be counted in the ranking, even if you finish the race with all your wristbands. The race management reserves the right to change the time limit if necessary.

Further details on the Penalty Loop on the website of the Italian OCR Championship <https://campionatoocr.it/regolamento2021/>

Obstacles are on the way to be overcome and will stand between you and paradise.

Do not crowd the obstacles, keep the safety distance indicated. Do not exceed the allowed number of athletes on each obstacle that the judge and/or obstacle manager will provide.

Respect ALL instructions of staff and judges along the course.

Obstacles may be closed if the persons in charge of the obstacle consider it appropriate for any reason, such as the safety of the athletes or the solidity of the obstacle. Please respect their decision.

The Inferno 2022 regulations are available in full on our website, we recommend a good read.

LE QUALIFICHE

INFERNO PARK is part of the INFERNO SERIES circuits and qualifies for the OCR European Championships 2023. The race is a stage of the Italian FIOCR 2022 Championship and qualifies for the Italian Cup 2022.

Qualifica per	COPPA ITALIA	EUROPEI 2022	EUROPEI 2023
 8 KM	5 assoluti 5 age group	-	-
 3 KM	5 assoluti 5 age group	10 assoluti 15 age group	-
 8 KM	5 assoluti 5 age group	-	10 assoluti 15 age group
 12 KM	5 assoluti 5 age group	-	10 assoluti 15 age group

SUPPORTED BY

BESTBODY.IT**GARMIN****9di DANTE
INFERNO****topo**
ATHLETIC**IA@CO**
DANGLEBAG



How it works and what you need to know

The first 5 athletes of each age category and the first 5 absolute athletes will qualify for the Coppa Italia 2022.

For the European Championship OCR 2023 (TBD) the first 15 athletes of each age category and the first 10 overall athletes will qualify.

Attention. In each age category only 50% of the participants are entitled to qualify. If a category has 10 participants, only the first five of them will qualify.

You can find all info about the Inferno 2022 qualifications here:

<https://www.infernorun.it/en/blog/inferno-2022-qualifications>

These are the valid age groups for the events:



Categorie Age Group Inferno 2022 (calcolate al 31/12/22)				
U18 (under 18)	19-24	25-29	30-34	35-39
40-44	45-49	50-54	55-59	60+

età	dai 4 ai 12 anni	dai 13 anni	dai 16 anni
INFERNO KIDS	✓	✗	✗
INFERNO SNOW	✗	✓	✓
INFERNO PARK	✗	✓	✓
INFERNO MUD	✗	✗	✓
INFERNO Short	✗	✓	✓

VOLUNTEERS

There will be the JUDGES, the STAFF in charge of various tasks and the RACE DIRECTOR. You will recognise them by their badges.

The volunteers are the ones who make your fun possible. Listen to them and respect them, you will be listened to and respected. Listen to their instructions especially on obstacles and in the case of the two road crossings.



Would you like to join the Inferno crew or do you know someone who would like to? Take a look at the link on our website: <https://www.infernorun.it/en/volunteers> and join us! For those who will help Lucifero, an entrance to the next Inferno and other prizes.

FOR JOURNALISTS AND FREELANCE PHOTOGRAPHERS

Accreditation is compulsory for journalists and freelance photographers to have access to the press release and every area of the race.

www.infernorun.it

<https://www.facebook.com/infernorun>

<https://twitter.com/RunInferno>

http://instagram.com/inferno_run

<http://www.youtube.com/c/InfernoRunchannel>

The hashtags used for the 2022 edition are:

#runlikehell

#infernoPARK

#infernorun



For any further information:

INFERNO PRESS OFFICE

www.infernorun.it

Daniela Pierpaoli

daniela.pierpaoli@gmail.com



INFORMATION ON DATA PROCESSING (GDPR and PRIVACY) ANDROMEDA SPORT SSD ARL

GDPR information

By asking to take part in the INFERNO race, I declare that I am aware of the characteristics of the race, that I am NOT under the influence of medication, alcohol or drugs; that I am physically prepared and that I am aware that only a careful personal evaluation of my own condition is a guarantee of safety for me and for others. .

I exempt Andromeda Sport SSD arl, its organisers and its staff from any civil and penal responsibility and from any compensation for physical, moral and material damages that may occur to me before, during and after the organised activity, even if such damages are caused by third parties and/or other participants. According to the articles 1341 and 1342 of the C.C. I explicitly approve the clause concerning the exemption of responsibility of Andromeda Sport SSD arl. I assume all responsibility for actions taken during the activity and for the consequences that may arise from such actions, both civilly and criminally. I totally exonerate Andromeda Sport SSD arl from any responsibility for damages to my person and/or to third parties and/or things caused by me. I assume full personal responsibility for my state of health.

I also declare to grant the Organisation, or whoever on its behalf, the rights of images, photos and videos related to the race, to authorise the treatment of my personal data according to art. 13 of the law 675/96 and following, to be aware of the penal sanctions provided in case of untruthful declarations and falsity in the acts (art. 76 d.p.r. 445/2000 and art. 489 of the penal code).

Furthermore, the undersigned by signing at the bottom of the page

Declares that he/she has carefully read every part of the Rules and Regulations of the event and has accepted them in full and without reservation.

I declare that I am fully aware of all the characteristics and specificity of the event, the route, the difficulties and the length of the course, which is in the mountains with possible difficult weather conditions (such as, for example, cold, wind, rain, snow, poor visibility, etc.). I am aware of the risks to my personal safety connected with the competition; I am an expert in mountain running/trail running/skyrunning/outdoor running and I am aware that participation in this event requires specific preparation and a real capacity for personal autonomy which I attest to possessing;

I declare that I do not use doping substances and that I am in possession of a medical certificate attesting to my fitness for sporting activity, that I am in good health and exonerate the organisers from all liability relating to and resulting from the verification of said fitness;

Undertakes, under penalty of exclusion from the event, to behave in accordance with the principles of fairness and sportsmanship during the race and not to behave in any way contrary to the law and the rules of the regulations that may endanger his own safety or that of others; also undertakes to behave in an environmentally friendly manner during the race, according to the principle of "running without leaving a trace";

He/she assumes all liability, both criminal and civil, including objective liability, as a result of his/her participation in the event; he/she declares to relieve the organisers from any liability, direct or indirect, for any pecuniary or non-pecuniary damage, including future damage, illness and/or injury, which he/she may suffer, suffer and/or cause, including to third parties, during the entire duration of the event and/or on the occasion of and/or as a result of his/her participation in it; from any responsibility for theft and/or damage to any of his or her personal belongings, the safekeeping of which he or she is aware is not assumed in any way by the organisers; and from any responsibility for damage he or she may cause to third parties and/or to third parties' property.



Declares that he/she has received and fully understood the following information pursuant to art.13 of Legislative Decree no.196 /2003: the personal data of those enrolled in the event are processed in accordance with Legislative Decree no. 196 of 30 June 2003. 196 of 30 June 2003; personal data are collected at the time of registration and are provided directly by the interested parties; failure to provide personal data makes it impossible to accept the registration itself; the data are processed in hard copy and computerised form by the organisers, for all fulfilments connected with the organisation of the event, also in order to provide users with information on the participants and the results of the event; the same data may be communicated to employees, collaborators, firms and/or companies involved in the organisation of the event and to consultants of the organisers for the aforementioned purposes; in relation to any sensitive data contained therein, members are asked to expressly express their consent to the processing of said sensitive data; the communication, dissemination, transmission of sensitive data is not envisaged.

Having taken note of the information referred to in the preceding point, he/she authorises the processing and communication of his/her personal data, for purposes connected with the organisation of the event and for the possible publication of the results of the race; he/she expresses his/her consent to the processing specified in the information, authorising the sending of information material relating to subsequent events or various initiatives proposed by the organisers and authorises any photographic and filming for the creation of videos, notice boards, publication in print and on the web (including downloads).

The participant declares to request to join and associate to Andromeda Sport SSD arl

Pursuant to and for the purposes of articles 1341 and 1342 of the Italian Civil Code, the participant declares that he/she has carefully examined and specifically approves all the clauses listed in numbers 1, 2, 3, 4, 5, 6, 7 and 8 above.

Andromeda Sport informs you that, with your consent, your personal data may be communicated to other companies and used to contact you and send you commercial and/or promotional information on products and services and to carry out statistical analyses, studies and market research. The updated list of companies to which your data may be communicated is available to you at the Data Controller's office. In this case, these companies may contact you as owners of independent initiatives, for market research or to send you commercial information and/or promotional offers of products and services. Your data will be stored and processed in compliance with the security measures required by law, with or without the use of electronic means. Rights of the interested party (art. 7 D.L.gs. 196/03) At any time the interested party may consult, modify, cancel their data free of charge by writing to the person responsible for the processing of personal data at Andromeda Sport SSD arl and . We wish to inform you, in our capacity as Data Controllers, that the EU/2016/679 General Data Protection Regulation (G.D.P.R.), of immediate application also in Italy, pending the issuance of the Decree provided for by Community Law no. 163/2017 provides for the protection of persons and other subjects with regard to the processing of personal data. According to the indicated legislation, such processing will be based on the principles of correctness, lawfulness and transparency and protection of your confidentiality and rights.

Pursuant to article 13 of the G.D.R., we therefore provide you with the following information:

The personal data and contact details you provide will be processed for the following purposes based on your consent and the legitimate interest of the undersigned S.s.d.r.l.: inclusion in the members' book and/or membership for the Sports Federations and/or Sports Promotion Bodies to which we are affiliated and any other use pertaining to the aforementioned association and sports membership relations.

The legal basis for this operation is art. 36 of the Italian Civil Code, the tax regulations relating to non-commercial entities, in particular art. 148 of the T.U.I.R., art. 4 of D.P.R. 633/72 and art. 90 of Law 289/2002, as well as CONI and Federal regulations relating to membership and participation in activities organised by such entities or with their participation.



The legitimate interests of the data controller pursued by this activity are the clear and correct application of the statutory provisions on the internal organisation and administration of the association, the possibility of taking advantage of the tax benefits due to the association, the possibility of participating in the activities organised by the bodies mentioned in point 1. 4 above. The data will be processed in the following ways: on manual files, also using electronic means, kept in closed places, the key to which is held by the President and the administration staff, or in a computerised manner, on a PC at the Association's headquarters which is adequately equipped against computer risks (firewall, antivirus, periodic data backup); the President and the administration staff are authorised to access this data. Pursuant to Article 4 no. 2 of the G.D.R., the processing of personal data may consist of the collection, recording, organisation, consultation, processing, modification, selection, extraction, comparison, use, interconnection, blocking, communication, cancellation and destruction of data.

Personal data will be kept for as long as is necessary for the correct keeping of the members' book and/or to carry out the formalities required by the Sports Federations and/or Sports Promotion Bodies to which we are affiliated: this term is determined by the civil code, the fiscal legislation and the rules and regulations of CONI and the Sports Federations and/or Associations and/or Sports Promotion Bodies to which we are affiliated. The verification of the obsolescence of the processed data with respect to the purposes for which they were collected and processed is carried out periodically.

The provision of data is compulsory for the achievement of the purposes of the statute of the Association/Company and is therefore indispensable for the acceptance of your application for admission as a member and/or for membership with the entities indicated in the preceding point; refusal to provide such data will make it impossible to accept your application for registration and/or membership, since it will not be possible to establish the indicated association and/or membership relationship with the entities to which the Association is affiliated.

Personal data may be communicated exclusively to the Federation or Sports Association or to the Sports Promotion Bodies to which we are affiliated; all data will not be communicated to other parties, nor will they be disseminated.

The processing will not concern personal data falling within the category of "sensitive" data, i.e. "personal data revealing racial or ethnic origin, religious, philosophical or other beliefs, political opinions, membership of parties, trade unions, associations or organisations of a religious, philosophical, political or trade-unionist character, as well as personal data disclosing health and sex life". Health data are stored by the company doctor, who is responsible for their processing.

The holder of the treatment is the Andromeda Sport SSD arl with seat in Fiesole contactable through info@infernorun.it.

The person in charge of the treatment is the President of Andromeda Sport SSD arl contactable by email info@infernorun.it.

At any time you may exercise your rights to know the data that concerns you, to know how it was acquired, to verify whether it is accurate, complete, updated and well kept, to receive the data in a structured format, commonly used and readable by automatic devices, to revoke any consent given regarding the processing of your data at any time and to oppose in whole or in part, the use of the same as enshrined in Articles. 15 to 20 of the G.D.P.R. These rights may be exercised by means of a specific request to be addressed by registered letter - or PEC - to the Data Controller.

You have the right to revoke your consent at any time without affecting the lawfulness of the processing based on the consent given before the revocation. This right may be exercised by sending your revocation of consent to the e-mail address indicated in point 10 above.

You have the right to lodge a complaint with the Guarantor for the protection of personal data or with the different supervisory authority that may be established by the Decree provided for in Community Law no. 163/2017 14. There is no automated decision-making process, nor any profiling activity referred to in Article 22, paragraphs 1 and 4 of the G.D.R.

Consent by signing the attached summary sheet or by accepting it when registering online



INFERNO DISCLAIMER

1) By enrolling in INFERNO I accept the following and declare that I am aware of the criminal sanctions provided for in the event of untruthful declarations and falsity of documents (art. 26 law 15/68 and art. 489 penal code.), I declare to have read and consequently to know, accept and respect the rules of "INFERNO" (hereafter "INFERNO"); to be aware that participation in this type of sporting event is potentially a risky and dangerous activity; that I am trained and in good physical shape, aware that in order to register I must be in possession of a valid medical certificate for the type of race (for competitive and/or non-competitive sporting activity) and that I am at least 18 years old on the date of the event or that I have the explicit consent of the person exercising parental responsibility; that I am registering voluntarily and that I assume all the risks arising from my participation in the event: falls, injuries, scrapes, scratches, contact with vehicles, other participants, spectators or others, weather conditions including scorching heat, extreme cold and/or wet, traffic and road conditions, natural and artificial obstacles placed on the route, any type of potential risk well known and assessed by me. Being aware of the above, considering the acceptance of my registration, I, on my own behalf and in the interest of no one else, release and discharge Andromeda Sport SSD ARL, the Organisation organising "INFERNO", ASI, CSEN, UISP, the local Municipal Administrations involved in the passage of the event, the sponsors and partners of the event, their respective representatives, successors, officials, directors, members, agents and employees of the above mentioned companies, all technical partners, from all present and future claims or responsibilities of any kind, known or unknown, arising from my participation in the event. Once I have accepted my registration to "INFERNO", the participation fee is non-refundable, even in case of cancellation. I grant my authorization to all the entities listed above to use photographs, tapes, videos, images within the website and anything related to my participation in the event for any legitimate use without remuneration".

2) With the registration to the "INFERNO" the athlete expressly authorises Andromeda Sport SSD ARL to film with television, film, photographic or other means, the image of the undersigned during his participation in the "INFERNO" and to confirm with this declaration said authorisation, recognising to Andromeda Sport SSD ARL the widest right, but not the obligation, to record, reproduce, print, publish, project and diffuse it, and in any case to use it by any means currently known or that will be invented in the future, without time limits or any kind of limitation, all over the world and to transfer it to third parties also for promotional and/or advertising purposes. The athlete also declares that he/she has nothing to claim from Andromeda Sport SSD ARL and/or its assignees and/or successors in title, and in general from anyone who uses and exploits his/her image, any claim of the Athlete being satisfied by the opportunity to take part in the sporting event.

COVID 19

By my registration, I affirm that I recognize the contagious nature of the SARS-CoV-2 virus ("new coronavirus" or "COVID-19") and I voluntarily assume the risk that I may be exposed to or infected with the new coronavirus by participating in the Event, and that such exposure or infection may result in personal injury, illness, permanent disability and death. I understand that (i) my presence and/or participation in the Event carries the inherent risk of exposure to the novel coronavirus and (ii) the risk of being exposed to the novel coronavirus or persons with COVID-19 disease at the Event may result from actions, omissions or negligence by me and others, including, but not limited to, other Participants or any other person.

I knowingly and voluntarily agree to abide by and adhere to all COVID-19 related safety and risk mitigation practices necessary and required during my attendance and participation at the Event,



whether communicated verbally or in writing. Such practices may include, but are not limited to: (i) recognized social distancing practices (i.e., maintaining 5 feet of space between myself and other individuals); (ii) wearing an appropriate face mask; (iii) washing my hands and/or using hand sanitizer frequently and avoiding touching my face; and (iv) complying with other applicable governmental regulations. I acknowledge and agree that my adherence to these safety and mitigation practices is not only for my own benefit, but also for the benefit of other Participants and Exempt Parties to the Event. I voluntarily and knowingly assume the risk that I, on my own behalf, may be exposed to the new coronavirus or persons with COVID-19 disease as a result of my failure to comply with these practices.

Further, notwithstanding the foregoing, I agree that I, on my own behalf, will not attend or participate in an Event within the past 14 days in the event that: (i) we have been tested for or have a suspected or confirmed case of COVID-19; (ii) experienced symptoms of COVID-19 including, without limitation, fever, cough or shortness of breath; or (iii) been exposed to or been in close contact with a person known to have COVID-19 (or any known symptom thereof).

I, on my own behalf, attest and confirm that: (i) unless stated below, I am over 18 years of age and I am legally signing on behalf of myself or the minor for whom I exercise parental responsibility; (ii) the Participant is free from all diseases (including, without limitation, COVID-19), injuries and defects that would interfere with the safe participation of any person (including you) in an Event; (iii) the Participant is physically fit and sufficiently trained to participate in all activities associated with the Event; and (iv) on the date of the Event, the Participant will have and be covered by medical/health insurance, either individually or as part of an organisation. I acknowledge that the Participant and I, as parent/legal guardian (if applicable), are aware and informed of the risks inherent in participating in the Event and that the Participant's participation in an Event is entirely voluntary. I have read and fully understand the waiver. I understand that I have waived substantial rights by signing it, and I sign it freely and voluntarily.