



INFERNO SNOW RUN LIKE HELL

ALPE CIMBRA (TN)
MALGA MILLEGROBBE

SUNDAY 12th march 2023

THE GUIDE TO INFERNO SNOW

3 KM
8 KM

Inferno
Short & Long



PRO & OPEN

INFERNO
RUN LIKE HELL

The guide to Inferno SNOW

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Programme

Saturday 11th March



4.30PM opening Inferno Registration Area at Malga Millegrobbe (open till 6.30PM)



5.30PM Snowshoe hike by Malga Millagrobbe, with typical dinner (registration is mandatory from the 7th march - if interested please contact Malga Millegrobbe)

Sunday 12th March



8.30AM opening Inferno Registration Area at Malga Millegrobbe



INFERNO SHORT **10.00AM** starting with PRO, then OPEN



SHORT AWARDS **11.00AM** approx.



INFERNO LONG **12.00AM** starting with PRO, then OPEN



LONG AWARDS **3.00PM** approx.



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HOW TO ARRIVE

For GPS and smartphones the address is:

**Malga Millegrobbe - Località Millegrobbe,
Lavarone 38064 (TN)**

Coordinates GPS:

45.93643746287815, 11.319285862519651

● BY CAR

You can join Alpe Cimbra by car or by bus.

Follow A22 Brennero

(Rovereto Nord and Trento Centro exit)

and from A31 of Valdastico

(Piovene Rocchette exit)

● PARKING

For 3 euro a day you can park your car just in front of the starting line, at Malga Millegrobbe parking.



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HOW TO BOOK YOUR ACCOMMODATION

ALPE
CIM
BRA

TRENTINO

● For information and to book your accommodation: email
info@alpecimbra.it

Azienda per il turismo Alpe Cimbra Folgaria Lavarone Luserna Vigolana

Web Page: www.alpecimbra.it/it/homepage/inferno-snow/863-0.html

Folgaria Office

Via Roma, 60 - 38064 Folgaria (Tn)

Tel.+39 0464 724100

Fax+39 0464 720250

Opening:

From monday to Sunday

9.30AM - 12.30AM and 3.30PM - 6.30PM



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DAY RACE SERVICES



● **REGISTRATION AREA** open on Saturday afternoon from 4.30 p.m., and on Sunday morning from 8.30 a.m. until the start of the last scheduled INFERNO race.

Come with your identity card, pick up your race swag, get ready for the race!
IT WILL ALSO BE POSSIBLE TO REGISTER ON SITE ON RACE DAYS.



● **INFERNO AND PARTNERS STAND AREA** near the start/finish line of the race you will find a stand area where some of our partners and sponsors will be present and also our INFERNO STAND and all the new products with the wild boar! At the Inferno stand you will be able to find LOST OBJECTS or bring them if you find any lying around.

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DAY RACE SERVICES



- **HOT SHOWERS** ladies and gentlemen!
There will be changing rooms, with toilets and showers, be good devils and respect everyone's space



- **BAG DEPOSIT** No one should stay in this area longer than necessary (enter one at a time, go to the indicated location, leave or collect your bag, leave).
No responsibility is taken by the organisation for objects or valuables inside the bags.
PLEASE NOTE THAT THE BAG DEPOT IS NOT A CHANGING ROOM



- There are **WATER POINTS** along the route and a **refreshment point** at the finish line.
Please use the litter bins and do not leave any rubbish lying around.
The Malga Millegrobbe will provide typical hot dishes and sandwiches, a lot of Cimbria beer and other typical products.

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WHAT TO BRING WITH YOU

● Identity document to be shown at registration to collect your race package with free gifts from our sponsors and partners, wristbands and timekeeping chip. If you have not uploaded your MEDICAL CERTIFICATE online you can do so now by accessing your **PRIVATE REGISTRATION AREA**, or bring it with you in digital form on your mobile phone on race day. We will be able to ask you for a copy by email for our archives.

● Release form for minors if under age, already filled in and signed. You can find it **[HERE](#)**

● **A CHANGE OF CLOTHES** because there will be sweat, but you can also wash! **SHOES** suitable for running on impassable, possibly icy terrain. Best if trail running shoes with good grip, otherwise sports shoes will also do. No moccasins today. **CLOTHING** suitable for the weather conditions. Remember **SUNCREAM, SUNGLASSES**.

● A **SMILE** and the desire to have fun are mandatory, we are at INFERNO!

INFERNO will take place in all kinds of weather conditions
Appropriate clothing may vary close to the event

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MapRun, rules, starting lists

MAP RUN

OBSTACLE LIST

STARTING LISTS (da giovedì 9)

Inferno SNOW Short 3 KM PRO

Inferno SNOW Short 3 km OPEN

Inferno SNOW Long 8 KM PRO

Inferno SNOW Long 8 KM OPEN

RACE REGULATION

OBSTACLE LIST AND RULES

TRACCIA GPX SHORT

TRACCIA GPX LONG

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MapRun Inferno Village



- | | | | |
|--|--------------------|---|-----------------------|
|  | RISTORANTE BAR |  | PUNTI DI OSSERVAZIONE |
|  | TOILETTE |  | PRONTO SOCCORSO |
|  | RIFORNIMENTO ACQUA |  | DEPOSITO BORSE |
|  | DOCCE CALDE |  | PARCHEGGIO |



More Info



Depending on your registration category, here is what you will find inside the white envelope you receive at check-in. Make sure you wear the following items when you leave:

● LONG PRO:

5 wristband VIOLET
2 wristband BLUE (one on your bag at the baggage depot, one on your wrist EVEN IF YOU DO NOT LEAVE THE BAG AT THE DEPOT)
1 wristband GARMIN ONE
TIMECHIP to fit to your shoes



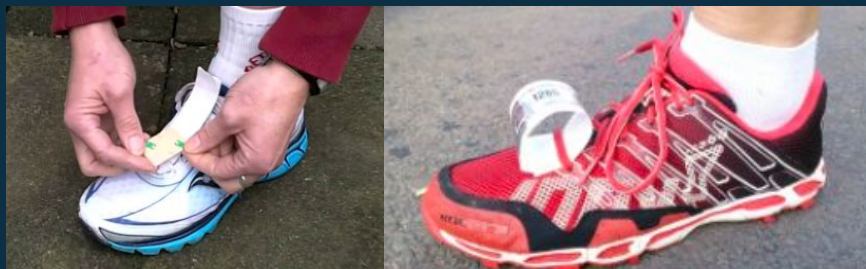
● SHORT PRO:

3 wristband YELLOW
2 wristband SILVER (one on your bag at the baggage depot, one on your wrist EVEN IF YOU DO NOT LEAVE THE BAG AT THE DEPOT)
TIMECHIP to fit to your shoes

● LONG OPEN e SHORT OPEN:

2 wristband BLUE or ORANGE (one on your bag at the baggage depot, one on your wrist EVEN IF YOU DO NOT LEAVE THE BAG AT THE DEPOT)
TIMECHIP to fit to your shoes

!!! IF YOU TAKE PART IN BOTH SHORT AND LONG DISTANCES, YOU MUST TAKE CARE TO WEAR CORRECTLY THE BRACELETS AND TIMING CHIPS OF THE SHORT OR LONG RACE YOU ARE TAKING PART IN



More Info

Rankings [this link](#)

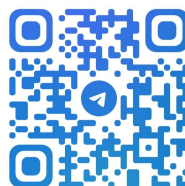
Qualification INFERNO [Here](#)

MEDAL for everybody!

EMERGENCY AND MORE INFO



Telegram channel Inferno:
https://t.me/inferno_run



@INFERNO_RUN



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Volunteers & Judges

Join the Inferno crew!

-> **DOWNLOAD MANUAL FOR JUDGES & VOLUNTEERS**

Fill the **form** - let us know everything we should know - For one day you can join our crew!
For you:

1 free entry
for the next
INFERNO

**Voucher
OPEN or PRO**

Swag and
Refreshment

**T-Shirt and
panino!**

You can join
our crew!

Fill the form!





9 ottobre 22:16

Visualizza traduzione

AND THE WINNERS ARE...



@inferno_run

@REDBULLITALIA

Congrats



Condividi



Metti in
evidenza



Altro

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youtube.com/channel



Instagram

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tiktok.com/@inferno_run

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Contacts

Via **email**:



iscrizioni@infernorun.it

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only text, NO vocals, NO
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