

Dermal Filler Aftercare

- Immediately after treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. This is a normal result of the injection. The inconvenience is temporary and generally disappears in a few days. If it continues or if other reactions occur, please call us.
- The results directly after the treatment should not be seen as the final result as you will be swollen at this time.
- Arnica cream: Available in drugstore, apply generously before going to bed, will help resolve bruising.
- Avoid touching the treatment area 6 hours after the treatment. After that the area can be gently washed with soap and water and light make-up can be applied.
- Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (e.g. solarium and sunbathing) or extreme cold.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores. If you are using aspirin or any similar medication, be aware that these may increase the risk of bruising and bleeding at the injection site.

How long will a treatment last?

- Dermal fillers are long lasting but not permanent. You always have a choice to continue or change the combination of treatments – and the procedure can be repeated as often as you like.
- Most patients choose to have a follow-up treatment 6 – 12 months after an initial treatment of wrinkles. When the lips have been treated a follow-up is normally needed after about 6 months.
- A touch-up treatment within 2 – 4 weeks after the initial treatment may be necessary to achieve an optimal correction.

Nonsurgical “Nose Job” Aftercare

- Apply ice and you may do gentle massaging of the area for the first week.
- Do not wear eye glasses for 4 weeks following your nose enhancement. During this time, the dermal filler is still malleable and the pressure from spectacles could leave indentations at the contact point with your nose. After 4 weeks, the dermal filler is then fully integrated and it is fine to wear glasses.