

2026 Calendar

BY

KALSIS X



KALSIS

Turning Your Home Into Strength

Because your home holds more than just memories - it holds possibilities.

KALSIS helps seniors aged 60 and above unlock the value of their fully-paid, freehold landed homes in Klang Valley, to fund recovery and retirement – without ever leaving their homes.

Backed by Kenanga Investors Berhad and Kenanga Trustees Berhad, KALSIS provides a safe, structured way to turn home equity into lasting financial security so cancer patients and survivors alike can focus on healing instead of worrying.

For more information, visit www.kalsis.com.my or Whatsapp +6011 5638 8580



Stronger Together, Shining Brighter

CORUM (Colorectal Cancer Survivorship Society Malaysia) stands as a voice of courage, clarity, and hope for those journeying through and beyond colorectal cancer.

Grounded in awareness and compassion, CORUM empowers individuals to act early, make informed choices, and embrace recovery with confidence.

Through education, outreach, and survivor support, CORUM breaks stigma, builds community, and transforms fear into strength.

It reminds every Malaysian that survivorship is more than endurance – it is renewal, dignity, and the courage to rise again with wings steady and heart open to possibility.

LIVE IN YOUR RHYTHM

Healing moves with the rhythm of steadiness, patience, and life itself.

Fuel your body with goodness, move with purpose, and honour your own pace. Through CORUM's guidance in balanced living and KALSIS's quiet support for lasting wellness, every heartbeat becomes an act of self-renewal.

Olive-backed Sunbird

Tireless consistency

Small yet radiant, the sunbird gathers sweetness from every bloom. It embodies the power of daily effort the quiet, steady acts that build stamina and spirit in recovery. Healing, like the sunbird's rhythm, blossoms one deliberate step at a time.

JANUARY





KALSIS website



CORUM website

Central State Group School Holidays

• 1 Jan to 11 Jan





TURN CHANGE INTO STRENGTH

Change tests you - but it also awakens your inner power. Step forward boldly, even when the path feels uncertain. With CORUM walking beside every patient through treatment and KALSIS anchoring each journey with financial and emotional assurance, courage finds its footing and healing stays within reach.

Rhinoceros Hornbill

Enduring guardianship

Majestic and powerful, the hornbill protects its nest with unwavering care. It stands for endurance and protection - a symbol of those who safeguard their health and purpose with vigilance. Like the hornbill, we defend life's meaning through strength, patience, and faith in transformation.

FEBRUARY





KALSIS website



CORUM website

Central State Group School Holidays

• Chinese New Year: 16 Feb - 20 Feb





TAKE CHARGE WITH AWARENESS

Every victory begins with knowing. Learn your body, trust your instincts, and act before doubt takes hold. CORUM leads the call for early detection and proactive screening, while KALSIS ensures seniors receive care that counts - right when it is needed most.



MARCH



*Subject to change



KALSIS website



CORUM website

Central State Group School Holidays

- Hari Raya Aidilfitri 19 Mar 20 Mar
- Term 1 Break: 21 Mar 29 Mar





RISE HIGHER, TOGETHER

Strength multiplies in connection. Every shared step turns challenge into resilience. When families, friends, and survivors walk side by side, healing takes flight. CORUM brings people together through shared action and care, as KALSIS keeps the foundation strong and steady - ensuring recovery rises on wings of unity.

Brahminy Kite

Trust in support

Gliding gracefully on invisible currents, the kite trusts the wind beneath its wings. It reminds us that support - from family, friends, and care networks - lifts us beyond isolation. Strength shared is strength multiplied; together, we rise higher than fear.

APRIL









CORUM website





DRIVE YOUR RECOVERY FORWARD



Momentum heals. Set goals, stay informed, and keep moving toward what matters most. Empowered by CORUM's guidance and supported by KALSIS's resources, every step forward becomes a declaration of strength, independence, and renewal.

Pink-necked Green Pigeon

Calm foresight

Serene among branches, this pigeon moves with steady purpose. It reflects the power of foresight - planning regular check-ups, making mindful choices, and charting one's path with composure. Health, like flight, depends on knowing when and where to move.

MAY



*Subject to change

Wesak Day*





CORUM website





RENEW YOUR STRENGTH IN REST

Rest is not retreat - it is renewal in motion. Healing unfolds through patience, balance, and trust in time. While CORUM helps restore harmony between mind and body, KALSIS sustains comfort and continuity, creating the calm foundation on which recovery can grow strong.

Zebra Dove

Quiet resilience

The zebra dove's gentle coo endures through still mornings. Its quiet song symbolises strength that does not shout - the calm persistence that carries survivors through treatment, recovery, and life beyond diagnosis. In stillness, courage whispers loudest.

JUNE





KALSIS website



CORUM website

Central State Group School Holidays

• Mid-Year Break: 23 May - 7 Jun





STAY STRONG, STAY AHEAD

Progress is built through awareness and action. Keep your check-ups, listen to your body, and act early when something feels off. Every moment of vigilance protects the strength you have earned. With CORUM providing longterm guidance and KALSIS safeguarding stability, each act of awareness becomes a shield for tomorrow.

Black-naped Oriole

Vigilant awareness
Golden and alert, the oriole watches over the forest canopy. It represents awareness - the discipline to stay observant, perform self-checks, and protect one's health with confidence. True security comes not from fear, but from readiness and care.

JULY









CORUM website





RELEARN, RECLAIM, REBUILD

Mastery brings freedom.
Relearning stoma care or
adapting routines restores
confidence and independence.
Through CORUM's hands-on
workshops and KALSIS's
steadfast support at home,
patients and seniors alike
rediscover dignity, pride, and
purpose in rebuilding life on
their own terms.

Blue-tailed Bee-eater

Graceful adaptability

Sleek and agile, the bee-eater adjusts midflight, turning change into art. It embodies adaptability - learning, adjusting, and thriving in new routines of health and self-care.

Recovery asks for the same grace: to embrace change and transform with courage.

AUGUST



Central State Group School Holidays

• Term 2 Break: 29 Aug - 6 Sep

KALSIS website CORUM website

KALSIS



LET KNOWLEDGE LEAD YOU

Knowledge is your compass in an age of instant information. When answers are everywhere, truth becomes your anchor. CORUM breaks myths with evidence and clarity, while KALSIS turns understanding into empowerment - ensuring every choice is guided by trust, not uncertainty.

Barn Owl

Focused wisdom

Silent under moonlight, the barn owl sees through darkness with unerring focus. It represents wisdom and early awareness - the insight that cuts through uncertainty, guiding each person to act before danger grows unseen. Knowledge lights the path through fear.

SEPTEMBER





KALSIS website



CORUM website

Central State Group School Holidays

• Term 2 Break: 29 Aug - 6 Sep





STEP BACK INTO LIFE

Reclaim your days with purpose and joy - at your pace, on your terms. Work, connect, and celebrate the moments that make you feel alive.

CORUM supports survivors reentering life with confidence, and KALSIS steadies each new beginning with security and grace – together helping every individual live fully again.

Oriental Magpie-robin

Joyful renewal

Its clear, uplifting song greets each new dawn. The magpie-robin celebrates the return of life after silence - hope reborn after challenge. It reminds survivors and supporters alike: every voice that sings again is proof that healing continues.

OCTOBER









CORUM website





LIFT OTHERS AS YOU RISE

Your story has power. Share what you have learned – every voice becomes a current that lifts someone new. With CORUM nurturing mentorship among survivors and KALSIS strengthening the communities that help them thrive, compassion becomes the bridge that carries hope forward.



NOVEMBER



*Subject to change



KALSIS website



CORUM website

Central State Group School Holidays

• Deepavali - 9 - 10 Nov





SOAR INTO TOMORROW

You have faced storms and found your wings. Now, fly forward - brave, grounded, unstoppable. The horizon is yours to explore. CORUM honours every act of courage that inspires others to rise, while KALSIS safeguards the peace and independence that make every tomorrow possible. Together, they carry you into a future defined by strength and renewal.



DECEMBER





KALSIS website



CORUM website

Central State Group School Holidays

• Year End Break: 5 Dec - 31 Dec





WINGS OF RENEWAL TO SOAR AGAIN

This calendar honours the flight that follows healing - the moment when courage lifts you from survival into strength.

Each month celebrates a lesson from the wings of Malaysia's birds - precision, patience, rhythm, endurance, adaptability, and grace. These are the same qualities that guide recovery, resilience, and renewal.

KALSIS X



Soaring Together

The Power of Partnership

With CORUM's guidance and KALSIS's strength, Malaysians learn to rise through change, rebuild with dignity, and trust the air that carries them toward renewal.

Together, they remind us that freedom is not found in escape - it is found in flight, the flight that helps you soar.

Illustrations by Kristina Wheeat