

A Practice for Everyday Life collects personal information, including gender, ethnicity and age, for monitoring purposes only and will not be used in any decisions affecting you. The responses will assist us in our commitment to diversity and will be kept strictly confidential.

1. Gender — Which of the following best describes your gender?

Female ☐	Male ☐
Prefer not to say ☐	Prefer to self-describe ☐
Option to self-describe:	

2. Gender Identity — Do you identify as trans?

Yes ☐	No ☐
Prefer not to say ☐	Prefer your own term ☐
Option to self-describe:	

3. Sexual Orientation — Which of the following best describes your sexual orientation?

Heterosexual/Straight ☐	Gay or Lesbian ☐
Bisexual ☐	Prefer not to say ☐
Prefer to self-describe ☐	
Option to self-describe:	

4. Disability — Do you consider yourself to be disabled?

Under the Disability Discrimination Act, a disability is defined as a 'physical or mental impairment that has a substantial and long-term adverse impact on the ability to carry out normal day-to-day activities'

Yes ☐	No ☐
Prefer not to say ☐	

5. Age

16–24 ☐	25–34 ☐
35–44 ☐	45–54 ☐
55–64 ☐	65+ ☐
Prefer not to say ☐	

6. Religion and Belief — What is your religion?

Buddhist	☐	Muslim	☐
Christian	☐	Non-religious	☐
Hindu	☐	Sikh	☐
Jewish	☐	Other	☐
Prefer not to say	☐		
Prefer to self-describe:	☐		

7. Ethnicity — What is your ethnic group?

Arab	☐	Mixed: White and Black African	☐
Asian or Asian British: Indian	☐	Mixed: White and Black Caribbean	☐
Asian or Asian British: Pakistani	☐	Mixed: White and Asian	☐
Asian or Asian British: Bangladeshi	☐	Mixed: Other	☐
Asian or Asian British: Chinese	☐	White: British	☐
Asian or Asian British: Other	☐	White: Irish	☐
Black or Black British: African	☐	White: Other	☐
Black or Black British: Caribbean	☐	Prefer not to say	☐
Black or Black British: Other	☐	Prefer own definition:	☐

If selecting "Prefer own definition", please specify:
